

FY25 OUR IMPACT

June 2024 - July 2025



Empowering Lives Through Care and Connection

431,910

meals served

to seniors, ensuring access to proper nutrition



147,672

meals served to pets

of seniors, strengthening the bond between seniors and their cherished companions



17,648

Dementia Friends

creating welcoming communities for people living with dementia and their care partners



36,539 **community resource referrals**

connecting individuals and families to local programs for the help they need



15,221 **trips provided to seniors**

reducing barriers to transportation and combating isolation



Guidance and Support When It's Needed Most

112,000

calls were answered

providing help, resources and a listening ear



5,829

individuals received care management, empowering them to live and age with dignity in their homes and communities

226

caregivers were counseled

gaining tools and support to navigate challenges



CICOA's Impact In The Community



Our CICOA Community Engagement Committee volunteering to organize and distribute food, helping ensure seniors in our community have access to nutritious meals.

Feeding Seniors Through Volunteer Service

Our volunteer work focused on helping seniors access the food they need with dignity and care. Over several days, we sorted, boxed, and organized both shelf-stable and refrigerated items to prepare them for delivery or pickup. One of the most rewarding tasks was working in a drive-through distribution line, where we loaded groceries directly into seniors' cars at different stations. The experience allowed us to make a real impact by supporting older adults in our community through meaningful, hands-on service.



Flourish at Home: Private Pay Care Management

In 2025, we began offering private-pay access to CICOA's Flourish at Home care management services, expanding options for individuals who prefer to pay directly for personalized support. This new partnership allows clients to work with professional care managers to create tailored plans that include services like meal delivery, in-home care, and caregiver coordination—helping more people safely age in place with comfort and dignity.



Paula, an eastside Indianapolis resident during our Safe at Home event in September 2024.

A Birthday to Remember: Restoring Safety, Dignity, and Joy

On her birthday, Paula received the gift of safety and independence through CICOA's 14th annual Safe at Home event. Volunteers made vital home improvements such as grab bars, yard cleanup, and a security camera that gave her peace of mind and helped her stay safely in her home.

A lifelong caregiver and community leader, Paula now ages in place with dignity thanks to CICOA. The event brought neighbors together to support seniors.

"Don't give up," she says. "Keep encouraging yourself."

Her story shows the power of compassion and community coming together to support those who have given so much.