Mission
CICOA empowers older adults, those of any age with a disability, and their caregivers by providing the innovative answers, services, and support they need to achieve the greatest possible independence, dignity, and quality of life.

Service Area
CICOA serves Boone, Hamilton, Hancock, Hendricks, Johnson, Marion, Morgan and Shelby counties in Central Indiana.

Top Officials

Mary Durell
CICOA Interim CEO
Founded: 1974
Number of employees: 299
Annual Revenue: $31,695,238

Anne DePrez
Board Chair

Goals
The aging of America provides challenges, not only for our nation, but also for nonprofits like CICOA that work locally to improve the lives of older adults, people with disabilities and family caregivers.

Navigating the issues related to aging and disability can be challenging. Fortunately, CICOA provides accurate, unbiased information to help you make informed decisions about care options in Central Indiana.

Since 1974, CICOA has coordinated community supports for people with chronic health issues or disabilities that threaten their independence. For many, the greatest challenge is the availability of non-medical support services that are critical to maintaining their independence, dignity and quality of life: nutritious meals, transportation to medical appointments, home modifications to improve safety and accessibility, and respite for caregivers. CICOA is poised to meet this challenge by seeking new revenue streams and philanthropic dollars to address the gap between community needs and resources.
Opportunities

Volunteer
Make a difference in the lives of older adults. CICOA can help organize individual or group projects doing yard work, painting, cleaning, organizing or performing simple household repairs. We also seek office volunteers. CICOA also hosts the Safe at Home event each September, a program that provides home accessibility modifications to reduce the likelihood of falls.

Give
Philanthropic dollars enrich and improve lives every day in three areas: meals, transportation and home modifications. Private donations fund meals for homebound seniors who have difficulty accessing and preparing meals; trips for those who don’t drive and have difficulty getting to dialysis treatments and essential services; and home modifications to improve accessibility and safety. Donors also provide the local match required to access additional federal grant dollars. Learn how you can make a difference at www.cicoa.org/donate.

Services

Aging & Disability Resource Center (ADRC)
Call center providing information about community programs and services

Flourish Care Management
Person-centered care coordination to extend independent living

Way2Go
Transportation services and discount travel vouchers

Meals & More
Home-delivered and neighborhood meals, meal vouchers, farmers market vouchers, USDA Commodity Supplemental Food Program (CSFP)

Safe at Home
Accessibility modifications to promote independence and reduce falls

CareAware
Respite and counseling services for family caregivers

Lives Touched
FY2019 (July 2018-June 2019)

Aging & Disability Resource Center
• Handled 110,365 calls providing information and assistance
• Referred more than 41,228 callers to other resources
• Participated in 298 health fairs and events
• Engaged 255 volunteers in 24,741 hours of service
• Logged 372,141 visits to CICOA’s website

Caregiver Support
• Served 4,293 caregivers

Flourish Care Management
• Brokered in-home care management services, such as homemaker, home health aide and attendant care to 8,543 clients

Meals & More
• Served 395,029 meals in our service area
• Served 287,233 home-delivered meals
• Served 83,386 meals at neighborhood meal sites
• Served 24,410 meals through the meal voucher program

Safe at Home
• Completed 394 home modification projects

Way2Go Transportation
• Funded or directly provided 49,796 one-way trips

www.cicoa.org

BECOME A CICOA AMBASSADOR: