2019 - 2020 SOLUTIONS GUIDE

Resources for Older Adults, People with Disabilities and Family Caregivers
CICOA Aging & In-Home Solutions is pleased to provide the 2019-20 edition of the Solutions Guide: A Resource for Older Adults, People with Disabilities and Family Caregivers.

As the state’s largest Area Agency on Aging, CICOA serves Boone, Hamilton, Hancock, Hendricks, Johnson, Marion, Morgan and Shelby Counties. CICOA’s mission is to empower older adults, those of any age with a disability, and their caregivers by providing the innovative answers, services, and support they need to achieve the greatest possible independence, dignity, and quality of life. We do this by linking people with community-based resources to help them stay in control of their lives and out of institutional care.

The organizations, programs and services listed in this directory are continually changing. If you cannot find the resource you need in this directory or would like to discuss your situation with someone, please call CICOA’s Aging & Disability Resource Center (ADRC), a one-stop source of information and assistance for older adults, people with disabilities and family caregivers. Phone options counselors are available Monday through Friday, 8:00 a.m. – 5:00 p.m., at 317-803-6131 or 800-432-2422.
Your Gift Makes a Difference

Since 1974, CICOA Aging & In-Home Solutions has been empowering older adults, those of any age with a disability and family caregivers to achieve the greatest possible independence, dignity and quality of life. Your secure, tax-deductible donation to the CICOA Foundation provides:

- Accurate, unbiased answers about public and private programs and services related to aging, disability and family caregiving;
- Coordinated care plans for in-home services;
- Appetizing, nutritionally balanced meals;
- Transportation services and discount travel vouchers;
- Caregiver respite and assistance;
- Home accessibility modifications;
- Advocacy for elder friendly communities and compassionate, affordable long-term care options.

To make a gift, please visit www.cicoa.org/donate or call 317-803-6034.
# Contents

**About This Guide** .................................................................................................................. 1  
**CICOA Foundation** ............................................................................................................. 2  
**Contents** ................................................................................................................................ 3  
**Basic Needs** .......................................................................................................................... 10  
  - CICOA Neighborhood Meals.............................................................................................. 11  
  - CICOA Meal Vouchers ....................................................................................................... 14  
  - CICOA Nutrition Education ............................................................................................. 15  
  - Commodity Supplemental Food Program ........................................................................ 15  
  - Home-Delivered Meals ..................................................................................................... 16  
  - CICOA Meals & More ....................................................................................................... 16  
    - Meals on Wheels .......................................................................................................... 16  
  - Food Pantries .................................................................................................................. 17  
  - Grocery Delivery ............................................................................................................. 17  
  - Home Accessibility Evaluation ....................................................................................... 18  
  - Homeless Shelters ......................................................................................................... 18  
  - Low-Income/Subsidized Rental Housing ...................................................................... 18  
  - Supportive Housing ....................................................................................................... 19  
    - Continuing Care Retirement Communities .............................................................. 19  
    - Assisted Living ........................................................................................................... 19  
    - Adult Family Care ....................................................................................................... 20  
    - Structured Family Caregiving .................................................................................... 20  
  - Thrift Stores & Donations ............................................................................................... 21  
  - Transportation ............................................................................................................... 22  
    - County Senior Service Transportation ..................................................................... 23  
  - Utility Assistance and Weatherization ........................................................................... 24
Township Trustees ................................................................. 25

**Consumer Services** ............................................................. 28

Consumer Assistance and Protection ........................................ 29
Better Business Bureau (BBB) ................................................... 29
Office of Indiana Attorney General ........................................... 29
Disability Parking Permits ....................................................... 29
Money Management ............................................................... 30
Representative Payee Services ................................................ 30
Reverse Mortgage Programs ................................................... 31
Tax Services ........................................................................... 31
Unified Tax Credit ................................................................... 31

**Education & Enrichment** ..................................................... 33

Elderhostel Programs ............................................................. 36

**Environment & Public Health/Safety** ................................. 37

Fire Prevention Information .................................................... 38
Poison Safety Education .......................................................... 38
Public Health ........................................................................ 38
Public Safety ......................................................................... 39

**Health Care** ...................................................................... 41

Assistive Technology Equipment & Services ............................ 42
Dental Care .......................................................................... 42
  Indiana Donated Dental Services .......................................... 45
Driver Assessments .............................................................. 45
Flu Vaccines ........................................................................ 46
Geriatric Assessments ........................................................... 47
Deaf and Hard of Hearing Services ........................................ 48
  Hearing Aids ..................................................................... 48
HIV Testing (Confidential) ..................................................... 49
Home Care .......................................................................... 50
  CHOICE ........................................................................ 50
Medicaid Waiver ................................................................. 50
Program of All-Inclusive Care for the Elderly (PACE®) ....... 51
Visiting Physician Services ............................................... 52
Hospice Care ...................................................................... 52
Low-Vision Aids ............................................................... 53
Eye Care .......................................................................... 53
Glasses ............................................................................. 53
Eye Disease Treatment ..................................................... 53
Low-Vision Rehabilitation .............................................. 54
Equipment for the Visually Impaired .................................. 54
Donating Used Glasses ..................................................... 55
Medication Management .................................................. 55
Nursing Facilities .............................................................. 56
  Nursing Home Placement .............................................. 56
  Pre-Admission Screening Resident Review (PASRR) ....... 56
Personal Emergency Response Systems ......................... 57
Respite Care ..................................................................... 58
Service Animals ............................................................... 58
Wellness Programs ........................................................... 59
Income Support .................................................................. 61
  Employment .................................................................... 62
Public Assistance Programs ............................................. 64
  Medicaid ........................................................................ 64
  Supplemental Nutrition Assistance Program (SNAP) ..... 64
  Supplemental Security Income (SSI) ............................. 64
Retirement Benefits ........................................................ 65
  Civil Service Retirement Benefits ................................. 65
  Veteran Retirement Benefits ....................................... 65
  Railroad Workers Retirement Benefits ....................... 66
<table>
<thead>
<tr>
<th>Contents</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Social Security Retirement Benefits</td>
<td>66</td>
</tr>
<tr>
<td>Senior Corps Volunteer Program</td>
<td>66</td>
</tr>
<tr>
<td>Senior Companion Program</td>
<td>66</td>
</tr>
<tr>
<td>Foster Grandparent Program</td>
<td>66</td>
</tr>
<tr>
<td>RSVP Program</td>
<td>67</td>
</tr>
<tr>
<td>Social Health Insurance</td>
<td>67</td>
</tr>
<tr>
<td>Medicare</td>
<td>67</td>
</tr>
<tr>
<td>Medicare Prescription Drug Coverage (Part D)</td>
<td>68</td>
</tr>
<tr>
<td>Low-Income Assistance Programs</td>
<td>68</td>
</tr>
<tr>
<td>State Health Insurance Assistance Program (SHIP)</td>
<td>69</td>
</tr>
<tr>
<td>Senior Medicare Patrol</td>
<td>69</td>
</tr>
<tr>
<td>Veteran Health Insurance</td>
<td>70</td>
</tr>
<tr>
<td>Individual &amp; Family Life</td>
<td>71</td>
</tr>
<tr>
<td>Adult Day Service Providers</td>
<td>72</td>
</tr>
<tr>
<td>Aging-in-Place Organizations/Networks</td>
<td>74</td>
</tr>
<tr>
<td>Safe at Home</td>
<td>74</td>
</tr>
<tr>
<td>Companionship</td>
<td>75</td>
</tr>
<tr>
<td>Friendly Visiting</td>
<td>75</td>
</tr>
<tr>
<td>Home Repair and Maintenance</td>
<td>76</td>
</tr>
<tr>
<td>Community Development Corporations (CDC)</td>
<td>76</td>
</tr>
<tr>
<td>Habitat for Humanity</td>
<td>78</td>
</tr>
<tr>
<td>Interpretation/Translation</td>
<td>78</td>
</tr>
<tr>
<td>Language Interpretation</td>
<td>79</td>
</tr>
<tr>
<td>Telecommunication Relay Service</td>
<td>79</td>
</tr>
<tr>
<td>Pet Companionship</td>
<td>79</td>
</tr>
<tr>
<td>Protective Services</td>
<td>81</td>
</tr>
<tr>
<td>Adult Abuse Reporting</td>
<td>81</td>
</tr>
<tr>
<td>Adult Protective Services</td>
<td>81</td>
</tr>
<tr>
<td>Support Groups and Support Lines</td>
<td>81</td>
</tr>
</tbody>
</table>
Alcoholism and Substance Abuse ........................................... 82
ALS Support Groups ............................................................... 82
Alzheimer’s Support Groups ................................................... 82
Arthritis Support Groups ........................................................ 82
Autism Support Group ............................................................. 82
Brain Injury Support Groups .................................................... 82
Cancer Support Groups ......................................................... 83
Caregiver Support Groups ...................................................... 84
Crohn’s and Colitis Support Groups ........................................ 84
Diabetes Support Groups ....................................................... 84
Lung Health Support Groups .................................................. 85
Multiple Sclerosis Support Groups ........................................... 85
Osteoporosis Support Groups ............................................... 85
Parkinson’s Support Groups ................................................... 85
Pet Grief Support Groups ....................................................... 85
Stroke Support Groups ........................................................... 86
Vision Support Groups ........................................................... 86
Support Lines .......................................................................... 86
Volunteer Development .......................................................... 87

**Legal Services** ....................................................................................... 90

Adult Guardianship Assistance ................................................. 91
Legal Assistance ........................................................................... 91
Long-Term Care Ombudsman Programs .................................... 93

**Mental Health & Substance Abuse** ................................................. 94

Bereavement Counseling .......................................................... 95
Mental Health Associations ....................................................... 95
Community Mental Health Agencies and Outpatient Care .......... 96
Inpatient Mental Health Facilities ............................................. 97
Substance Abuse Services ......................................................... 98
Alcoholism and Substance Abuse Treatment Programs .......... 98

Organizational/Community Services ........................................ 100

Area Agencies on Aging .......................................................... 101
Long-Term Care Options Counseling ...................................... 103
Cell Phone Donations .............................................................. 103
Community Centers ................................................................. 103
Connect2Help 2-1-1 ................................................................. 106
Donated Specialty Items ............................................................. 106
Durable Medical/Specialized Medical Equipment Donations 106
Library Services ........................................................................ 107
Boone County Public Libraries ................................................. 107
Hamilton County Public Libraries ............................................. 107
Hancock County Public Libraries ............................................. 108
Hendricks County Public Libraries .......................................... 108
Johnson County Public Libraries ............................................ 109
Marion County Public Libraries ............................................. 110
Morgan County Public Libraries ............................................ 112
Shelby County Public Libraries ............................................. 113
Senior Advocacy Groups ........................................................... 113
County Councils on Aging ..................................................... 114
Senior Centers ........................................................................ 114
State Offices ........................................................................... 118

Target Populations/ Other Resources .......................................... 119
Alzheimer's Disease/Dementia ................................................. 120
Dementia Friends Indiana ......................................................... 120
Developmental Disabilities ............................................................ 120
Parks Pass for Seniors ............................................................... 121
Publications for Seniors ............................................................. 121
Senior Discount Programs ......................................................... 122
Traumatic Brain Injury Resources ............................................ 122

8 | Contents
Basic Needs

In This Section:
Programs that furnish survival-level resources including food, housing, material goods, transportation and utilities for individuals with low or fixed incomes, people who are homeless, older adults and/or people with disabilities who are otherwise unable to adequately provide for themselves and their families. Also included are related services that are available to the community at large.
CICOA Neighborhood Meals

CICOA’s Meals & More program provides appetizing, nutritionally balanced meals to older adults and those with disabilities either in their homes or at one of CICOA’s neighborhood meal sites. The program is designed to relieve hunger and food insecurity, promote socialization and address proper nutrition education.

Hot meals are served Monday through Friday at various neighborhood meal sites. Times vary for each site. The suggested donation per meal is $3.00 for seniors. Persons under the age of 60 are welcome to accompany a senior to the lunch program; however the cost of the meal for a person under age 60 is $6.00. The monthly menu and list of neighborhood meal sites is posted online at cica.org/services/meals-more. Reservations are required. Please call 317-803-6042.

Boone County
Crawford Manor
9940 Hoosier Village Dr., Indianapolis, IN 46268
Lunch served: 11:15 a.m.

Thorntown Public Library
124 N Market St., Thorntown, IN 46071
Lunch served: 11:30 a.m.

Hamilton County
PrimeLife Enrichment Inc.
1078 3rd Ave. SW, Carmel, IN 46032
Lunch served: 11:30 a.m. Mon, Tues, Thurs & Fri

Hendricks County
Hendricks County Senior Services
1201 Sycamore Ln., Danville, IN 46122
Lunch served: 12:00 p.m.
**Johnson County**

**Social of Greenwood**
550 Polk St., Greenwood, IN 46143
Lunch served: 11:30 a.m.

**Marion County** (ordered by zip code)

**Cambridge Square of Beech Grove**
331 E. Churchman Pl., Beech Grove, IN 46107
Lunch served: 11:00 a.m.

**John H. Boner Neighborhood Centers**
2236 E. 10th St., Indianapolis, IN 46201
Lunch served: 11:00 a.m.

**Indiana Avenue Apartments**
825 Indiana Ave., Indianapolis, IN 46202
Lunch served: 11:00 a.m.

**Lugar Towers**
901 Fort Wayne Ave., Indianapolis, IN 46202
Lunch served: 10:00 a.m.

**Barton Annex**
501 N. East St., Indianapolis, IN 46204
Lunch served: 10:00 a.m.

**Stetson Senior Apartments**
703 E. 30th St., Indianapolis, IN 46205
Lunch served: 11:00 a.m.

**Carriage House of Glendale**
2520 Tacoma Cir., Bldg. 3, Indianapolis, IN 46220
Lunch served: 12:00 p.m.

**Community Alliance of the Far Eastside (CAFE)**
8902 E. 38th St., Indianapolis, IN 46226
Lunch served: 11:00 a.m. Tues, Wed, & Thurs
Bethany Village
3554 S. Shelby St., Indianapolis, IN 46227
Lunch served: 11:00 a.m.

Green Park Terrace
110 E. Meridian School Rd., Indianapolis, IN 46227
Lunch served: 11:30 a.m.

Perry Senior Services
6900 Derbyshire Rd., Indianapolis, IN 46227
Lunch served: 11:30 a.m. Mon, Tues, Wed, & Thurs

Mt. Zion Suburban Apartments
5260 N. Michigan Rd., Indianapolis, IN 46228
Lunch served: 11:00 a.m.

Nora Commons on the Monon
8905 Evergreen Ave., Indianapolis, IN 46240
Lunch served: 11:00 a.m.

AHEPA
7355 Shadeland Station Way, Indianapolis, IN 46256
Lunch served: 11:00 a.m.

Elder Source of Greater Indianapolis, Jewish Family Services
6701 Hoover Rd., Indianapolis, IN 46260
Lunch served: 12:00 p.m. Tues & Thurs

The Towers of Crooked Creek
7988 N. Michigan Rd., Indianapolis, IN 46268
Lunch served: 11:00 a.m.

Morgan County

Ken-Mar Apartments
210 W. Pike St., Martinsville, IN 46151
Lunch served: 11:30 a.m.
Shelby County

Shelbyville Senior Center
1504 S. Harrison St., Shelbyville, IN 46176
Lunch served: 11:00 a.m.

CICOA Meal Vouchers

CICOA offers a voucher program that enables individuals age 60 and over to have more options and increased flexibility in their dining choices. For a suggested contribution of $3.00 per meal, seniors can receive a re-usable meal card that may be redeemed at any participating cafeterias and restaurants for breakfast, lunch or dinner. Participating locations have varying hours. Call 317-803-6042 or visit www.cicoa.org/meals-more/meal-vouchers for additional details on participating locations and voucher distribution.

Participating Locations:

Community Hospital East
1500 E. Ritter Ave., Indianapolis, IN 46219

Community Hospital North
7150 Clearvista Pkwy., Indianapolis, IN 46256

Crestwood Village South Restaurant
8809 Madison Ave., Indianapolis, IN 46227

Grandma’s Pancake House & Restaurant
632 S. Harrison St, Shelbyville, IN 46176

Hancock Regional Hospital
801 N. State St., Greenfield, IN 46140

Hendricks Regional Health
1000 E. Main St., Danville, IN 46122

Major Hospital
2451 Intelliplex Dr., Shelbyville, IN 46176

Riverview Health
395 Westfield Rd., Noblesville, IN 46060
CICOA Nutrition Education

CICOA provides nutrition education to individuals and their families to promote healthy food choices, improve health behaviors, and manage nutrition-related chronic diseases.

The YMCA Diabetes Prevention Program is part of the Centers for Disease Control and Prevention-led National Diabetes Prevention Program and is nationally supported by the Diabetes Prevention and Control Alliance. Through the YMCA Diabetes Prevention Program and CICOA, individuals work in a small group setting to make practical, lifestyle changes that will improve overall health. Studies show these lifestyle changes can also prevent or delay the onset of type 2 diabetes and its associated dangers of heart attack, stroke, blindness and amputation.

Additional details about this educational opportunity can be found on CICOA's Meals & More web page www.cicoa.org/meals-more/education.html or by calling the YMCA of Greater Indianapolis at 317-269-6004.

Commodity Supplemental Food Program

Commodity Supplemental Food Program (CSFP)
This USDA program provides supplemental food to improve the health of low-income older adults. Each monthly package contains high protein items, grains, vegetables, juices and shelf stable milk. Currently this program is available to Marion County Residents age 60 or older who meet income guidelines. Call CICOA at 317-803-6042 for more information.
**Home-Delivered Meals**

**CICOA Meals & More**
CICOA delivers frozen, wholesome meals bi-weekly to residents of Marion and the surrounding counties Monday-Friday. Daily hot meal deliveries are available in Hamilton, Hancock and Hendricks counties. There is no fee for meals, but donations are welcome. No individual is turned away because of an inability to pay, and contributions are confidential. The suggested donation per meal is $3.00.

CICOA provides nutritional analysis of all menus to empower health-conscious consumers watching calories, fat, carbohydrates, sodium, fiber or calcium. CICOA now also offers specialized diets for individuals who are diabetic or need low sodium or heart healthy meals.

To receive home-delivered meals, individuals should be primarily confined to their homes due to physical or mental health reasons, unable to prepare their own meals, and meet one of the following eligibility criteria:

- At least 60 years of age
- The spouse of someone at least 60 years of age or
- Under the age of 60 with a disability and receiving services through CHOICE, SSBG, or Medicaid Waiver funding.

Private pay meals are available for individuals who do not meet funding eligibility criteria. For more information, call CICOA’s Aging and Disability Resource Center at 317-803-6131.

**Meals on Wheels**
Eligibility for Meals on Wheels may vary by location, and the program may be able to provide meals to individuals of any age with a disability for a minimal fee. Financial assistance for part or all of the cost may be available. There is often an option for two daily meals through this service, and special diet meals may be offered.

Central Indiana, 317-252-5558, [www.mealsonwheelsindy.org](http://www.mealsonwheelsindy.org)

Greenwood, 317-882-2424

Hamilton County, 317-776-7159, [www.mealsonwheelshc.org](http://www.mealsonwheelshc.org)
Food Pantries

Food Pantries provide a limited amount of food to individuals and families in short-term situations. Provisions and supplies fluctuate since pantries often rely on donated items. Requests for assistance may require a referral from a social service agency. For additional information and a location near you, contact Connect2Help 2-1-1 by dialing 2-1-1 from any residential phone or by calling 317-926-4357.

Grocery Delivery

A few grocery stores will deliver. Orders may be subject to boundaries, minimum order requirements and/or include a small delivery fee. For additional information call or click on one of the services listed below.

Amazon
www.amazon.com/grocery

Green Bean Delivery

IGA Lebanon
765-482-3298

Instacart: Kroger or Walmart
www.instacart.com

Peapod
800-573-2763, www.peapod.com
Home Accessibility Evaluation

**Easter Seals Crossroads—Home Modification Evaluation**
4740 Kingsway Dr., Indianapolis, IN 46205
317-466-1000

**Marion County Public Health Department**
Healthy Homes Assessment
3901 Meadows Dr., Indianapolis, IN 46205
317-221-2155

Homeless Shelters

Several facilities offer short-term shelter to homeless men and women. Most shelters cannot accept frail seniors who are unable to care for themselves. A referral from a social service agency is recommended and sometimes required. For more information concerning a referral contact Connect2Help 2-1-1 by dialing 2-1-1 from any residential phone or by calling 317-926-4357.

Low-Income/Subsidized Rental Housing

Numerous apartment complexes are open to low-income persons seniors and to adults with disabilities. The rent is usually based on the resident’s gross income with adjustments made for medical expenses, health insurance premiums, and prescription costs. Utilities may be included in rent. Some communities have hot lunch programs, social activities and vans for transportation.
Supportive Housing

In addition to independent living settings, supportive housing options exist for individuals living in the community who are seeking assistance to age in place.

Continuing Care Retirement Communities

Retirement communities may combine independent living, assisted living and nursing home care in a single setting and offer older adults a place to live and access to specified personal and health care services, allowing residents to move from one level to another as their needs change. Residences may be apartments, townhouses, duplexes, clusters or single family homes. Some retirement communities have rental agreements similar to apartment complexes, while others require a substantial up-front fee for a “continuing care” lifetime contract.

Assisted Living

Assisted living facilities combine housing and supportive services in a "homelike" environment with the goal of maximizing the individual functioning and autonomy of residents. Assisted living facilities generally have private apartment-style accommodations with walk in showers, wide doors for wheelchair access, emergency pull cord systems and other special amenities; and offer the individualized array of personal care services which will allow each resident to function as
independently as possible. Services are either included in the rent or provided at an extra charge and vary from facility to facility.

Assisted living facilities do not accept Medicare or Medicaid, but if an individual meets nursing facility level of care and is eligible for Medicaid, some facilities may accept funding through the Medicaid Aged & Disabled Waiver to cover service costs.

The Indiana State Department of Health regulates and licenses assisted living facilities as Residential Care providers. For a list of facilities, see ISDH's directory at www.in.gov/isdh/reports/QAMIS/resdir/index.htm. Many assisted living facilities are not licensed. Call CICOA's Aging & Disability Resource Center at 317-803-6131 or 800-432-2422 for additional information.

**Adult Family Care**

Adult Family Care is a comprehensive, residential service provided through the Medicaid Aged and Disabled Waiver. Individuals who receive this service reside in a home with an unrelated primary caregiver and up to two other consumers of this service. Adult Family Care services may include, but are not limited to: personal care, homemaker, attendant care, companionship, medication oversight and transportation. The services are provided in a home-like environment. For locations call CICOA Aging & In-Home Solutions at 317-803-6131 or 800-432-2422.

**Structured Family Caregiving**

Structured Family Caregiving is a model of caregiving that provides financial and supportive services for family caregivers. It empowers caregivers to care for seniors and those with disabilities who wish to remain in a community setting. The caregiver and care recipient live together and the care provider receives financial compensation for providing care to the elderly individual who would otherwise require nursing home level care. This is a service available through the Medicaid Aged & Disabled Waiver. Contact CICOA Aging & In-Home Solutions at 317-803-6131 or 800-432-2422 for eligibility assessment.
Thrift Stores & Donations

Thrift Stores offer donated clothing and household items at low prices to the general public. Proceeds from sales often support other services to the community. Home pickup for donations is available in some service areas. Community organizations and faith-based programs may also accept donations to provide resources for local persons in need. For additional resources, contact Connect2Help 2-1-1 by dialing 2-1-1 from any residential phone or by calling 317-926-4357 or contact CICOA’s Aging & Disability Resource Center at 317-803-6131.

AMVETS Household Discard Program
www.donationtown.org/charity/amvets-of-indianapolis.html

Goodwill Industries of Central and Southern Indiana
General Inquiries, 317-524-4313
Donation Pickup, 317-524-4353

Goodwill Store locations and Donation Center locations can be found online at www.goodwillindy.org/mod/shop/locations.

ReStore by Habitat for Humanity
Avon Office, 317-707-7529
Boone County, 317-344-3033
Greater Indianapolis, 317-777-6140
Greenfield Office, 317-318-9380
Morgan County, 765-349-9003
Hamilton County, 317-896-9423
Johnson County, 317-535-6720

ReStore information and Donation Center Locations can be found online at www.habitat.org/restores

Salvation Army
800-728-7825, www.satrick.org/search

Additional information on thrift stores and donation sites can be obtained by calling Connect2Help 2-1-1 by dialing 2-1-1 from any residential phone or by calling 317-926-4357.
Transportation

There are several options for transportation in Central Indiana. Some programs have boundary restrictions or income and age requirements, while others provide transportation to individuals in wheelchairs and with special funding sources only. CICOA’s Way2Go department also maintains an alternate transportation resource list:

www.cicoa.org/services/way2go/alternate-transportation

CICOA Way2Go—My Freedom
Individuals of any age with disabilities in Boone, Hamilton, Hancock, Hendricks, Johnson, Madison, Marion, Morgan, and Shelby counties can utilize My Freedom vouchers for medical or nonmedical transportation. Consumers can travel across county lines. Vouchers are first come-first served, and a limited number of fares will be available for purchase by consumers per month. Call or go online to complete an application.
317-803-6153, www.cicoa.org/services/way2go/my-freedom

CICOA Way2Go—Senior Transportation
Individuals 60 and older who live and travel within Marion County can utilize CICOA’s senior transportation services to help meet essential needs. Services include Door2Door, Shuttle Service, Discount Taxi Fare, and Wheelchair Transportation. Call or go online to complete an application.
317-803-6153, www.cicoa.org/services/way2go/senior-transportation

Additional resources to assist in cross-county travel can be explored through the Central Indiana Regional Transportation Authority (CIRTA)
317-327-7433, www.cirta.us

IndyGo Open Door Paratransit Service
Curb-to-curb, reservation-based, shared ride service. Call or go online to complete an application.
317-635-3344, www.indygo.net/open-door
**Medicaid Transportation**
Medicaid members who need a ride to a doctor’s appointment, pharmacy, or other medical office can request transportation through Southeastrans. Southeastrans will check availability with transportation providers in your area.
855-325-7586

**County Senior Service Transportation**
The following County Senior Service Organizations provide transportation services within their respective counties. For more information, contact the provider directly.

**Boone County**—Boone County Senior Services
765-482-5220, 317-873-8939

**Hamilton County**—PrimeLife Enrichment Inc.
317-815-7000

**Hancock County**—Hancock County Senior Services.
317-462-1103

**Hendricks County**—Hendricks County Senior Services
317-745-4303

**Johnson County**—Johnson County Senior Services
317-738-4544

**Morgan County**—Coordinated Aging Services for Morgan County
765-342-3007

**Shelby County**—Shelby Senior Services, Inc.
317-398-0127
Utility Assistance and Weatherization

Local utility companies offer a variety of budget and payment plans for customers to maintain service. If you are having difficulty paying, contact your utility company to negotiate a workable payment plan. Faith communities or community centers may be able to assist with utility payments on a limited basis. Township trustees may also help with shelter, fuel, or water expenses. Additional funds may be available through energy assistance and weatherization programs.

Energy assistance programs are available as one-time payments to the utility accounts of those who qualify and may pay all or a portion of a utility bill. Programs are seasonal and funding is limited. Recipients are responsible for the remaining balance. Weatherization programs may provide free weatherization of owner-occupied and rental residences. Services may include attic insulation, caulking, weather-stripping, furnace repair or replacement, and heat duct and water pipe insulation.

Citizens Energy Group Citizens Assistance
317-924-3311

Community Action of Greater Indianapolis (CAGI), Boone, Hamilton, Hendricks, and Marion Counties

Human Service, Inc. (HSI), Johnson County
600 Ironwood Dr., Ste. N, Franklin, IN 46131

Human Service, Inc. (HSI), Shelby County
825 S. Elm St., Shelbyville, IN 46176

Interlocal Community Action Program, Inc. (ICAP)
141 Green Meadows Dr. Ste. 4, Greenfield, IN 46140

Marion County Seasonal Energy Assistance Program
www.indyeap.org
Morgan County—South Central Community Action Program
159 W. Morgan, Martinsville, IN 46151
765-342-1518, www.insccap.org

Township Trustees
Contact the Indiana Department of Local Government Finance at 888-739-9826 if other information on Trustees is needed.

Boone County
Center Township, 765-482-1550
Clinton Township, 765-577-0146
Harrison Township, 317-440-5947
Jackson Township, 765-676-5793
Jefferson Township, 765-894-1670
Marion Township, 317-869-5526
Sugar Creek Township, 765-436-7988
Washington Township, 765-978-8815
Worth Township, 317-769-3560
Zionsville, 317-769-3560

Hamilton County
Adams Township, 317-758-1029
Clay Township, 317-846-2773
Delaware Township, 317-842-8595
Fall Creek Township, 317-841-3180
Jackson Township, 317-984-3826
Noblesville Township, 317-773-0249
Washington Township, 317-574-9490
Wayne Township, 317-773-3179
White River Township, 317-385-6833

Hancock County
Blue River Township, 317-467-4366
Brandywine Township, 888-739-9826
Brown Township, 765-738-0067
Buck Creek Township, 317-335-1401
Center Township, 317-477-1176
Green Township, 317-326-4182
Jackson Township, 317-625-5401
Sugar Creek Township, 317-861-6148
Vernon Township, 317-485-7327
Hendricks County
Brown Township, 317-852-0899
Center Township, 317-745-2813
Clay Township, 765-386-2049
Eel River Township, 765-676-6333
Franklin Township, 317-539-2667
Guilford Township, 317-838-0564
Liberty Township, 317-539-7944
Lincoln Township, 317-852-8745
Marion Township, 317-539-4350
Middle Township, 317-892-5000
Union Township, 317-489-8990
Washington Township, 317-272-1835

Johnson County
Blue River Township, 812-371-6981
Clark Township, 317-862-2550
Franklin Township, 317-736-7511
Hendricks Township, 317-729-5518
Hensley Township, 317-710-5880
Needham Township, 317-738-3778
Nineveh Township, 317-933-2097
Pleasant Township, 317-535-7571
Union Township, 317-422-5773
White River Township, 317-422-1143

Marion County
Center Township, 317-633-3610
Decatur Township, 317-856-6600
Franklin Township, 317-780-1700
Lawrence Township, 317-890-0011
Perry Township, 317-788-4810
Pike Township, 317-291-5801
Warren Township, 317-327-8947
Washington Township, 317-327-8800
Wayne Township, 317-241-4191

Morgan County
Adams Township, 765-528-2651
Ashland Township, 765-346-9791
Baker Township, 765-341-0404
Brown Township, 317-831-1734
Clay Township, 317-831-7313
Green Township, 765-792-0544
Gregg Township, 317-996-6090
Harrison Township, 317-766-0746
Jackson Township, 812-597-0150
Jefferson Township, 765-342-8097
Madison Township, 317-834-6027 ext. 306
Monroe Township, 317-996-2920
Ray Township, 765-318-7018
Washington Township, 765-342-6368

Shelby County
Addison Township, 317-398-6896
Brandywine Township, 317-835-8304
Hanover Township, 765-763-6415
Hendricks Township, 317-729-5518
Jackson Township, 317-729-5135
Liberty Township, 765-525-6771
Marion Township, 317-398-2025
Moral Township, 317-835-7572
Noble Township, 765-525-7160
Shelby Township, 317-392-8968
Sugar Creek Township, 317-835-2389
Union Township, 765-544-2540
Van Buren Township, 765-763-6015
Washington Township, 812-587-5607
Consumer Services

In This Section:
Programs that provide for the education and protection of individuals who buy products and services for personal use. Included are programs that establish and enforce consumer protection, fair trade and other regulatory legislation; provide information and/or counseling to help consumers manage their finances, make informed credit and purchasing decisions, and understand their tax obligations and pay their taxes; and/or ensure that consumers have access to fair hearings, mediation or binding arbitration and appropriate remedies when they have complaints.
Consumer Assistance and Protection

Better Business Bureau (BBB)

The Better Business Bureau of Central Indiana is a non-governmental, non-profit corporation established to help maintain better business and consumer relations.

Central Indiana Better Business Bureau
151 N. Delaware St., Ste. 2020, Indianapolis, IN 46204

Office of Indiana Attorney General

Older adults are often the targets of consumer fraud and scams. The following agency investigates consumer complaints and regulates licensed occupations.

Consumer Protection Division
Indiana Attorney General
302 W. Washington St., 5th Floor, Indianapolis, IN 46204
317-232-6330, 800-382-5516, www.state.in.us/attorneygeneral

Disability Parking Permits

Handicapped license plates and permits or placards are available with a physician’s certification at any license branch. For pricing and more information on the application process, contact the Indiana Bureau of Motor Vehicles (BMV) Contact Center at 1-888-692-6841 or visit www.in.gov/bmv.

The process to obtain a reserved curbside parking sign outside individual homes varies by area. Contact the BMV or the city council person in your area for general questions and information or contact one of the following offices:

Department of Public Works
City of Indianapolis
200 E. Washington St., Indianapolis, IN 46204
317-327-4000
Money Management

Representative Payee Services

Upon request, utilities and creditors may be willing to contact family members if an elderly person fails to pay bills. Many banks offer automatic account deductions for regular monthly payments. Most trustee departments at financial institutions offer bill paying services and money management for a fee. Call individual utilities, creditors or banks for details on special services to assist elderly customers.

The following agencies will help individuals consolidate bills:

Apprisen
3725 E. Southport Rd., Ste. E, Indianapolis, IN 46227
317-266-1300, 800-355-2227, www.apprisen.com

Crisscross
866-380-9708, www.crisscross.org
Reverse Mortgage Programs

Some older adults have small incomes but may have significant equity invested in their homes. Adults 62 or older may be able to obtain a home equity conversion or “reverse mortgage.” Age, current interest rate and the appraised value of the home are all factors. Applicants should consult with a reverse mortgage counselor to assist in determining what is best for the individual’s situation. The following agency provides reverse mortgage counseling.

Apprisen
3725 E. Southport Rd., Ste. E, Indianapolis, IN 46227
317-266-1300, 800-355-2227, www.apprisen.com

Tax Services

Unified Tax Credit

Persons 65 and older who meet income guidelines may qualify for the Unified Tax Credit. Applications must be made by December 31.

Indiana Department of Revenue
100 N. Senate Ave., Rm. N105, Indianapolis, IN 46204
Refund status and tax information line: 317-233-4018, www.in.gov/dor

For the surviving spouse deduction you must be over the age of 60, and the deceased spouse must have been at least age 65 at time of death. Apply at your county auditor’s office:

Boone County Auditor, 765-482-2940, www.boonecounty.in.gov
Hamilton County Auditor, 317-776-8400, www.hamiltoncounty.in.gov
Hancock County Auditor, 317-477-1105, www.hancockcoingov.org
Hendricks County Auditor, 317-745-9300, www.co.hendricks.in.us
Johnson County Auditor, 317-346-4310, www.co.johnson.in.us
Marion County Auditor, 317-327-4646, www.indy.gov
Morgan County Auditor, 765-342-1001, www.morgancounty.in.gov
Shelby County Auditor, 317-392-6310, www.shelbycounty73.us
Education & Enrichment

In This Section:
Programs that provide opportunities for people to acquire the knowledge, skills, desirable qualities of behavior and character, wisdom and general competence that will enable them to fully participate in and enjoy the social, political, economic and intellectual life of the community.
The following organizations offer a wide range of social, leisure, educational and enrichment programs.

**accessABILITY Center for Independent Living, Inc.**  
9105 E. 56th St., Indianapolis, IN 46216  
317-926-1660, 866-794-7245, [www.abilityindiana.org](http://www.abilityindiana.org)

**Bosma Enterprises**  
6270 Corporate Drive., Indianapolis, IN 46278  
317-684-0600, 866-602-6762, [www.bosma.org](http://www.bosma.org)

**CICOA Aging & In-Home Solutions—Meals & More Service**  
8440 Woodfield Crossing Blvd, Ste. 175, Indianapolis, IN 46240  
317-803-6042, [cicoa.org/services/meals-more/nutrition-education](http://cicoa.org/services/meals-more/nutrition-education)

**IUPUI Office of Community Engagement**  
301 University Blvd., Indianapolis, IN 46202  
317-274-7400, [www.engage.iupui.edu](http://www.engage.iupui.edu)

**Ivy Tech Community College—Central Indiana**  
50 W. Fall Creek Pkwy N. Dr., Indianapolis, IN 46208  
888-489-5463, [www.ivytech.edu](http://www.ivytech.edu)

**J. Everett Light Career Center**  
1901 E. 86th St., Indianapolis, IN 46240  
317-259-5265, [jelcc.com](http://jelcc.com)

**Jewish Family Services at the Albert & Sara Reuben Senior and Community Resource Center**  
6705 Hoover Rd., Indianapolis, IN 46260  
317-726-5450, [www.jewishindianapolis.org](http://www.jewishindianapolis.org)

**Oasis**  
10800 E. Washington St., Indianapolis, IN 46229  
317-396-3751, [www.oasisnet.org/Indianapolis-IN](http://www.oasisnet.org/Indianapolis-IN)

**Purdue Extension**—Boone County  
1300 E. 100 S., Lebanon, IN 46052  
765-482-0750, [www.extension.purdue.edu/boone](http://www.extension.purdue.edu/boone)
Purdue Extension—Hamilton County  
2003 Pleasant St., Noblesville, IN 46060  
317-776-0854, www.extension.purdue.edu/Hamilton

Purdue Extension—Hancock County  
802 N. Apple St., Greenfield, IN 46140  
317-462-1113, www.extension.purdue.edu/Hancock

Purdue Extension—Hendricks County  
1900 E. Main St., Danville, IN 46122  
317-745-9260, www.extension.purdue.edu/Hendricks

Purdue Extension—Johnson County  
484 N. Morton St., Franklin, IN 46131  
317-736-3724, www.extension.purdue.edu/johnson

Purdue Extension—Marion County  
Indiana State Fairgrounds, Discovery Hall  
1202 E. 38th St., Ste. 201, Indianapolis, IN 46205  
317-275-9305, www.extension.purdue.edu/marion

Purdue Extension—Morgan County  
180 S. Main S., Ste. 229, Martinsville, IN 46151  
765-342-1010, www.extension.purdue.edu/Morgan

Purdue Extension—Shelby County  
1600 E. State Rd. 44, Ste. C, Shelbyville, IN 46176  

University of Indianapolis  
School for Adult Learning  
1400 E. Hanna Ave., Indianapolis, IN 46227  
317-788-3368, www.uindy.edu/alp

Vincennes University  
Veterans Upward Bound  
1002 N. 1st St., Vincennes, IN 47591  
812-888-5373

Walker Career Center  
Adult Education Classes  
9651 E. 21st St., Indianapolis, IN 46229  
317-532-6150
Elderhostel Programs

Elderhostels are educational programs for those age 60 and older. Participants enroll in courses taught by college faculty and stay in dormitories for the duration of the program, typically one or two weeks. Minimal fees are charged. For information about Indiana or international programs, contact:

Road Scholar Incorporated
800-454-5768, www.roadscholar.org
Environment & Public Health/Safety

In This Section:
Programs that protect and conserve natural resources, prevent or reduce environmental pollution, promote environmental and public health, develop and implement measures for safety education and accident prevention, provide emergency rescue services for people in trouble and/or take other steps to enhance public health and safety and enable people to live in ecological balance and harmony with their surroundings.
Fire Prevention Information

Firefighters Survive Alive! Inc.
748 Massachusetts Ave., Indianapolis, IN 46204
317-327-6707, survivealive.org

Indianapolis Fire Department Fire and Life Safety Division
955 Ft. Wayne Ave., Indianapolis, IN 46204
317-327-6006

Poison Safety Education

Indiana Poison Center
IU Health Hospital
1701 N. Senate Blvd., Indianapolis, IN 46202
800-222-1222, Poison Control Hotline, www.indianapoison.org

Public Health

Find a local health department at www.in.gov/isdh/24822.htm

Boone County Health Department
116 W. Washington St., B202, Lebanon, IN 46052
765-482-3942

Hamilton County Health Department
18030 Foundation Dr., Ste. A, Noblesville, IN 46060
317-776-8500

Hancock County Health Department
111 American Legion Pl., Rm. 150, Greenfield, IN 46140
317-477-1125

Hendricks County Health Department
355 S. Washington St., Danville, IN 46122
317-745-9217
Johnson County Health Department  
460 N. Morton St., Ste. A, Franklin, IN 46131  
317-346-4365

Marion County Public Health Department  
3838 N. Rural St., Indianapolis, IN 46205  
317-221-2000

Morgan County Health Department  
180 S. Main St., Ste. 252, Martinsville, IN 46151  
765-342-6621

Shelby County Health Department  
1600 E. S.R. 44, Ste. B., Shelbyville, IN 46176  
317-392-6470

Public Safety

Boone County Emergency Management  
1905 Indianapolis Ave., Lebanon, IN 46052  
765-482-1412,  [www.bccn.boone.in.us/ema/222.htm](http://www.bccn.boone.in.us/ema/222.htm)

Hamilton County Emergency Management  
1 Hamilton County Sq., Ste. 157, Noblesville, IN 46060  
317-770-3381,  [www.hamiltoncounty.in.gov/397/Public-Safety](http://www.hamiltoncounty.in.gov/397/Public-Safety)

Hancock County Emergency Management  
640 S. Franklin Rd., Greenfield, IN 46140  
317-477-1188  
[hancockcoingov.org/hancock-county-government-departments](http://hancockcoingov.org/hancock-county-government-departments)

Hendricks County Emergency Management  
355 S. Washington St., Ste. G60, Danville, IN 46122  
317-745-9229,  [www.co.hendricks.in.us](http://www.co.hendricks.in.us)

Indianapolis Department of Public Safety  
3838 N. Rural St., Indianapolis, IN 46205  
317-221-2000
Indianapolis Division of Homeland Security
201 N. Shadeland Ave., Indianapolis, IN 46219
317-327-3900, www.in.gov/dhs

Indianapolis Metropolitan Police Department
50 N. Alabama St., Indianapolis, IN 46204
Non-Emergency Dispatch Line: 317-327-3811
Emergency: 911

Johnson County Emergency Management
1081 Hospital Rd., Franklin, IN 46131

Morgan County Emergency Management
1050 N. Lincoln Hill Rd., Martinsville, IN 46151
765-342-8467, www.morgancountyinema.org

Shelby County Emergency Management
715 E. S.R. 44, Shelbyville, IN 46176
317-392-6308, www.co.sherby.in.us
Health Care

In This Section:
Programs whose primary purpose is to help individuals and families achieve and maintain physical well-being through the study, prevention, screening, evaluation and treatment of people who have illnesses, injuries or disabilities.
Assistive Technology Equipment & Services

Medicare, Medicaid and private health insurance may help with obtaining equipment and supplies that are medically necessary. A physician’s statement is required. Suppliers of hospital equipment, supplies and other durable equipment (wheelchairs, walkers, bath aids, etc.) are frequently listed in phone directories under “Hospital Equipment and Supplies.” Hospital networks and disease-specific organizations may be able to connect consumers with equipment or assist in paying for equipment on a limited basis.

The Alzheimer’s Store
800-752-3238, www.alzstore.com

Easter Seals Crossroads
4740 Kingsway Dr., Indianapolis, IN 46205
317-466-2013, 888-466-1314, www.eastersealstech.com

Dental Care

Currently, Medicare may pay for dental services that are an integral part either of a covered procedure (e.g., reconstruction of the jaw following accidental injury) or for extractions done in preparation for radiation treatment for neoplastic diseases involving the jaw. Medicare also will make payment for oral examinations (but not treatment) preceding kidney transplantation or heart valve replacement under certain circumstances. Such examination would be covered under Part A if performed by a dentist on the hospital's staff or under Part B if performed by a physician.

Medicaid-covered services may include annual exams and preventive care.

Dental Services and Medicaid

Individuals on Indiana Medicaid in need of dental services can search for a provider at: www.indianamedicaid.com/ihcp/ProviderServices/ProviderSearch.aspx
Low-income persons may obtain dental services at low cost or sliding scale fees at the following clinics:

**Alivio Medical Centers**  
2060 N. Shadeland Ave, Indianapolis, IN 46219  
317-635-3499

**Eskenazi College Avenue**  
1650 N. College Ave., Indianapolis, IN 46202  
317-880-0888

**Eskenazi Cottage Corner Community Health Clinic**  
1434 Shelby St., Indianapolis, IN 46203  
317-880-1206

**Eskenazi Health Center Grassy Creek**  
9443 E. 38th St., Indianapolis, IN 46235  
317-880-2288

**Eskenazi West 38th Dental Clinic**  
5515 W. 38th St., Indianapolis, IN 46254  
317-880-0080

**Gennesaret Free Clinic**  
Dental and Wellness Center, Blue Triangle Residence Hall  
725 N. Pennsylvania St., Indianapolis, IN 46202  
317-955-0217

**HealthNet—Barrington Health & Dental Center**  
3401 E. Raymond St., Indianapolis, IN 46203  
317-957-2100, [www.indyhealthnet.org](http://www.indyhealthnet.org)

**HealthNet—People’s Health & Dental Center**  
2340 E. 10th St., Indianapolis, IN 46201  
317-957-2200, [www.indyhealthnet.org](http://www.indyhealthnet.org)

**HealthNet—Southeast Health & Dental Center**  
901 Shelby St., Indianapolis, IN 46203  
317-957-2400, [www.indyhealthnet.org](http://www.indyhealthnet.org)
HealthNet—Southwest Health & Dental Center
1522 W. Morris St., Indianapolis, IN 46221
317-957-2500, www.indyhealthnet.org

Heart and Soul Clinic
17338 Westfield Park Rd., Ste. 1, Westfield, IN 46074
317-804-5782

Hope Family Care Center
270 W. Jackson St., Cicero, IN 46034
317-984-3444

Indiana University School of Dentistry
1121 W. Michigan St., Indianapolis, IN 46202
317-274-7433

Jane Pauley Community Health Center Dental Clinic
5317 E. 16th St., Indianapolis, IN 46218
317-552-0699, 844-695-7242

St. Thomas Medical Clinic
600 Paul Hand Blvd., Franklin, IN 46131
317-656-7911

Marion County Public Health Department
3838 N. Rural St., Indianapolis, IN 46205
317-221-2329

Marion County Public Health Department
Blackburn Health Center
2700 Dr. Martin Luther King Jr. St., Indianapolis, IN 46208
317-931-4301

Marion County Public Health Department
Forest Manor Health Clinic
3840 Sherman Dr., Indianapolis, IN 46226
317-221-3013

Marion County Public Health Department
Northeast District
6042 E. 21st St., Indianapolis, IN 46219
317-221-7397
Marion County Public Health Department
Pecar Dental
6940 N. Michigan Rd., Indianapolis, IN 46228
317-221-3417

Raphael Health Center
401 E. 34th St., Indianapolis, IN 46205
317-926-1507

Riggs Health Boone County
416 W. Camp St., Lebanon, IN 46052
765-483-4469

Trinity Free Clinic
1045 W. 146th Ste. B, Carmel, IN 46032
317-819-0772

Indiana Donated Dental Services

Individuals age 65 and older or clients of any age with a mental or physical disability may receive dental care at no charge. There is usually a waiting list.

More information on program eligibility and applications can be found online at dentallifeline.org/indiana.

Driver Assessments

Several organizations offer periodic classes at little or no charge to help older drivers improve their skills, assess their functional ability or provide driver rehabilitation. They may also provide valuable information with regard to necessary conversations for keeping aging drivers safe when operating motor vehicles.

AAA Hoosier Motor Club
seniordriving.aaa.com

AARP Driver Safety Course
Flu Vaccines

Flu shots are offered at a variety of locations seasonally. Call your county health department for information about the nearest sites, dates and fees.

**Boone County Health Department**
765-482-3942, [www.boonecounty.in.gov/health](http://www.boonecounty.in.gov/health)

**Hamilton County Health Department**
317-776-8500, [ww.hamiltoncounty.in.gov](http://ww.hamiltoncounty.in.gov)

**Hancock County Health Department**
317-477-1125, [www.hancockcoingov.org](http://www.hancockcoingov.org)

**Hendricks County Health Department**
317-745-9222, [www.co.hendricks.in.us](http://www.co.hendricks.in.us)

**Johnson County Health Department**
317-346-4368, [co.johnson.in.us/health](http://co.johnson.in.us/health)

**Marion County Public Health Department—Eagledale Plaza**
2802 Lafayette Rd., Ste. 13, Indianapolis, IN 46222
317-221-3441, [www.mchd.com](http://www.mchd.com)
Geriatric Assessments

Geriatric assessment programs offer comprehensive evaluations to determine the total physical, emotional, social and functional conditions of an aging person. The geriatric assessment staff works with the patient’s family and his or her private physician to develop a care plan based upon the evaluation results. While most area hospitals have the capacity to perform geriatric assessments, the facilities listed here have specific departments for this purpose. Primary care physicians also are able to refer individuals to an appropriate resource.

**Eskenazi Health Center for Senior Health**
720 Eskenazi Ave., Indianapolis, IN 46202
317-880-6570, [www.eskenazihealth.edu](http://www.eskenazihealth.edu)
Deaf and Hard of Hearing Services

Hearing Aids

Medicare does not cover hearing loss exams or the purchase of hearing aids. Most companies that sell hearing aids offer free hearing tests. No community program that provides free hearing aids, but these agencies may help low-income persons obtain them at a reduced rates or provide additional services to assist individuals with hearing impairments.

Aspire Indianapolis Deaf Services
2506 Willowbrook Pkwy., Ste. 300, Indianapolis, IN 46205
Deaf and Hard of Hearing Services (DHHS)
Bureau of Rehabilitation Services
402 W. Washington St, Indianapolis, IN 46204
317-542-3449 (VP), www.dhhs.in.gov

Indiana Lions Speech and Hearing, Inc.
705 Riley Hospital Dr., Ste. 0860, Indianapolis, IN 46202
indylionsspeechhearing.org/loaner.html

Relay Indiana
317-334-1413 (V/TTY), 800-743-3333, relayindiana.com

HIV Testing (Confidential)

Bell Flower Clinic
640 Eskenazi Ave., Indianapolis, IN 46202
317-221-8300, bellflowerclinic.org

Brothers United
317-931-0292, www.brothersunitedinc.org

Damien Center
317-632-0123 ext. 252, www.damien.org

IU Health
1633 N. Capitol Ave., Indianapolis, IN 46202
317-962-2700

Marion County Public Health Department
2951 E. 38th St., Indianapolis, IN 46218
317-221-3552

Planned Parenthood
800-230-7526, www.plannedparenthood.org

Step Up (Services, Training, Educations, and Prevention)
317-259-7013, www.stepupin.org
CHOICE

CHOICE, an acronym for Community and Home Options to Institutional Care for the Elderly and Disabled, is a state-funded program that serves those who are 60 years of age or older or persons with disabilities of all ages who are eligible due to long term or lifelong limitations, helping them live at home or in community-integrated settings. Program eligibility is based on limitations in completing activities of daily living (ability to bathe, dress, feed self, use the toilet, take medications, etc.). Candidates must have deficits in at least two activities of daily living to qualify.

CHOICE services are not restricted by age or income but cost share provisions may be applied based on the services required and household monthly income. Assets may not exceed $250,000. CHOICE services are limited by the availability of state funds and are considered the funding of last resort.

Medicaid Waiver

This program is designed to provide in-home supportive services for Medicaid recipients who meet eligibility requirements for nursing facility care but want to remain in a community setting with assistance from informal and formal supports. Individuals on the Waiver programs must have Medicaid to receive services.

Indiana has two categories of Medicaid Waivers. Medical Model Waivers are for individuals with deficits that are the result of medical or aging-related issues and include the Aged and Disabled Waiver (A&D) and the Traumatic Brain Injury (TBI) Waiver. Developmental Disabilities Waivers are for children and adults with intellectual or other developmental disabilities and includes the Community Integration and Habilitation Waiver (CIH) and the Family Supports Waiver (FSW).

Services available through the CHOICE and Medicaid Waiver programs may include care management, home-delivered meals, attendant care, home health aide, skilled nursing, therapies, behavior management, homemaker, home modifications, respite care, adult day
services, and adaptive aids and devices (such as personal emergency response systems).

A&D and TBI Waivers are initiated through CICOA Aging & In-Home Solutions. Call 317-803-6131 or 800-432-2422 for options counseling, preliminary eligibility screening, and referrals.

CIH and FSW are initiated through the Bureau of Developmental Disability Services (BDDS). Call 317-205-0101 or visit www.bdds.in.gov for information and/or eligibility assessment.

**Program of All-Inclusive Care for the Elderly (PACE®)**

The Program of All-Inclusive Care for the Elderly (PACE) model provides all-inclusive services in the community to benefit seniors with chronic care needs and their families. PACE serves individuals who: are ages 55 or older; certified by their state to need nursing home care; able to live safely in the community at the time of enrollment; and live in the service area.

Franciscan Health's Program of All-inclusive Care for the Elderly currently serves older adults living in Johnson County or Marion County in these zip codes: 46107, 46201, 46202, 46203, 46204, 46217, 46218, 46219, 46221, 46222, 46225, 46227, 46229, 46237, 46239, 46241, or 46259.

For information and/or eligibility assessment contact:

Franciscan Senior Health & Wellness
317-528-7223
www.franciscanhealth.org/health-care-services/pace-program-280
Visiting Physician Services

The following organizations provide in-home visits by primary care or internal medicine physicians.

**Eskenazi Health- House Calls for Seniors**
317-880-6636, [www.eskenazihealth.edu/health-services/senior-care](http://www.eskenazihealth.edu/health-services/senior-care)

**Grace at Home**
317-429-0120, [www.grace-at-home.com](http://www.grace-at-home.com)

**INhouse Primary Care**
317-335-5189, [www.inhouseprimarycare.com](http://www.inhouseprimarycare.com)

**Meridian Visiting Physicians**
1-844-225-5687, [callmvp.com](http://callmvp.com)

**Visiting Physicians Association**
248-824-6000, [www.visitingphysicians.com](http://www.visitingphysicians.com)

Hospice Care

Hospice is a service designed to meet the needs of terminally ill patients and their families. Services may be covered by Medicare or Medicaid and include nursing home care, hospital care, pain control, equipment and medical supplies. Hospice programs also provide ongoing grief support and teach families how to care for patients at home. For provider options, call the Indiana Hospice & Palliative Care Organization referral helpline at 866-254-1910. A directory of Hospice Facilities is also maintained by Indiana State Department of Health. Reach them by phone at 317-233-1325 or online at [https://www.in.gov/isdh/reports/QAMIS/hspcsrvdir/index.htm](https://www.in.gov/isdh/reports/QAMIS/hspcsrvdir/index.htm)
Low-Vision Aids

Eye Care

The following agencies may provide low-cost eye care services to persons of any age.

**Eskenazi Eye Clinic**  
720 Eskenazi Ave., Indianapolis, IN 46202  
317-880-4138

**Indianapolis Eye Care Center Community Outreach**  
Indiana University School of Optometry  
501 Indiana Ave., Ste. 100, Indianapolis, IN 46202  
317-321-1470

**Trinity Free Clinic**  
1045 W. 146th St., Carmel, IN 46032  
317-819-0772, [www.trinityfreeclinic.org](http://www.trinityfreeclinic.org)

Glasses

There is no community program that provides glasses for seniors at no charge. Medicare does not cover expenses for routine eye exams or glasses; Medicaid may cover some of these costs.

Eye Disease Treatment

The following program refers individuals to local ophthalmologists who provide exams and treatments for eye diseases and conditions. Services are provided at no charge, but glasses, prescriptions and hospital services are not included. Persons must be 65 or older, a U.S. citizen or legal resident, and without access to an ophthalmologist.

**Eye Care America**  
877-887-6327, [www.eyecareamerica.org](http://www.eyecareamerica.org)
Low-Vision Rehabilitation

Low-vision occupational therapy programs provide services for adults with low-vision impairments. A physician’s referral may be needed to obtain services.

accessABILITY
5302 E. Washington St., Indianapolis, IN 46219
317-926-1660, www.abilityindiana.org

Bosma Enterprises
6270 Corporate Dr., Indianapolis, IN 46278

Hadley Institute for the Blind and Visually Impaired
800-323-4238, hadley.edu

Rehabilitation Hospital of Indiana
4141 Shore Dr., Indianapolis, IN 46254

Equipment for the Visually Impaired

Many organizations offer special materials and equipment for the visually impaired, including large print and Braille books/materials/tapes and special audio and visual equipment to people with vision impairments, Parkinson’s, stroke, learning disabilities or any other conditions that make reading difficult. Libraries may be able to coordinate delivery of materials to individuals who are homebound.

IRIS is a FREE 24-hour communication link. Persons who cannot read normal print due to blindness, low vision, physical impairments, learning disorders or illiteracy keep in touch with local news and information as presented by IRIS volunteer readers.

Indianapolis Public Library

Indiana Reading and Information Services (IRIS) —WFYI
www.wfyi.org/iris
Donating Used Glasses

Most Lions Clubs and some ophthalmologists collect used prescription glasses. Check your local phone directory to find a Lions Club near you or search online at directory.lionsclubs.org.

Medication Management

Poison Control Center
Emergency 24-hour service line where immediate information from highly skilled medical professionals is available. 800-222-1222, indianapoisoncenter.org

Medication Dispensers and Medication Delivery
Several companies make medication dispensers that are designed to aid persons who take medications on a scheduled basis. These dispensers can be filled, locked and timed to dispense the correct dosage at the appropriate time. Some dispensers have an alarm that sounds and will not silence until the door for that dose is opened. Following are sources for medication dispensers; your local medical equipment supply store and pharmacist can recommend additional suppliers. Care recipients who take multiple medications at one time and have difficulty remembering specifically how to do so can benefit from having dosages of multiple medications presorted and packaged together by a pharmacy in advance of delivery.

e-pill Medication Reminders
800-549-0095, www.epill.com

ExactCare Pharmacy
877-355-7225, www.exactcarepharmacy.com

Philips Medication Dispensing Service
855-681-5351, www.lifeline.philips.com
Nursing Facilities

Nursing Home Placement

Choosing a nursing home can be difficult. The following organizations can provide lists of licensed nursing homes in Central Indiana. Many also provide information or tips to help decide what facility would be best for your loved one.

The Indiana State Department of Health maintains a Directory of Comprehensive Nursing Facilities: [www.in.gov/isdh/20511.htm](http://www.in.gov/isdh/20511.htm)

Medicare and Medicaid also provide information can be found online: [www.medicare.gov/nursinghomecompare/search.html](http://www.medicare.gov/nursinghomecompare/search.html) [www.indianamedicaid.com/ihcp/ProviderServices/ProviderSearch.aspx](http://www.indianamedicaid.com/ihcp/ProviderServices/ProviderSearch.aspx)

Indiana Health Care Association
1 N. Capitol Ave., Ste. 100, Indianapolis, IN 46204
317-636-6406, 800-466-4488, [www.ihca.org](http://www.ihca.org)

Indiana State Department of Health
Long-Term Care Division
2 N. Meridian St., Indianapolis, IN 46204
317-233-7442, [www.statehealth.in.gov](http://www.statehealth.in.gov)

Pre-Admission Screening Resident Review (PASRR)

Indiana has partnered with Ascend Management Innovations (Ascend) to conduct PASRR screenings. Individuals seeking nursing facility placement from a hospital can be assisted by the discharge planner. Nursing facilities submit the required paperwork for individuals who require emergency admission, out-of-state admissions or short-term/respite admissions.

Individuals seeking nursing facility placement from home, the Area Agency on Aging will conduct a home visit to complete the PASRR Level I, Level of Care assessment, and to provide options counseling
to the client and caregivers to facilitate a person-centered decision-making process. Individuals in need of a home visit due to interest in nursing facility admission should contact CICOA’s Aging & Disability Resource Center at 317-803-6131 or 800-432-2422.

**Personal Emergency Response Systems**

Personal emergency response systems are designed for older persons living alone, especially those who may be subject to falls or seizures. The individual wears a small electronic device which, when activated, notifies an emergency service operator. A monthly fee is charged.

**ADT**
800-453-4108

**Companion Lifeline**
260-459-9900

**Connect America**
800-327-7297

**Critical Signal Technologies, Inc.**
888-557-4462

**Etelcare Home Services Unlimited**
317-471-0770

**Freedom Senior Services of Indiana, Inc.**
317-359-3733

**Guardian Medical Monitoring**
800-782-9688

**Healthcom**
800-525-6237

**Help at Home, LLC—Greenwood**
317-851-8260
Help at Home, LLC—Indianapolis
317-842-7104

Philips Lifeline Systems, Inc.
855-681-5351

Valued Relationships, Inc.
800-860-4230

**Respite Care**

Respite care is designed to relieve individuals or families engaged in caring for individuals whose needs are too great to live alone. The adult day service centers listed in this directory can serve as out-of-home respite sites when the caregiver needs to be away on a daily basis. Many nursing homes offer respite stays if caregivers need to be away for longer periods. In-home respite care is available for an hourly fee through private agencies listed in the phone directory under “Home Health Services” or “Nurses.” For more information about respite services, call CICOA’s Aging & Disability Resource Center at 317-803-6131 or 800-432-2422. Additionally, search for providers online via INconnect Alliance: [www.in.gov/fssa/inconnectalliance](http://www.in.gov/fssa/inconnectalliance)

**Service Animals**

Alert Service Dogs
317-753-6440, [www.alertservicedogs.com](http://www.alertservicedogs.com)

Canine Companions for Independence
800-572-2275, [www.cci.org](http://www.cci.org)

Indiana Canine Assistant Network (ICAN)
5610 Crawfordsville Rd., Ste. 2101, Indianapolis, IN 46224
317-672-3860, [www.icandog.org](http://www.icandog.org)

Leader Dogs for the Blind
888-777-5332, [www.leaderdog.org](http://www.leaderdog.org)
Wellness Programs

Senior centers and health clinics frequently offer health screening and education services. In addition, some hospitals and organizations have special membership programs for older adults which focus on wellness. Programs, activities and membership benefits vary by site. For additional information on health promotion programs, contact:

**Boner Fitness and Learning Center**
727 N. Oriental St., Indianapolis, IN 46202
317-423-2000, [jhbcc.org/bonerfitnessandlearningcenter](http://jhbcc.org/bonerfitnessandlearningcenter)

**Community Health Network—Touchpoint**
800-777-7775, [www.ecommunity.com/touchpoint](http://www.ecommunity.com/touchpoint)

**Franciscan Health Senior Promise**
8111 S. Emerson Ave., Indianapolis, IN 46237
317-528-8277, [www.franciscanhealth.org/seniorpromiseindy](http://www.franciscanhealth.org/seniorpromiseindy)

**Hamilton County Health Department**
18030 Foundation Dr., Ste. A, Noblesville, IN 46060
317-776-8500, [www.hamiltoncounty.in.gov](http://www.hamiltoncounty.in.gov)

**Hancock County Health Department**
111 American Legion Pl., Ste. 150, Greenfield, IN 46140
317-477-1125, [www.hancockcoingov.org](http://www.hancockcoingov.org)

**Hancock Regional Hospital**
801 N. State St., Greenfield, IN 46140
317-462-5544, [www.hancockregionalhospital.org/wellness-education](http://www.hancockregionalhospital.org/wellness-education)

**Hendricks County Health Department**
355 S. Washington St., Danville, IN 46122
317-745-9372, [www.co.hendricks.in.us](http://www.co.hendricks.in.us)
Hendricks Regional Health
1000 E. Main St., Danville, IN 46122
317-745-4451, www.hendricks.org

Heritage Place of Indianapolis
4550 N. Illinois St., Indianapolis, IN 46208
317-283-6662, www.heritageplaceindy.org

Indianapolis Oasis
317-396-3751, www.oasisnet.org/Indianapolis-IN

JCC Indianapolis
6701 Hoover Rd., Indianapolis, IN 46260
317-251-9467, www.jccindy.org

Johnson County Health Department
460 N. Morton St., Ste. A, Franklin, IN 46131
317-346-4365, www.co.johnson.in.us/health

Marion County Public Health Department
3838 N. Rural St., Indianapolis, IN 46205
317-221-2000, marionhealth.org

Morgan County Health Department
180 S. Main St., Ste. 252, Martinsville, IN 46151
765-342-6621, www.morgancountyhealth.com

PrimeLife Enrichment Inc.
1078 3rd Ave. SW, Carmel, IN 46032
317-815-7000, www.primelifeenrichment.org

Riverview Health Wellness
395 Westfield Rd., Noblesville, IN 46060

SilverSneakers Fitness Program
866-584-7389, www.silversneakers.com

St. Vincent Center for Healthy Aging
8424 Naab Rd., Ste. 1L, Indianapolis, IN 46260
317-338-7780, www.stvincent.org
Income Support

In This Section:
Programs that help to meet the economic needs of the community by helping residents prepare for, find and sustain gainful employment; providing public assistance and support for those who are eligible; ensuring that retirees, older adults, people with disabilities and other eligible individuals receive the benefits to which they are entitled; and offering temporary financial assistance for people who are experiencing an unexpected financial crisis in situations where support related to their specific circumstances is unavailable.
Employment

Employment programs offer job counseling, training and placement for workers. They also serve as a contact point for employers seeking to hire older workers or individuals with disabilities seeking to enter the workplace.

**Bosma Enterprises**
6270 Corporate Dr., Indianapolis, IN 46278
317-684-0600, [www.bosma.org](http://www.bosma.org)

**Goodwill of Central & Southern Indiana**
Senior Community Service Employment Program
1635 W. Michigan St., Indianapolis, IN 46222
317-524-4313, [www.goodwillindy.org](http://www.goodwillindy.org)

**National Able Network Indiana Headquarters**
3737 N. Meridian St., Ste. 404, Indianapolis, IN 46208
855-994-8300, 317-396-7800, [www.nationalable.org](http://www.nationalable.org)

**Vocational Rehabilitation Services Area 13 and 14**
Boone, Hamilton, Marion Counties
2620 Kessler Blvd. E. Dr., Ste. 105, Indianapolis, IN 46220
317-205-0100, [www.vrs.in.gov](http://www.vrs.in.gov)

**Vocational Rehabilitation Services Area 15 and 16**
Hendricks, Marion Counties
6640 Parkdale Pl., Ste. L, Indianapolis, IN 46254
317-270-1005, [www.vrs.in.gov](http://www.vrs.in.gov)

**Vocational Rehabilitation Services Area 23**
Hancock County
52 S. 2nd St., Richmond, IN 47374
765-966-0932, [www.vrs.in.gov](http://www.vrs.in.gov)

**Vocational Rehabilitation Services Area 22 and 24**
Johnson, Shelby Counties
1248 Washington St., Columbus, IN 47201
812-376-9935, [www.vrs.in.gov](http://www.vrs.in.gov)
Vocational Rehabilitation Services Area 21
Morgan County
1531 S. Curry Pike, Ste. 300, Bloomington, IN 47403
812-332-7331, www.vrs.in.gov

WorkOne Franklin—Johnson County
97 Umbarger Ln., Franklin, IN 46131

WorkOne Greenfield—Hancock County
836 S. State St., Greenfield, IN 46140

WorkOne Indianapolis—Marion County
4410 N. Shadeland Ave., Indianapolis, IN 46226
317-798-0335, www.workoneindy.org

WorkOne Lebanon—Boone County
125 Lakeshore Dr., Lebanon, IN 46052
765-482-0160, www.workonecentral.org/boone.html

WorkOne Noblesville—Hamilton County
300 N. 17th St., Noblesville, IN 46060

WorkOne Plainfield—Hendricks, Morgan County
995 Andico Rd., Plainfield, IN 46168

WorkOne Shelbyville—Shelby County
2177 Intelliplex Dr., Rm. 112, Shelbyville, IN 46176
Public Assistance Programs

**Medicaid**

Medicaid is a joint federal and state program that helps low-income persons with medical expenses. It covers most medical costs including prescriptions, medical supplies and equipment, dental services, eye care and transportation. It is available to low-income persons age 65 and older and to low-income persons of any age with a disability. Find a local office for the Division of Family Resources online at: www.in.gov/fssa/dfr/2999.htm or call 1-800-403-0864.

**Supplemental Nutrition Assistance Program (SNAP)**

SNAP provides low-income households with electronic benefits that are used like a debit card to purchase food at stores authorized by the U.S. Department of Agriculture (USDA). The USDA administers SNAP at the federal level through its Food and Nutrition Service (FNS). State agencies administer the program at state and local levels, including determination of eligibility and allotments and distribution of benefits.

To find out if you are eligible for SNAP benefits or Medicaid:

1. Fill out an online application at www.in.gov/fssa/dfr/2999.htm and submit, or
2. Print and complete, then fax completed application to Division of Family Resources at 800-403-0864, or
3. Print and complete, then hand deliver to your local Division of Family Resources and they will fax it for you, or
4. Print and complete, then mail application to the FSSA Document Center at P.O. Box 1630, Marion, IN 46952 or
5. Contact CICOA Aging & In-Home Solutions ADRC at 317-803-6131 for assistance with the application process.

**Supplemental Security Income (SSI)**

The Supplemental Security Income (SSI) program pays benefits to disabled adults and children who have limited income and resources. SSI benefits are also payable to people 65 and older without disabilities who meet the financial criteria.
Social Security Administration
800-772-1213, TTY 800-325-0778, www.socialsecurity.gov

Retirement Benefits

Civil Service Retirement Benefits

This website is secure and password protected. The password is mailed to the retiree. If retirees do not receive the password, they may call the phone number to make further inquiry.

888-767-6738, www.opm.gov/retirement-services

Veteran Retirement Benefits

The Indiana Department of Veteran Affairs can assist veterans with a variety of services and address state level questions. Veterans may contact them at 1-800-400-4520, in.gov/dva

County Veteran Service Officers can assist veterans with state and federal level questions and concerns. Call your local officer for additional information.

Boone County, 765-483-4480
Hamilton County, 317-776-9610
Hancock County, 317-462-8767
Hendricks County, 317-745-9239
Johnson County, 317-346-4563
Marion County, 317-327-3145
Morgan County, 765-349-5505
Shelby County, 317-392-6480

Richard L. Roudebush VA Medical Center
1481 W. 10th St., Indianapolis, IN 46202
317-554-0000, www.indianapolis.va.gov
Senior Corps Volunteer Program

The following Senior Corps Volunteer Programs are federal programs of the Corporation for National and Community Services. Grants administered through Senior Corps provide funding for Senior Companion, Foster Grandparent, and RSVP Programs. Find more information online at www.nationalservice.gov/programs/senior-corps

Senior Companion Program

Pairs volunteers age 55 and older with adults in their community who have difficulty with the simple tasks of day-to-day living.

Catholic Charities Indianapolis
Senior Companion Program
1400 N. Meridian St., Indianapolis, IN 46202
317-236-1565

Foster Grandparent Program

Connect volunteers age 55 and older with children and young people with exceptional needs.

Community Action of Greater Indianapolis (CAGI)
Foster Grandparent Program
3266 N. Meridian St., Ste. 200, Indianapolis, IN 46208
317-524-6860
Interlocal Community Action Program, Inc.
Foster Grandparent Program
615 St., Rd. 38 W., New Castle, IN 47362
765-529-4403

RSVP Program

For volunteers 55 and older seeking service opportunities in their local communities.

Catholic Charities Indianapolis
RSVP Program
1400 N. Meridian St., Indianapolis, IN 46202
317-261-3378

Social Health Insurance

Medicare

Medicare is the federal health insurance program for individuals either age 65 and older receiving Social Security benefits or individuals under age 65 with a disability who have been receiving Social Security Disability benefits for at least 24 months. Individuals must meet residency requirements. Medicare is administered by the Centers for Medicare & Medicaid Services (CMS). For information about Social Security benefits or to apply for Medicare contact:

Social Security Administration
575 N. Pennsylvania St., Ste. 685, Indianapolis, IN 46204

For Medicare claims and questions contact:

Medicare
Medicare’s prescription drug coverage, Part D, can help reduce your prescription drug costs. You can join a Medicare prescription drug plan annually between October 15 and December 7.

Compare plan options by calling the State Health Insurance Assistance Program 800-452-4800 (in-state only), by calling Medicare at 800-633-4227 (TTY 855-474-0049) or by visiting www.medicare.gov.

Low-Income Assistance Programs

Medicare Savings Program (MSP) is a program provided through Indiana’s Medicaid program for Medicare beneficiaries with low incomes, limited resources and Part B. Individuals must meet income and resource guidelines to qualify. Depending on your income qualification, you can receive help paying for your Medicare Part B costs as follows:

- **Qualified Medicare Beneficiary (QMB)** covers monthly Part B premiums, annual Part B deductible, doctor’s bills and co-payments.
- **Specified Low-Income Medicare Beneficiary (SLMB)** covers only the Medicare Part B premium for qualified individuals.
- **Qualified Individual (QI)** covers only the Medicare Part B premium for qualified individuals.

**Low-Income Subsidy (LIS) or “Extra Help”** is a program provided through the Social Security Administration for Medicare beneficiaries with low incomes, limited resources, and Medicare Part D (Prescription Drug Plan). Individuals must meet income and resource guidelines to qualify. Qualified individuals can receive “extra help” or assistance paying for Part D monthly premiums, annual deductibles and/or co-pays.

For Medicare Savings Program (MSP) or Low Income Subsidy (LIS) eligibility assessments and application assistance contact SHIP.
State Health Insurance Assistance Program (SHIP)

The State Health Insurance Assistance Program, or SHIP, is a nationwide program that provides free and objective counseling and assistance to persons with questions or problems regarding Medicare and other related health insurances. SHIP is not affiliated with any insurance company or agency and does not sell insurance. Through phone counseling, face-to-face appointments or resource events, your local SHIP counselors will:

- Answer questions related to Medicare, Medigap Policies (supplemental insurance), Medicare Prescription Drug Plans, Medicare Advantage Plans, Long Term Care Insurance, help with prescription costs and low-income assistance.
- Provide evaluation and enrollment assistance for Medicare plan options
- Provide counsel and assistance on other local insurance options and public assistance programs
- Provide eligibility assessment and application assistance for Medicare Savings Program (MSP), Low Income Subsidy (LIS) or Medicaid

To find a SHIP site nearest you, contact:

State Health Insurance Assistance Program (State Office)
311 W. Washington St., Ste 200, Indianapolis, IN 46204
800-452-4800 (in-state only), [www.in.gov/idoi/2508.htm](http://www.in.gov/idoi/2508.htm)

Senior Medicare Patrol

SMPs nationwide are trained each year to help stop Medicare and Medicaid fraud. SMP’s primary goal is to teach Medicare beneficiaries how to protect their personal identity; detect errors on health care bills; and report deceptive health care practices including illegal marketing, providing unnecessary or inappropriate services, and charging for services never provided. SMP staff and volunteers speak to Medicare beneficiaries in their communities through group presentations, community events, phone calls to SMP help lines and one-on-one
counseling. SMP is a program of the Indiana Association of Area Agencies on Aging. Report suspected Medicare fraud or abuse to:

**CICOA Aging & In-Home Solutions’ SHIP line**
317-803-6131, 800-432-2422

**Indiana Association of Area Agencies on Aging (IAAAA)**
317-205-9201, 800-986-3505

**Veteran Health Insurance**

The Indiana Department of Veteran Affairs, County Veteran Service Officers and Veterans Administration can assist veterans with a variety of state level questions.

**Department of Veteran Affairs**
800-400-4520, [www.in.gov/dva](http://www.in.gov/dva).

**Veterans Administration**
Benefits Information and Assistance
877-222-8387, 800-827-1000, [www.va.gov](http://www.va.gov)
Individual & Family Life

In This Section:
Programs that promote the personal, social and spiritual development of people in the community by offering services that replace or supplement the care and support that is generally available through the family unit; providing for the humane care, protection and control of the pets and other domestic animals; and offering social, religious/spiritual and leisure-time activities that are personally satisfying and lead to optimal social functioning.
Adult Day Service Providers

Adult day service centers are designed to offer stimulating activities and care for those who should not be left alone during the day. Adult day service also provides needed respite for the primary caregiver. A hot meal is usually provided and transportation may be available. Costs vary from set fees to full subsidies for low-income individuals. Call for specific details.

A Caring Place (Catholic Charities Indianapolis)
4609 N. Capitol Ave., Indianapolis, IN 46208
317-466-0015
www.archindy.org/cc/indianapolis/programs-seniors.html

Active Day of Indianapolis Northwest
6620 Parkdale Pk., Ste. R, Indianapolis, IN 46254
317-297-3730, www.activeday.com

Active Day of Indianapolis South
5915 S. Emerson Ave., Indianapolis, IN 46237
317-783-2155, www.activeday.com

Ashford Place Health Campus
Adult Day Services
2200 N. Riley Hwy., Shelbyville, IN 46176

Charlene’s Angels
5800 W. Smith Valley Rd., Greenwood, IN 46142
317-431-1484, www.charsangels.com

Easter Seals Crossroads
4740 Kingsway Dr., Indianapolis, IN 46205
317-466-1000, www.eastersealscrossroads.org

Easter Seals Crossroads
3215 E. Thompson Rd., Indianapolis, IN 46227
317-396-2699, www.eastersealscrossroads.org

Forever Young Hoosiers Adult Day Program
12412 Old Meridian St., Carmel, IN 46032
888-419-6444 ext. 1, www.foreveryounghoosiers.net
Forever Young Hoosiers Adult Day Program
6253 Coffman Rd., Indianapolis, IN 46254
888-419-6444 ext. 1, www.foreveryounghoosiers.net

Golden Gardens
2636 N. Mitthoeffer Rd., Indianapolis, IN 46229
317-897-8555, www.thegoldengardens.com

Homewood Health Campus
2494 N. Lebanon St., Lebanon, IN 46052
765-736-0589, www.trilogyhs.com

Independent Adult Day Care Centers- Northwest
8755 Guion Rd., Ste. A, Indianapolis, IN 46268
317-296-8810, www.independentadultday.com

Independent Adult Day Care Centers- South
2225 Shelby St., Indianapolis, IN 46203
317-296-8811, www.independentadultday.com

John Boner Adult Day Services
2236 E. 10th St., Indianapolis, IN 46201

Joy’s House Adult Day Services
2028 E. Broad Ripple Ave., Indianapolis, IN 46220

Joy’s House at UIndy
1615 E. Castle Ave., Indianapolis, IN 46227
317-737-2515, www.joyshouse.org

Just Friends
900 Lindsey St., Columbus, IN 47201

Meaningful Day Services
3725 Kentucky Ave., Ste. 3102, Indianapolis, IN 46221
Miller’s Merry Manor
259 W. Harrison St., Mooresville, IN 46158
317-831-6272, www.millersmerrymanor.com

Noble
7701 E. 21st St, Indianapolis, IN 46219

SarahCare of Indianapolis
2805 E. 96th St., Ste. E, Indianapolis, IN 46240
317-815-8300, www.sarahcare.com

Second Family Adult Day Center
8515 Cedar Pl. Dr., Ste. K1, Indianapolis, IN 46240
317-251-1225

Still Waters Adult Day Center CASTLETON
7160 Shadeland Station, Indianapolis, IN 46256
317-284-0837, stillwatersadc.org

Still Waters Adult Day Center EASTGATE
8100 E. 16th St., Indianapolis, IN 46219
317-820-3233, stillwatersadc.org

Aging-in-Place Organizations/Networks

Safe at Home

CICOA Aging & In-Home Solutions’ Safe at Home service offers home accessibility modifications to assist home owners and renters age 60 and older or of any age with a disability to make their homes safe and accessible for daily living. There are a number of funding opportunities that are available to assist with the cost of home accessibility modifications based on a client’s eligibility. For more information, contact CICOA’s Aging & Disability Resource Center at 317-803-6131.
Companionship

Friendly visitors are volunteers who offer companionship and encouragement a few hours each week to frail, isolated seniors in their homes or in health care facilities. Sometimes the volunteers are able to help with errands and practical assistance. Many churches also have visiting programs.

Friendly Visiting

Boone County Senior Services
Friendly Visitor Program
515 Crown Pointe Dr., Lebanon, IN 46052
765-482-5220, www.booneseniors.org

Catholic Charities Indianapolis
Senior Companion Program
1400 N. Meridian St., Indianapolis, IN 46202
317-236-1565, www.archindy.org/cc/indianapolis

Hancock County Senior Services
Telephone Reassurance/Homebound Visits Program
1870 Fields Blvd., Greenfield, IN 46140

Heritage Place of Indianapolis
4550 N. Illinois St., Indianapolis, IN 46208
317-283-6662, www.heritageplaceindy.org

Shelby Senior Services, Inc.,
Family Caregiver Support Program
1504 S. Harrison St., Shelbyville, IN 46176

Shepherd’s Center of Hamilton County
Community Caring Program
347 S. 8th St., Noblesville, IN 46060
317-674-8777, www.shepherdscenterofhamiltoncounty.org
Home Repair and Maintenance

The USDA Rural Development Office has a Very Low-Income Housing Repair program that provides loans and grants to homeowners age 62 and older to repair, improve or modernize their dwellings (including accessibility) or to remove health and safety hazards. For more details visit www.rd.usda.gov or contact one of the following agencies:

**USDA Rural Development, Crawfordsville Office**
Boone and Hendricks Counties
2032 Lebanon Rd., Crawfordsville, IN 47933
765-362-0405, ext. 4. www.rd.usda.gov/in

**USDA Rural Development, Muncie Office**
Hamilton and Hancock Counties
3641 N. Briarwood Ln., Muncie, IN 46730
765-747-5531, ext. 4, www.rd.usda.gov/in

**USDA Rural Development, North Vernon Office**
Johnson, Morgan and Shelby Counties
2600 Hwy. 7 N., North Vernon, IN 47265
812-346-3411, ext. 4, www.rd.usda.gov/in

**Community Development Corporations (CDC)**

A number of public and private agencies throughout Marion County provide assistance to Indianapolis residents. Community Development Corporations (CDC’s) are non-profit organizations engaged in affordable housing development. Persons needing assistance with home repair or wanting to purchase or rent an affordable home should contact one of the following geographically bound organizations.

**Crooked Creek CDC**
6002 N. Michigan Rd., Indianapolis, IN 46268

**Englewood CDC**
57 N. Rural St., Indianapolis, IN 46201
Indianapolis Housing Agency
Insight Development
1935 N. Meridian St., Indianapolis, IN 46202
317-261-7200, www.indyhousing.org/about/insight-development-corp

Indianapolis Neighborhood Housing Partnership
3550 Washington Blvd., Indianapolis, IN 46205
317-610-4663, www.inhp.org

John H. Boner Neighborhood Centers
2236 E. 10th St., Indianapolis, IN 46201

King Park Area Development Corporation
1704 Bellefontaine St., IN 46202
317-924-8116, www.kingpark.org

Mapleton-Fall Creek Development Corporation
3190 N. Meridian St., IN 46208
317-923-5514, www.mfcdc.org

Martindale Brightwood Community Development Corporation
2855 N. Keystone Ave., Ste. 130, Indianapolis, IN 46218
317-924-8042, www.mbcdc.org

Near North Development Corporation
1630 N. Meridian St., Ste. 1110, Indianapolis, IN 46202
317-927-9881, www.nearnorthdevelopment.org

Partners in Housing Development Corporation
725 N. Pennsylvania St., Indianapolis, IN 46204
317-633-1861, www.partnersinhousingindy.org

Riley Area Development Corporation
875 Massachusetts Ave., Ste. 101, Indianapolis, IN 46204

Southeast Neighborhood Development (SEND).
1035 Sanders St., Ste. 118, Indianapolis, IN 46203
317-634-5079, www.sendcdc.org
NeighborLink Indianapolis

NeighborLink Indy may be able to help low-income seniors with free home repair. Call or go online for assistance.

Brownsburg Older Adults Alliance
Helping Hands Network
317-749-7540, www.bburgoaa.org

Habitat for Humanity

With the support of donors and community volunteers Habitat for Humanity helps Habitat homeowners build affordable homes. For more information and to learn how you may apply contact:

Habitat for Humanity
800-422-4828, www.habitat.org/housing-help/apply

Interpretation/Translation

Neighborhood multipurpose centers may have interpretation services and some are geared towards serving specific cultural groups in the community. For those with limited access to such neighborhood centers, the following organizations assist older adults and may provide interpreter services.
Language Interpretation

Deaf Community Services
Easter Seals Crossroads
4740 Kingsway Dr., Indianapolis, IN 46205
317-479-3240 (V), 317-493-0107 (VP)

Language Line Solutions
1 Lower Ragsdale Drive, Bldg 2, Monterey, CA 93940
800-752-6096, www.languageline.com

Luna Language Services
8935 N. Meridian St., Ste, 250, Indianapolis, IN 46260
317-341-4137, www.luna360.com

Telecommunication Relay Service

Telecommunications Relay Service, also known as TRS, Relay Service, or IP-Relay, or Web-based relay service, is an operator service that allows people who are deaf, hard-of-hearing, speech-disabled, or deaf/blind to place calls to standard telephone users via a keyboard or assistive device. Indiana residents with hearing or speech impairments can access this service by dialing the three-digit number, 7-1-1.

Pet Companionship

Many Humane Society locations and animal shelters match pets with older adults. Some offer special adoption programs or lower fees throughout the year to reduce cost for adoption. Fees charged help reimburse the shelters for the cost of spaying or neutering, vaccinations and other adoption charges.

Greenfield/Hancock County Animal Management
809 S. State St., Greenfield, IN 46140

Hendricks County Animal Control/Shelter
250 E. Campus Blvd., Danville, IN 46122
317-745-9250
Hendricks County Humane Society
3033 E. Main St., Danville, IN 46122
317-745-3338, www.hendrickscountyhumanesociety.org

Humane Society for Boone County
877-473-6722, www.hsforbc.org

Humane Society for Hamilton County
1721 Pleasant St., Ste. B, Noblesville, IN 46060
317-773-4974, www.hamiltonhumane.com

Humane Society of Indianapolis
7929 N. Michigan Rd., Indianapolis, IN 46268
317-872-5650, www.indyhumane.org

Humane Society of Johnson County
3827 N. Graham Rd., Franklin, IN 46131

Indianapolis Animal Care Services
2600 S. Harding St., Indianapolis, IN 46221

Johnson County Animal Control
2160 N. Graham Rd., Franklin, IN 46131
317-736-3924, www.johnsoncountyanimalsHELTER.com/home

Morgan County Humane Society
690 W. Mitchell Ave., Martinsville, IN 46151

Shelby County Animal Shelter
705 Hale Rd., Shelbyville IN 46176
317-392-5127
www.cityofshelbyvillein.com/departments/animal-shelter/animalsHELTER
Protective Services

Adult Abuse Reporting

Indiana law requires reporting of suspected abuse, self-neglect or exploitation of dependent adults. Call the 24-hour, toll-free Adult Abuse Hotline or your local Adult Protective Services office to make a report. Reports can be made anonymously. Emergency situations should be reported directly to the police and medical help summoned, if necessary.

Adult Protective Services (State Hotline), 800-992-6978

Adult Protective Services

Adult Protective Services investigates abuse and financial exploitation of the elderly and/or the mentally or physically disabled.

Boone County, 317-327-1403
Hamilton County, 317-327-1403
Hancock County, 317-392-6495
Hendricks County, 317-327-1403
Johnson County, 317-392-6495
Marion County, 317-327-1403
Morgan County, 812-349-2665
Shelby County, 317-392-6495

Support Groups and Support Lines

Support groups may meet regularly and provide support services for a variety of issues and illnesses. This list includes a small sample of support groups requested by aging adults, individuals with disabilities, and their families. Support lines may be available any time daily. Support options specific to grief or bereavement are located in the Mental Health portion of this guide. For information about additional support options, call CICOA’s Aging & Disability Resource Center at 317-803-6131 or 800-432-2422 or contact Connect2Help 2-1-1 or visit www.connect2help211.org for support group locations.
Alcoholism and Substance Abuse

Alcoholics Anonymous

ALS Support Groups

ALS Association of Indiana
317-915-9888, www.alsaindiana.org

Alzheimer's Support Groups

Alzheimer's Association of Greater Indiana
800-272-3900, www.alz.org/indiana

Hendricks County Senior Services
1201 Sycamore Ln., Danville, IN 46122

Arthritis Support Groups

Arthritis Foundation
844-571-4357, www.arthritis.org/indiana

Autism Support Group

Easter Seals Crossroads
4740 Kingsway Dr., Indianapolis, IN 46205
317-466-1000, www.eastersealscrossroads.org

Brain Injury Support Groups

Brain Injury Association

Community Rehabilitation Hospital
7343 Clearvista Dr., Indianapolis, IN 46256
317-585-5428
Rehabilitation Hospital of Indiana Neurorehabilitation Center
Bridging the Gap Program
317-329-2455

Cancer Support Groups

American Cancer Society

Boone County Cancer Society
117 W. Elm St., Lebanon, IN 46052
765-482-2043, www.boonecountycancersociety.org

Cancercare
800-813-4673, www.cancercare.org

Cancer Support Community Central Indiana

Community Health Network Cancer Care
1440 E. Co. Ln. Rd., Ste. 1700, Indianapolis, IN 46227
317-497-2859, www.ecommunity.com

Hancock Regional Hospital Cancer Center
801 N. State St., Greenfield, IN 46140
317-325-2643
www.hancockregionalhospital.org/healthcare-services/cancer-care

Indiana University Health Morgan Cancer Services
2209 John R. Wooden Dr., Martinsville, IN 46151
765-349-6533

Indiana University Health Cancer Center
Cancer Support Group and Caregiver Support Group
1030 W. Michigan St., Rm. C1305, Indianapolis, IN 46202
317-944-0301

Leukemia and Lymphoma Society

Little Red Door Cancer Agency
317-925-5595, www.littlereddoor.org
Major Hospital
2455 Intelliplex Dr., Shelbyville, IN 46176
317-421-1869, www.mymhp.org/learning-support/support-groups

St. Vincent Health
Cancer Care Careline
317-338-3900, www.stvincent.org

Witham Health Services
2505 N. Lebanon St., Lebanon, IN 46052

Caregiver Support Groups

Catholic Charities Indianapolis
1400 N. Meridian Street, Indianapolis, IN 46202
317-261-3378

Franciscan Health-Baxter YMCA
7900 Shelby St., Indianapolis, IN 46227
317-528-2636

Crohn’s and Colitis Support Groups

Crohn’s and Colitis Foundation
317-259-8071, www.crohnscolitisfoundation.org

Diabetes Support Groups

Hendricks County Senior Services
Hendricks Regional Health Support Group-
1201 Sycamore Ln., Danville, IN 46122
317-745-3769, 317-745-4303

Indiana University Health Physicians Diabetes Centers
1801 N. Capital Ave., Indianapolis, IN 46202
317-962-3451

Major Health Partners-Major Hospital
2451 Intelliplex Dr., Shelbyville, IN 46176
317-421-5634, www.mymhp.org
Riverview Health
395 Westfield Rd., Noblesville, IN 46060
317-776-7233

Witham Health Services
2605 N. Lebanon St., Lebanon, IN 46052
765-485-8255

Lung Health Support Groups

American Lung Association
Better Breathers Club and Pulmonary Support Groups

Multiple Sclerosis Support Groups

National Multiple Sclerosis Society
800-344-4867, www.nationalmssociety.org/Chapters/INI

Osteoporosis Support Groups

National Osteoporosis Foundation
800-231-4222, www.nof.org

Parkinson’s Support Groups

Hendricks County Senior Services
1201 Sycamore Ln., Danville, IN 46122

Parkinson Awareness Association of Central Indiana, Inc.
P.O. Box 19575, Indianapolis, IN 46219

Pet Grief Support Groups

Indiana Pet Loss Resources
Stroke Support Groups

Community Rehabilitation Hospital
7343 Clearvista Dr., Indianapolis, IN 46256
317-585-5428

Rehabilitation Hospital of Indiana (RHI)
4141 Shore Dr., Indianapolis, IN 46254
317-329-2251

Vision Support Groups

Hendricks County Senior Services
1201 Sycamore Ln., Danville, IN 46122

Support Lines

Caregiver of Veterans Support Line
Caregiver Support Line

Key Consumer Organization-Mental Health Advocacy
317-205-2500; www.keyconsumer.org

LGBT National Help Center Senior Hotline
888-234-7243; www.lgbthotline.org

LGBT National Help Center Youth Talkline
800-246-7743; www.lgbthotline.org

LGBT National Help Center Hotline
888-843-4564; www.lgbthotline.org

Trevor Project Lifeline
866-488-7386; www.thetrevorproject.org

Vet Center
877-927-8387; www.vetcenter.va.gov

National Suicide Prevention Lifeline
800-273-8255
Volunteer Development

The organizations listed below offer volunteer opportunities in both business and community service for individuals and groups.

American Red Cross of Indiana
317-684-1441,  [www.redcross.org/local/indiana.html](http://www.redcross.org/local/indiana.html)

Boone County Senior Services
515 Crown Pointe Dr., Lebanon, IN 46052
765-482-5220,  [www.booneseniors.org](http://www.booneseniors.org)

Bosma Enterprises

Boys and Girls Club of Indianapolis
317-920-4700,  [http://bgcindy.org/volunteer](http://bgcindy.org/volunteer)

Catholic Charities Retired and Senior Volunteer Program (RSVP)
1400 N. Meridian St., Indianapolis, IN 46202

CICOA Aging & In-Home Solutions
317-803-6003,  [www.cicoa.org/volunteer](http://www.cicoa.org/volunteer)

Franciscan Health
317-528-5194,  [www.franciscanhealth.org](http://www.franciscanhealth.org)

Habitat for Humanity of Greater Indianapolis
317-921-2121,  [www.indyhabitat.org/volunteer](http://www.indyhabitat.org/volunteer)

Habitat for Humanity of Boone County
317-443-7549,  [www.habitatboonecounty.org](http://www.habitatboonecounty.org)

Habitat for Humanity of Hamilton County
317-896-9423,  [www.habitathamiltoncounty.org](http://www.habitathamiltoncounty.org)

Habitat for Humanity of Johnson County
317-530-9222,  [www.habitatjohnsoncounty.org](http://www.habitatjohnsoncounty.org)
Habitat for Humanity of Morgan County
765-349-9003, www.morgancountyhabitat.org

Habitat for Humanity of Shelby County
317-512-0053

Hancock Senior Services
1870 Fields Blvd., Greenfield, IN 46140

Hendricks County Senior Services
1201 Sycamore Ln., Danville, IN 46122

Heritage Place of Indianapolis
4550 N. Illinois St., Indianapolis, IN 46208
317-283-6662, www.heritageplaceindy.org

Indianapolis Oasis

Indy Reads
40 E. St. Clair St., Indianapolis, IN 46204

Johnson County Senior Services
731 S. State St., Franklin, 46131

Johnson Memorial Health

Meals on Wheels of Central Indiana
317-252-5558, www.mealsonwheelsindy.org

Morgan County Connect
1369 N. Blue Bluff Rd., Martinsville, IN 46151
765-342-3007, www.morganconnect.org

NeighborLink Indianapolis
PrimeLife Enrichment Inc.
1078 3rd Ave. SW, Carmel, IN 46032
317-815-7000, www.primelifeenrichment.org

Shelby County United Fund

Shelby Senior Services, Inc.
1504 S. Harrison St., Shelbyville, IN 46176
317-398-0127, www.shelbyseniorservices.org

The Caring Center
1230 Ransdell Rd., Lebanon, IN 46052

United Way of Central Indiana
317-921-1271, uwci.galaxydigital.com

United Way of Johnson County

Witham Health Services
765-485-8175
Legal Services

In This Section:
Programs that promote and preserve the conditions that enable community residents to live in a safe and peaceful environment through the enforcement of laws that protect life and property and the administration of justice according to the principles of law and equity. Included are crime prevention programs as well as programs that investigate and make arrests for criminal behavior; provide support for witnesses to and victims of crimes; and provide for the arraignment, prosecution and defense, judgment, sentencing, confinement and eventual release and resettlement of offenders.
Adult Guardianship Assistance

Guardianship is a legal process that assists incapacitated persons by assigning the responsibility of their affairs and decision making to others. “Old age” alone will not justify guardianship. “Incapacitated” persons are those who are unable to manage their own property and/or self-care. The assistance of an attorney is required. Persons seeking to assume guardianship must do so through the courts. For additional information contact:

Center for At-Risk Elders (CARE)  
317-955-2790 www.indianacare.org

Families First  
2240 N. Meridian St., Indianapolis, IN 46208  
317-634-6341, www.familiesfirstindiana.org

For guardianship issues specifically related to disability or special education:

Senior Law Project  
Indiana Legal Services, Inc.  
151 N. Delaware St., Ste. 1800, Indianapolis, IN 46204  

Legal Assistance

The Senior Law Project through Indiana Legal Services, Inc. is funded in part by CICOA to assist low-income seniors with legal services at no charge and to provide referrals to attorneys who specialize in senior law. They may be able to help contest or terminate a guardianship. Senior Law Project also provides helpful booklets regarding senior law issues, life planning (living wills, power of attorney, guardianship, etc.), and speakers for educational programs.

Senior Law Project  
151 N. Delaware St., Ste. 1800, Indianapolis, IN 46204  

Intake: Mon-Fri, 8:30 a.m. - 5:00 p.m.
These organizations may be able to provide legal representation for low-income clients of any age:

**Disability Legal Services of Indiana**
5954 N. College Ave., Indianapolis, IN 46220
317-426-7733, [www.disabilitylegalservicesindiana.org](http://www.disabilitylegalservicesindiana.org)

**Indianapolis Bar Association**
135 N. Pennsylvania St., Ste. 1500, Indianapolis, IN 46204
317-269-2000, [www.indybar.org](http://www.indybar.org)

- **Lawyer Referral Service**
  317-269-2222, Mon-Fri, 8:30 a.m. - 4:30 p.m.
- **Legal Line**
  317-269-2000, 2nd Tuesday, 6:00 p.m. - 8:00 p.m.

**Indianapolis Legal Aid Society**
615 N. Alabama St., Ste. 122, Indianapolis, IN 46204
317-635-9538, [www.indylas.org](http://www.indylas.org)

**Indiana Legal Services – Bloomington**
214 S. College Ave., 2nd Floor, Bloomington, IN 47404
812-339-7668, [www.indianalegalservices.org](http://www.indianalegalservices.org)

**Indiana Legal Services – Indianapolis**
151 N. Delaware St., Ste. 1800, Indianapolis, IN 46204
317-631-9410, 844-243-8570, [www.indianalegalservices.org](http://www.indianalegalservices.org)

**Indiana State Bar Association**
One Indiana Square, Ste. 530, Indianapolis, IN 46204
317-639-5465, 800-266-2581 [www.inbar.org](http://www.inbar.org)

The National Academy of Elder Law Attorneys, Inc. maintains a searchable attorney database accessible to all.

**National Academy of Elder Law Attorneys, Inc**
703-942-5711, [www.naela.org](http://www.naela.org)

Additional resources and publications about elder laws can be found online at [www.elderlawanswers.com](http://www.elderlawanswers.com).
Long-Term Care Ombudsman Programs

The following agencies investigate nursing home complaints about conditions at facilities, compliance with state regulations, abusive treatment, and inadequate care of residents. In addition to investigating complaints about nursing homes, the ombudsman also assists residents who have problems with Medicare, Medicaid or those who want to contest a guardianship.

**Indiana Attorney General**  
Patient Abuse and Neglect Program  
302 W. Washington St., 5th Floor, Indianapolis, IN 46204  
800-382-1039, [www.in.gov/attorneygeneral](http://www.in.gov/attorneygeneral)

**Indiana Legal Services**  
Long Term Care Ombudsman  
151 N. Delaware St., Ste. 1800, Indianapolis, IN 46204  
317-631-9410 ext. 2255, 844-243-8570, [www.indianalegalservices.org](http://www.indianalegalservices.org)

**Indiana Long-Term Care Statewide Ombudsman**  
Division of Aging, Indiana Family and Social Services Administration  
402 W. Washington St., W451, Indianapolis, IN 46204  
800-622-4484, ext. 1

**Indiana State Department of Health**  
Division of Long Term Care  
2 N. Meridian St., Ste. 4B, Indianapolis, IN 46204  
317-233-7442, [www.state.in.us/isdh](http://www.state.in.us/isdh)
Mental Health & Substance Abuse

In This Section:
Programs that provide preventive, diagnostic and treatment services in a variety of community and hospital-based settings to help people achieve, maintain and enhance a state of emotional well-being, personal empowerment and the skills to cope with everyday demands without excessive stress or reliance on alcohol or other drugs. Treatment may include emotional support, introspection and problem-solving assistance using a variety of modalities and approaches, and medication, as needed, for individuals who have a physical and/or psychological dependency on one or a combination of addictive substances or for people who range from experiencing difficult life transitions or problems in coping with daily living to those with severe, chronic mental illnesses that seriously impact their lives.
Bereavement Counseling

These organizations or agencies offer group education, counseling or support for persons who have experienced the death of a loved one. Services are usually provided at no cost. Hospitals and hospice providers may also offer grief or bereavement counseling or support groups.

AseraCare
252 W. Main St., Carmel, IN 46032
317-337-0439, www.aseracare.com

Brooke’s Place for Grieving Young People
8935 N. Meridian St., Ste. 200, Indianapolis, IN 46260
317-705-9650, brookesplace.org

Center for Psychological Development
23 S. 8th St., Ste. 900, Noblesville, IN 46060

Community Home Health Services
InTouch Bereavement
9894 E. 121st St., Fishers, IN 46037

Connection Pointe Christian Church
Grief Share
1800 N. Green St., Brownsburg, IN 46112
317-852-2221

Dusk-to-Dawn Bereavement
394 N. Mt. Zion Rd., Lebanon, IN 47933

Mental Health Associations

Division of Mental Health and Addiction
Indiana Family & Social Services Administration (FSSA)
Community Mental Health Agencies and Outpatient Care

Community mental health centers provide a wide range of services, including inpatient treatment, day treatment, and outpatient counseling for older adults and their families. There are many different types of counseling. For help finding counseling that best suits your needs, contact any of the following agencies:

**Adult and Child Mental Health Center**

**Aspire Indiana**

**Behavioral Health at Raphael Health Center**
401 E. 34th St., Indianapolis, IN 46205
317-926-1507, [raphaelhc.org/behavioral-care](http://raphaelhc.org/behavioral-care)

**Centerstone**
Intake Line: 800-344-8802, [www.centerstone.org](http://www.centerstone.org)

**Community Health Network Behavioral Health**
Crisis Line: 317-621-5700, 800-662-3445
Intake Line: 317-621-5719, 866-621-5719
[www.ecommunity.com/services/mental-behavioral-health](http://www.ecommunity.com/services/mental-behavioral-health)

**Cummins Behavioral Health Systems, Inc.**
Emergency Line: 888-714-1927 ext. 1501
Central Access: 888-714-1927 ext. 1500
[www.cumminsbhs.org](http://www.cumminsbhs.org)
Inpatient Mental Health Facilities

Many inpatient mental health facilities and most hospitals offer treatment for adults of all ages. They are listed in the Yellow Pages under “Mental Health Services.” The facilities listed below have programs designed specifically to treat the elderly. Medicare or private insurance generally covers the fees.

Assurance Health
900 N. High School Rd., Indianapolis, IN 46214
Intake: 877-261-1177

Community Hospital North Behavioral Health
Intake: 317-621-5700, Crisis: 317-621-5700, 800-273-8255
www.ecommunity.com/services/mental-behavioral-health

IU Health Methodist Hospital
1701 N. Senate Blvd., Indianapolis, IN 46202
317-962-2000, iuhealth.org

NeuroPsychiatric Hospital of Indianapolis
6720 Parkdale Place, Indianapolis, IN 46254

Options Behavioral Health System
5602 Caito Dr., Indianapolis, IN 46226
866-903-8468, www.optionsbehavioralhealthsystem.com
Richard L. Roudebush VA Medical Center
1481 W. 10th St., Indianapolis, IN 46202

St. Vincent Stress Center
8401 Harcourt Rd., Indianapolis, IN 46260
317-338-4800, 800-872-2210, www.stvincent.org

Witham Health Services
Transitions Senior Behavioral Health Care Services
2605 N. Lebanon St., Lebanon, IN 46052

Substance Abuse Services

Alcoholism and Substance Abuse Treatment Programs

Alcoholics Anonymous
1915 W. 18th St., Ste. D, Indianapolis, IN 46202

Community Health Network Behavioral Health Services
317-621-5719, 866-621-5719
www.ecommunity.com/services/mental-behavioral-health

Cummins Behavioral Health Systems, Inc

Division of Mental Health and Addiction
Indiana Family & Social Services Administration

Emberwood Center
317-536-7100, www.emberwoodcenter.org

Fairbanks
8102 Clearvista Pkwy., Indianapolis, IN 46256
Families First  
317-634-6341, [www.familiesfirstindiana.org](http://www.familiesfirstindiana.org)

Hamilton Center, Inc.  
2160 N. Illinois St., Indianapolis, IN 46202  
317-937-3700, [www.hamiltoncenter.org](http://www.hamiltoncenter.org)

St. Vincent Stress Center  
8401 Harcourt Rd., Indianapolis, IN 46260  
317-338-4800, 800-872-2210, [www.stvincent.org](http://www.stvincent.org)

Serenity & Creative Counseling  
Franklin, IN: 317-738-0515  
Greenwood, IN: 317-883-4749  
[www.serenityandcreativecounseling.com](http://www.serenityandcreativecounseling.com)

Tara Treatment Center  
6231 S. U.S. Highway 31, Franklin, IN 46131  
800-397-9978, [taratreatmentcenter.org](http://taratreatmentcenter.org)

The Willow Treatment and Recovery Center  
515 N. Green St., Ste. 402, Brownsburg, IN 46112  
317-852-3690, [www.thewillowcenter.com](http://www.thewillowcenter.com)
Organizational/Community Services

In This Section:
Programs that provide any of a broad spectrum of services that benefit entire communities or which offer services that are statewide, regional, national or international in scope. Included are opportunities for individuals or groups to enjoy the artistic and cultural life of the community, participate in community improvement or service projects, engage in philanthropic endeavors, have a voice in the political process, obtain or offer assistance in times of disaster, have access to information services, and/or benefit from the availability of a variety of services for residents, community agencies, organizations, businesses and industries, and other individuals/groups.
Area Agencies on Aging

Indiana Area Agencies on Aging offer advocacy, planning, services and funding that make a difference in the lives of older adults. The frail older person who is able to remain at home if they receive the right services and those who are healthy can benefit from activities and socialization provided by community-based programs. Contact the Area Agency in your county for more information or call 800-986-3505.

Area 1—Northwest Indiana Community Action Corporation
Jasper, Lake, Newton, Porter, Pulaski, and Starke Counties
800-826-7871, www.nwi-ca.com

Area 2—REAL Services, Inc.
Elkhart, LaPorte, Kosciusko, Marshall and St. Joseph Counties
800-552-7928, www.realservices.org

Area 3—Aging & In-Home Services of Northeast Indiana, Inc.
Adams, Allen, DeKalb, Huntington, LaGrange, Noble, Steuben, Wells, and Whitley Counties
800-552-3662, www.agingihs.org

Area 4—Area IV Agency on Aging & Community Action Programs, Inc.
Benton, Carroll, Clinton, Fountain, Montgomery, Tippecanoe, Warren, and White Counties
800-382-7556, www.areaivagency.org

Area 5—Area Five Agency on Aging & Community Services, Inc.
Cass, Fulton, Howard, Miami, Tipton, and Wabash Counties
800-654-9421, areafive.com

Area 6—LifeStream Services
Blackford, Delaware, Grant, Henry, Jay, Madison, and Randolph Counties
800-589-1121, www.lifestreaminc.org

Area 7—Agency on Aging and Disabled/West Central Indiana Economic Development District, Inc. (WCIEDD)
Clay, Parke, Putnam, Sullivan, Vermillion, and Vigo Counties
800-489-1561, www.westcentralin.com
Area 8—CICOA Aging & In-Home Solutions
Boone, Hamilton, Hancock, Hendricks, Johnson, Marion, Morgan and Shelby Counties

Area 9—LifeStream Services
Fayette, Franklin, Rush, Union, and Wayne Counties
800-589-1121, www.lifestreaminc.org

Area 10—Agency on Aging
Monroe and Owen Counties
800-844-1010, www.area10agency.org

Area 11—Thrive Alliance
Bartholomew, Brown, Decatur, Jackson, and Jennings Counties

Area 12—LifeTime Resources, Inc.
Dearborn, Jefferson, Ohio, Ripley, and Switzerland Counties
800-742-5001, www.lifetime-resources.org

Area 13—Generations
Davies, Dubois, Greene, Knox, Martin, and Pike Counties
800-742-9002, www.generationsnetwork.org

Area 14—LifeSpan Resources, Inc.
Clark, Floyd, Harrison, and Scott Counties

Area 15—Hoosier Uplands Economic Development Corporation
Crawford, Lawrence, Orange and Washington Counties
800-333-2451, www.hoosieruplands.org

Area 16—SWIRCA & More
Gibson, Perry, Posey, Spencer, Vanderburgh and Warrick Counties
800-253-2188, www.swirca.org

Area Agencies on Aging personnel include care managers and options counselors who are trained professionals that connect individuals to resources and services that allow support living independently in a community setting. Services may include phone options counseling, referrals to community programs, and connections to state or federally
funded programs that provide in-home services such as meals, homemaker, home health aides, adult day services, transportation, respite care and attendant care.

**Long-Term Care Options Counseling**

Long-term care options counseling is available to individuals through the area agencies on aging. Options counseling can help individuals and their caregivers determine what supports and services are needed and available to someone wanting to remain in the community setting. Long-term options to support an individual at home may include community resource referrals, companionship services, home health, caregiver support and respite, and Medicare or Medicaid counseling.

**CICOA Aging & In-Home Solutions**  
Aging & Disability Resource Center (ADRC)  
8440 Woodfield Crossing Blvd, Ste. 175, Indianapolis, IN 46240  
317-803-6131, 800-432-2422, [www.cicoa.org](http://www.cicoa.org)

**Cell Phone Donations**

CICOA accepts donations of used cell phones for the Cell Phone Bank. The phones are refurbished by the Cell Phone Bank and provided to seniors and victims of abuse in our community who need a cell phone for 9-1-1 calls only.

Call CICOA at 317-254-5465 or 800-489-9550 to donate a phone or for further information about cell phone options.

**Community Centers**

Community centers or neighborhood multipurpose centers are gathering places offering group activities, social supports, public information, counseling, education, and other activities. They may be open for the whole community or for a specialized group within the greater community. Examples of community centers for specific
groups include Christian community centers, Islamic community centers, Jewish community centers, youth clubs, etc.

**Asian Help Services**  
609 E. 29th St., Indianapolis, IN 46205  
317-924-4827, [www.asianhelpservices-in.org](http://www.asianhelpservices-in.org)

**Brightwood Community Center**  
3130 E. 30th St., Indianapolis, IN 46218  
317-546-8200, [www.brightwoodcc.org](http://www.brightwoodcc.org)

**Christamore House Family and Community Center**  
502 N. Tremont Ave., Indianapolis, IN 46222  
317-635-7211, [christamorehouse.org](http://christamorehouse.org)

**Community Alliance of the Far Eastside (CAFÉ)**  
8902 E. 38th St., Indianapolis, IN 46226  
317-890-3288, [www.cafeindy.org](http://www.cafeindy.org)

**Concord Neighborhood Center**  
1310 S. Meridian St., Indianapolis, IN 46225  
317-637-4376, [www.concordindy.org](http://www.concordindy.org)

**Edna Martin Christian Center**  
2605 E. 25th St., Indianapolis, IN 46218  
317-637-3776, [ednamartincc.org](http://ednamartincc.org)

**Fay Biccard Glick Neighborhood Center**  
2990 W. 71st St., Indianapolis, IN 46268  
317-293-2600, [www.faybiccardglickcenter.org](http://www.faybiccardglickcenter.org)

**Flanner House of Indianapolis**  
2424 Dr. Martin Luther King Jr. St., Indianapolis, IN 46208  
317-925-4231, [www.flannerhouse.com](http://www.flannerhouse.com)

**Fletcher Place Community Center**  
1637 Prospect St., Indianapolis, IN 46203  
317-636-3466, [www.fletcherplacecc.org](http://www.fletcherplacecc.org)

**Goodwin Community Center**  
3935 Mooresville Rd., Indianapolis, IN 46221  
317-247-5201, [www.goodwincenter.org](http://www.goodwincenter.org)
Hawthorne Community Center
70 N. Mount St., Indianapolis, IN 46222

Heritage Place of Indianapolis Older Adult Services
4450 N. Illinois St., Indianapolis, IN 46208
317-283-6662, heritageplaceindy.org

Immigrant Welcome Center
901 Shelby St., Ste B300, Indianapolis, IN 46203
317-808-2326, www.immigrantwelcomecenter.org

JCC Indianapolis
6701 Hoover Rd., Indianapolis, IN 46260
317-251-9467, www.jccindy.org

Jewish Family Services at the Albert & Sara Reuben Senior and Community Resource Center
6705 Hoover Rd., Indianapolis, IN 46260
317-726-5450, www.jewishindianapolis.org/jfs

John H. Boner Neighborhood Centers
2236 E. 10th St., Indianapolis, IN 46201
317-633-8210, jhbcc.org

La Plaza
8902 E. 38th St., Indianapolis, IN 46226
317-890-3292, www.laplazaindy.org

Lynhurst Baptist Church Community Center
1250 S. Lynhurst Dr., Indianapolis, IN 46241

Mary Rigg Neighborhood Center
1920 W. Morris St., Indianapolis, IN 46221
317-639-6106, www.maryrigg.org

Shepherd Community Center
4107 E. Washington St., Indianapolis, IN 46201
Organizational / Community Services
Southeast Community Services
901 Shelby St., Indianapolis, IN 46203
317-236-7400, southeastindy.org

Connect2Help 2-1-1

The national abbreviated dialing code for free access to health and human services information and referral is 2-1-1. Connect2Help211’s mission is to facilitate connections between people who need human services and those who provide them. Through the easy-to-remember 2-1-1 dialing code, Connect2Help211 serves solely to promote self-sufficiency, change lives and, as a result, improve the quality of life in our communities. If dialing 2-1-1 fails, call 317-926-4357.

Donated Specialty Items

Durable Medical/Specialized Medical Equipment Donations

Medicare, Medicaid and private health insurance may help with obtaining equipment and supplies that are medically necessary. A physician’s statement is required. Suppliers of hospital equipment, supplies and other equipment (wheelchairs, walkers, bath aids, etc.) are frequently listed in the Yellow Pages under “Hospital Equipment and Supplies.”

Easter Seals Crossroads INDATA Equipment Exchange
4740 Kingsway Dr., Indianapolis, IN 46205
317-466-2013, 888-466-1314, www.eastersealstech.com

relayindiana.com/equipment
Library Services

Some libraries have programs that deliver reading and audio-visual materials to the homebound. Many public libraries have computers available to the public with Internet access. Classes and personal enrichment programs may be available, as well as volunteer opportunities.

The Indiana State Library has a variety of books on tape, tape players, DVDs and catalogs available at no charge to those who are legally blind.

Talking Book and Braille Library

Boone County Public Libraries

Hussey-Mayfield Memorial Public Library
250 N. 5th St., Zionsville, IN 46077
317-873-3149, www.zionsville.lib.in.us

Lebanon Public Library
104 E. Washington St., Lebanon, IN 46052
765-482-3460, www.leblib.org

Thorntown Public Library
124 N. Market St., Thorntown, IN 46071
765-436-7348, www.thorntownpl.org

Hamilton County Public Libraries

Carmel Clay Public Library
55 4th Ave., S.E., Carmel, IN 46032
317-814-3900, www.carmel.lib.in.us

Hamilton North Public Library—Atlanta
100 W. Walnut St., Atlanta, IN 46031
317-984-5623, www.hnpl.lib.in.us
Hamilton North Public Library—Cicero
209 W. Brinton St., Cicero, IN 46034
317-984-5623, www.hnpl.lib.in.us

Hamilton East Public Library—Fishers
Five Municipal Drive, Fishers, IN 46038
317-579-0300, www.hepl.lib.in.us

Hamilton East Public Library—Noblesville
One Library Plaza, Noblesville, IN 46060
317-773-1384, www.hepl.lib.in.us

Sheridan Public Library
103 W. 1st St., Sheridan, IN 46069
317-758-5201, www.sheridan.lib.in.us

Westfield-Washington Public Library
333 W. Hoover St., Westfield, IN 46074
317-896-9391, www.wwpl.lib.in.us

Hancock County Public Libraries

Fortville-Vernon Township Public Library
625 E. Broadway, Fortville, IN 46040
317-485-6402, www.fortville.lib.in.us

Hancock County Library—Central Location
900 W. McKenzie Rd., Greenfield, IN 46140
317-462-5141, hcplibrary.org

Hancock County Library—Sugar Creek Location
5731 W. U.S. 52, New Palestine, IN 46163
317-861-6618, hcplibrary.org

Hendricks County Public Libraries

Avon-Washington Township Public Library
498 N. Avon Rd., Avon, IN 46123
Brownsburg Public Library
450 S. Jefferson St., Brownsburg, IN 46112

Clayton-Liberty Township Public Library
5199 Iowa St., Clayton, IN 46118
317-539-2991, clayton.lib.in.us

Coatsville-Clay Township Public Library
4928 Milton St., Coatsville, IN 46121
765-386-2355, www.coatesvillectpl.lib.in.us

Danville Public Library
101 S. Indiana St., Danville, IN 46122
317-745-2604, www.dplindiana.org

Plainfield-Guilford Township Public Library
1120 Stafford Rd., Plainfield, IN 46168

Johnson County Public Libraries

Edinburgh Wright-Hageman Public Library
119 W. Main Cross St., Edinburgh, IN 46124
812-526-5487, edinburgh.avcnet.com

Greenwood Public Library
310 S. Meridian, Greenwood, IN 46143

Johnson County Public Library—Clark Pleasant Branch
530 Tracy Rd., New Whiteland, IN 46184

Johnson County Public Library—Franklin Branch
401 State St., Franklin, IN 46131
317-738-2833, www.pageafterpage.org

Johnson County Public Library—Trafalgar Branch
424 S. Tower St., Trafalgar, IN 46181
317-878-9560, www.pageafterpage.org
Johnson County Public Library—White River Branch
1664 Library Blvd., Greenwood, IN 46142
317-885-1330, www.pageafterpage.org

Marion County Public Libraries

Beech Grove Branch
1102 Main St., Beech Grove, IN 46107

Brightwood Branch
2435 N. Sherman Dr., Indianapolis, IN 46218

Central Library
40 E. St. Clair, Indianapolis, IN 46204

College Avenue Branch
4180 N. College Ave., Indianapolis, IN 46205

Decatur Township Branch
5301 Kentucky Ave., Indianapolis, IN 46221

Eagle Branch
3905 Moller Rd., Indianapolis, IN 46254

East 38th Street Branch
5420 E. 38th St., Indianapolis, IN 46218

East Washington Branch
2822 E. Washington St., Indianapolis, IN 46201

Fountain Square Branch
1066 Virginia Ave., Indianapolis, IN 46203
Franklin Road Branch
5550 S. Franklin Rd., Indianapolis, IN 46239
317-275-4380, www.indypl.org

Garfield Park Branch
2502 Shelby St., Indianapolis, IN 46203

Glendale Branch
6101 N. Keystone Ave., Indianapolis, IN 46220

Haughville Branch
2121 W. Michigan St., Indianapolis, IN 46222
317-275-4420, www.indypl.org

InfoZone Branch at the Children’s Museum
3000 N. Meridian St., Indianapolis, IN 46208

Irvington Branch
5625 E. Washington St., Indianapolis, IN 46219

Lawrence Township Branch
7898 N. Hague Rd., Indianapolis, IN 46256

Michigan Road Branch
6201 Michigan Rd., Indianapolis, IN 46268

Nora Branch
8625 N. Guilford Ave., Indianapolis, IN 46240

Pike Branch
6525 Zionsville Rd., Indianapolis, IN 46268
Southport Branch
2630 E. Stop 11 Rd., Indianapolis, IN 46227

Spades Park Branch
1801 Nowland Ave., Indianapolis, IN 46201

Warren Branch
9701 E. 21st St., Indianapolis, IN 46229

Wayne Township Branch
198 S. Girls School Rd., Indianapolis, IN 46231

West Indianapolis Branch
1216 S. Kappes St., Indianapolis, IN 46221

Morgan County Public Libraries

Brooklyn Branch
6 E. Mill St., Brooklyn, IN 46111
317-834-2003, morg.lib.in.us

Eminence Branch
11604 Walters Rd., Eminence, IN 46125
765-528-2117, morg.lib.in.us

Martinsville Main Branch
110 S. Jefferson St., Martinsville, IN 46151
765-342-3451, morg.lib.in.us

Monrovia Branch
145 S. Chestnut St., Monrovia, IN 46157
317-996-4307, morg.lib.in.us

Morgantown Branch
79 W. Washington St., Morgantown, IN 46160
812-597-0889, morg.lib.in.us
Senior Advocacy Groups

Senior advocacy organizations represent special interests and issues affecting older adults in state and national legislation. Some of these organizations offer publications, pamphlets, educational programs and open public forums related to specific issues. Some of them work with other advocates and organizations to educate businesses, government representatives and members of the community on the abilities and needs of seniors and people with disabilities.

AARP Indiana State Office
866-687-2277, www.aarp.org/states/in

Alzheimer’s Association of Greater Indiana
50 E. 91st St., Ste. 100, Indianapolis, IN 46240

Bosma Enterprises
6270 Corporate Dr., Indianapolis, IN 46278

Center for At-Risk Elders (CARE)
317-955-2790, www.indianacare.org

CICOA Aging & In-Home Solutions
317-254-5465, 800-489-9550, cicoa.org
County Councils on Aging

CICOA Aging & In-Home Solutions, the Area Agency on Aging for Central Indiana, has established local, independent Councils On Aging in each of the eight counties it serves to secure citizen participation in its mission. Each council is comprised of dedicated volunteers who help define the problems and needs of older Hoosiers in their county and identify solutions. Information about County Councils on Aging can be found at www.cicoa.org/about-us/county-councils-on-aging

Senior Centers

Senior centers offer a wide variety of activities and services. There may be membership fees for some, but several offer sliding scale rates. Many have daily hot lunch programs, classes, exercise and health programs, dances, games, specially priced trips and tours, and personal interest classes. Transportation may also be provided to and from some centers. Many centers are open every day but some are active only a few days per week. Be sure to call the site nearest you for details about programs and hours.

Boone County Senior Services, Inc.
515 CrownPointe Dr., Lebanon, IN 46052
Christamore House
Social Group for Seniors
2330 W. Michigan St., Indianapolis, IN 46222
317-635-7211, www.christamorehouse.org

Community Alliance of the Far Eastside (CAFE)
Senior Partner Place
8902 E. 38th St., Indianapolis, IN 46226
317-890-3288, www.cafeindy.org/senior-programs

Concord Neighborhood Center
1310 S. Meridian St., Indianapolis, IN 46225
317-637-4376, www.concordindy.org

Edna Martin Christian Center Senior Angels
2605 E. 25th St., Indianapolis, IN 46218
317-637-3776, www.ednamartincc.org/senior-activities

Elton Geshwiler Senior Center
602 Main St., Beech Grove, IN 46107
317-788-4987
www.beechgrove.com/elton-h-geshwiler-senior-center.html

Fay Biccard Glick Neighborhood Center
Recycled Teenagers
2290 W. 71st St., Indianapolis, IN 46268
317-293-2600, www.faybiccardglickcenter.org/seniorsandveterans

Flanner House of Indianapolis
2424 Dr. Martin Luther King, Jr. St., Indianapolis, IN 46208

Franklin Active Adult Center
160 E. Adams St., Franklin, IN 46131

George T. Goodwin Community Center Silver Eagles Club
3935 Mooresville Rd., Indianapolis, IN 46221
317-247-5201, www.goodwincenter.org
Greenfield Senior Center
280 Apple St., Greenfield, IN 46140

Hawthorne Senior Center at Retreat on Washington
2950 Kirkbridge Way, Indianapolis, IN 46222

Hendricks County Senior Services
1201 Sycamore Ln., Danville, IN 46122
317-745-4303, hcseniors.org/wp

Heritage Place of Indianapolis
4550 N. Illinois St., Indianapolis, IN 46208
317-283-6662, www.heritageplaceindy.org

Jewish Family Services at the Reuben Center
6705 Hoover Rd., Indianapolis, IN 46260
317-259-6822, www.jewishindianapolis.org/jfs

John H. Boner Neighborhood Centers
2236 E. 10th St., Indianapolis, IN 46201

Martinsville Area Senior Center
1369 N. Blue Bluff Rd., Martinsville, IN 46151
765-342-5525, sites.google.com/site/martinsvilleseniors

Mid-North Indianapolis Shepherd’s Center
3808 N. Meridian St., Indianapolis, IN 46208
317-924-0959, www.mnscenter.org

Nineveh Area Senior Citizens
3208 E. Rodeo Dr., Nineveh, IN 46164
812-526-0333

Noblesville Senior Citizens Organization
18336 Cumberland Rd., Noblesville, IN 46060
317-773-6904, www.seniorcitizensorg.org
PrimeLife Enrichment Inc.
1078 3rd Ave., S.W., Carmel, IN 46032
317-815-7000, www.primelifeenrichment.org

Salvation Army—Fountain Square
1337 S. Shelby St., Indianapolis, IN 46203
317-632-0156

Shelby Senior Services, Inc., Shelbyville
1504 S. Harrison St., Shelbyville, IN 46176
317-398-0127, www.shelbyseniorservices.org

Shelby Senior Services, Inc., Fairland
105 S. Walnut St., Fairland, IN 46126

Shelby Senior Services, Inc., Morristown
221 S. Washington St., Morristown, IN 46161
317-431-0507, www.shelbyseniorservices.org

Shelby Senior Services, Inc., Waldron
112 Grant St., Waldron, IN 46182
317-431-3284, www.shelbyseniorservices.org

Shepherd’s Center of Hamilton County
Together Today
347 S. 8th St., Noblesville, IN 46060
317-674-8777, shepherdscenterofhamiltoncounty.org

The Social of Greenwood
550 Polk St., Greenwood, IN 46143
317-882-4810, www.thesocialofgreenwood.org
State Offices

For a full listing of state offices, please visit the state of Indiana Web site at www.in.gov.

**Indiana Bureau of Motor Vehicles**, 888-692-6841

**Indiana Department of Natural Resources**, 317-232-4200

**Indiana Department of Revenue**, 317-232-2240

**Indiana General Assembly**, Legislative Information, 317-232-9856

**Indiana House of Representatives**, 317-232-9600

**Indiana Public Retirement System**, 844-464-6111

**Indiana State Department of Health**
Long-term Care Division, 317-233-7442

**Indiana State Department of Insurance**, 317-232-2385

**Indiana State Information Center**, 317-233-0800, 800-457-8283

**Indiana State Senate**, 317-232-9600

**Office of Governor**, 317-232-4567

**Office of Indiana Attorney General**, 317-232-6201

**Office of Lieutenant Governor**, 317-232-4545

**State Health Insurance Assistance Program (SHIP)**, 800-452-4800
Target Populations/Other Resources

In This Section:
Individuals who have specific disabilities, medical diagnoses, ethnic backgrounds, national origins, family relationships, income levels, religious affiliations, special problems or considerations, or other targeted characteristics.
Alzheimer’s Disease/Dementia

The following organizations offer information, evaluation, support and caregiver training for families and friends of Alzheimer’s patients. They also provide referrals to professionals who specialize in caring for and treating persons with Alzheimer’s disease.

Alzheimer's Association of Greater Indiana
50 E. 91st St., Ste. 100, Indianapolis, IN 46240

Indiana Alzheimer's Disease Center
355 W. 16th St., Ste. 4100, Indianapolis, IN 46202
317-274-7818

Dementia Friends Indiana

The Dementia Friends Indiana initiative—an outreach of Dementia Friendly America—seeks to educate communities across the state about dementia, break down the stigma surrounding dementia, and implement practical changes that make life easier to navigate for those with dementia and for their loved ones. Individuals wishing to become Dementia Friends can attend an in-person workshop or watch a series of videos online. Dementia Friends will learn how to recognize the signs of dementia and what simple actions can be taken to personally contribute to making the community dementia friendly. Additional information can be found online at www.dementiafriendsindiana.org.

Developmental Disabilities

The Bureau of Developmental Disabilities Services (BDDS) provides services for individuals with developmental disabilities that enable them to live as independently as possible in their communities. Vocational Rehabilitation programs are also available through the Division of Disability and Rehabilitative Services. BDDS assists individuals in receiving community supports and residential services using a person-centered plan to help determine which services are needed and who can best provide them. BDDS also monitors the quality of care and the facilities of those who are approved to provide these services in Indiana.
Parks Pass for Seniors

Individuals who are age 65 and older or individuals younger than age 65 who receive Social Security Disability benefits may purchase the Golden Hoosier Passport at a 50 percent discount. Show the passport for admission to any state park.

Indiana Department of Natural Resources
402 W. Washington St., Rm. W160A, Indianapolis, IN 46204
317-232-4200, www.in.gov/dnr

Publications for Seniors

Several local magazines and newspapers deal exclusively with senior issues. Some are distributed at no charge throughout the area while others require a subscription or membership fee.

Lifestyle Indy
www.lifestyleindy.com

Senior Citizen’s Guide to Indianapolis
www.seniorcitizensguide.com

Seniors Guide
www.seniorsguideonline.com

Senior Life Indianapolis
The Papers Incorporated
P.O. Box 188., Milford, IN 46542
866-580-1138, seniorlifenewspapers.com
Senior Discount Programs

There is no single discount card that is honored at all businesses. However, some do issue their own cards. Most businesses offer senior discounts upon request. Age requirements are as varied as the discounts. Be sure to ask about potential discounts at the businesses you frequently visit.

The following organization offers special discount services and business discounts to members.

**AARP Indiana State Office**  
One N. Capitol Ave., Ste. 1275, Indianapolis, IN 46204  
Toll Free: 866-448-3618, [www.aarp.org/states/in](http://www.aarp.org/states/in)

Traumatic Brain Injury Resources

Resource facilitation is a collaborative process between the individual with brain injury, his/her personal support system, and an assigned Resource Facilitator (RF). Resource facilitators assist individuals in navigating systems and services to achieve agreed upon goals.

**Brain Injury Association of Indiana**  
[www.biaindiana.org](http://www.biaindiana.org)

**Rehabilitation Hospital of Indiana NeuroRehabilitation Center (RHI)**  
9531 Valparaiso Ct., IN 46268  
317-879-8940, [www.rhin.com](http://www.rhin.com)
In This Section:
In the late 1970’s CICOA Aging & In-Home Solutions developed County Senior Service Organizations as intended by the Older Americans Act to provide information and services for older individuals in the eight counties comprising the Central Indiana region. Each of the organizations on the following pages serves as a focal point for comprehensive service delivery to eligible residents of their county populations.
Boone County

Two Locations:

**Boone County Senior Services**  
515 CrownPointe Dr., Lebanon, IN 46052  
765-482-5220, 317-873-8939, [www.booneseniors.org](http://www.booneseniors.org)  
E-mail: bcssi@booneseniors.org

**Hours of Operation:** Mon-Fri, 8:00 a.m. - 4:30 p.m.

**Zionsville Town Hall**  
1100 W. Oaks St., Zionsville, IN 46077  
317-873-8939, [www.booneseniors.org](http://www.booneseniors.org)

**Hours of Operation:** Wed. & Fri, 9:00 a.m. - 4:00 p.m.

**Eligibility:** Boone County residents age 60 or older.

**Intake Procedure:** Call for information.

**Services:**

- Caregiver Support—Group meetings occur monthly.
- Community Outreach—Health promotion activities and events related to promoting healthy aging. Offers State Health Insurance Assistance Program (SHIP), legal assistance.
- Community Room—Provides a place for activities and workshops on various topics.
- Friendly Visiting—Volunteers are matched one-on-one with individuals who are homebound and lonely.
- Homemaker Services—Provides housekeeping services including cleaning, laundry and general shopping.
- Personal Care—Provides specialized in-home personal care.
- Information and Assistance—Provides information and referrals to resources and services in the county and surrounding area.
Respite Care—Two hours of relief for the family caregiver of an individual with dementia or other chronic health conditions.

Transportation—Transportation if ride originates in Boone County Mon-Fri, 7:30 a.m. - 4:30 p.m. by appointment.

**Hamilton County**

PrimeLife Enrichment Inc.
1078 3rd Ave., S.W., Carmel. IN 46032
317-815-7000, www.primelifeenrichment.org

**Hours of Operation:**
Mon–Thurs, 8:00 a.m. - 6:30 p.m.
Fri, 8:00 a.m.- 5:00 p.m.

**Eligibility:** County residents age 50 and older. Health promotion and wellness, fitness, and social activities open to non-members residing in any county who are age 21 and older.

**Intake Procedure:** Call for information and availability of services.

**Services:**

Caregiver Support—Group meetings and individual support including respite and educational programs.

Community Outreach—Assessments and referrals to services such as case management, respite/attendant care, bereavement and caregiver support, assistance to the homebound (friendly visiting), volunteer opportunities, and State Health Insurance Assistance Program (SHIP).

Health Promotion—Fitness facility includes indoor walking track, swimming pool, circuit and cardio fitness equipment. A variety of exercise classes, health screenings and education programs are available. Hot lunch served daily.

Information and Assistance—Information and referrals to resources and services in the county and surrounding area.
Social Activities—Fitness, educational and social activities. Call or visit website for schedule of events.

Transportation—Transportation for residents of Hamilton County, Monday through Friday from 8:00 a.m. - 3:30 p.m. Door-to-door service including wheelchair accommodation for medical appointments, shopping and other needs.

Hancock County

Hancock County Senior Services
1870 Fields Blvd., Greenfield, IN 46140

Office Hours of Operation: Mon-Fri, 8:00 a.m. - 4:00 p.m.
Transportation Hours of Operation: Mon-Fri, 7:00 a.m. - 5:00 p.m.

Eligibility: County residents age 60 and older or residents with disabilities. Transportation available for residents of any age.

Intake Procedure: Call for information and availability of services.

Services:

Community Outreach—Provide assistance with bill payments, and SC-40 tax credit forms. State Health Insurance Assistance Program (SHIP), offers help with Medicare and insurance information, Medicare Savings Plans, and assistance enrolling in the Supplemental Nutrition Assistance Program (SNAP), incontinence supplies, loan of durable medical equipment.

Handyman—Provides, smoke detector installation and battery replacement, maintenance, and minor home repairs.

Homemaker—Provides housekeeping services such as vacuuming, dusting, laundry and shopping assistance.

Information and Assistance—Trained personnel answer questions and make referrals to community and agency resources. Referral information may include housing, transportation, protective services,
in-home services, assisted care, nutrition, legal services, health insurance and more.

Legal Services—An Indiana Senior Law Project Representative visits offices monthly to assist seniors with legal questions and documents.

Respite/Assisted Care—Provides temporary, in-home, non-medical supervision for frail seniors and persons with disabilities.

Transportation—Non-emergency transportation for various destinations. Transportation is available Monday through Friday with appointments scheduled according to driver availability. Rides are scheduled on a first-come, first-served basis. Wheelchair transportation is available. Donations are encouraged, and fares are determined by destination and funding source. Call 317-462-1103 to schedule.

Volunteer Services—Volunteers visit seniors’ homes to provide companionship and general assistance. Volunteers are matched one-on-one. Telephone calls can be made by staff and volunteers to provide reassurance and safety checks. Volunteer groups may provide special projects under the guidance of the Volunteer Coordinator. Call for information on services available from volunteers.

Hendricks County

Hendricks County Senior Services
1201 Sycamore Ln., Danville, IN 46122
317-745-4303, hcseniors.org/wp
E-mail: admin@hendricksseniors.org

Hours of Operation: Mon-Fri, 8:00 a.m. - 4:00 p.m.

Eligibility: County residents age 60 and older

Intake Procedure: Call for information and availability of services
Services:

Community Outreach—Offers State Health Insurance Assistance Program (SHIP), health promotion activities and events related to promoting mood and healthy aging, support groups for caregivers, Alzheimer’s disease, diabetes, Parkinson’s disease, vision loss, and grief/loss; loan of durable medical equipment as available.

Congregate Meals—Donation based lunch program for individuals 60+ and their spouses. Menu available online. Call by noon the day before to make a reservation.

Homemaker Services—Provides homemaker services such as vacuuming, dusting, and other light housekeeping to residents age 60 and older. There is a fee for this service.

Information and Assistance—Provides information and referrals to resources and services in Hendricks county and surrounding areas including Energy Assistance Program (EAP), financial and legal assistance, insurance and tax preparation as available.

Respite Services—Provides in-home care for a loved one age 60 and older for short periods of time. Assistance with meal preparation, light housekeeping, companionship, supervision, support with bathing, dressing, grooming, mobility, and laundry.

Senior Center—Provides recreational, educational, social and wellness activities.

Transportation—Provides demand response, door-to-door (including wheelchair transport) Monday through Friday from 6:00 a.m. - 6 p.m. for medical appointments, grocery shopping, legal and financial services, meal sites, and errands. LINK is a cooperative service of Sycamore Services and HCSS providing transportation for county residents of any age to destinations within Hendricks County.
Johnson County

Johnson County Senior Services
731 S. State St., Franklin, IN 46131
E-mail: info@jcseniorservices.org

Hours of operation: Mon-Fri, 8:30 a.m. - 4:30 p.m.

Eligibility: Persons age 60 and older in Johnson County, persons of any age with disabilities.

Intake Procedure: Call for information and availability of services.

Services:

Food Pantry—Maintain a food pantry that may be able to accommodate food delivery to homes in the community.

Holiday Assistance—Seniors Still Believe program accepts suggestions for seniors in the community to be recipients of gifts.

Information and Assistance—Provides accurate, informed answers to all your resource needs.

Medical Equipment—Used, quality durable medical equipment such as walkers, portable toilets, shower chairs, and wheelchairs. Donations accepted.

Outreach—Educational and informational services about senior resources in Johnson County.

Transportation—Transportation for Johnson County residents to doctor’s appointments, grocery stores, errands and other destinations. Service area includes Johnson County as far north as Southport Road and southern Marion County, door-to-door service for seniors age 60 and over only. No charge for service. Donations appreciated.
Marion County

CICOA Aging & In-Home Solutions
8440 Woodfield Crossing Blvd, Ste. 175, Indianapolis, IN 46240
E-mail: intake@cicoa.org

Hours of Operation: Mon-Fri, 8:00 a.m. - 5:00 p.m.

Eligibility: Serve individuals with disabilities of any age and individuals age 60 and older in Central Indiana counties.

Intake Procedure: Call the Aging & Disability Resource Center at 317-803-6131 or 800-432-2422.

Services:

Aging & Disability Resource Center (ADRC) — Provides information, assistance and access to resources and services in Boone, Hamilton, Hancock, Hendricks, Johnson, Marion, Morgan, and Shelby Counties.

Care Management—Assess personal care needs during at-home visits and coordinate needed services into a care plan. Care managers provide continuous support and monitoring of client needs.

Meals & More—Provides meals to the homebound or at neighborhood meal sites throughout the eight-county area. Assists with managing the applications for and distributions of USDA's Commodity Supplemental Food Program. Nutrition and medication management education also is available.

CareAware—Assists individuals in their role as a primary caregiver to an older individual, person with a disability, or a grandparent raising a grandchild.

Community Outreach—Leadership with community partners and organizations in planning for the needs of the area’s older population.

Pre-Admission Screening and Resident Review—Provides pre-admission screening and options counseling to individuals in the community seeking a nursing facility placement.
Safe at Home—Provides accessibility modifications for a safer, more secure home for eligible home owners age 60 and over or for persons with a disability.

Transportation—Program-eligible participants can arrange for transportation to medical appointments, government services, shopping for food, or other needs.

**Morgan County**

**Morgan County Connect**  
1369 N. Blue Bluff Rd., Martinsville IN 46151  
765-342-3007, [www.morganconnect.org](http://www.morganconnect.org)  
E-mail: mvaughn@casmc.org

**Hours of Operation**: Mon-Fri, 8:00 a.m. - 4:00 p.m.

**Eligibility**: Persons age 60 and older in Morgan County.

**Intake Procedure**: Call for information and availability of services.

**Services**:

- Community Outreach—Call for details.
- Health Promotion Activity—Call for details.
- Information & Assistance—Provides information and referral to resources in the county and surrounding area.
- Transportation—Transportation for residents of Morgan County, Monday through Friday during regular business hours. Call for current information about current destinations. Individuals under 60 may be able to access transportation for a small fee.
Shelby County

Shelby Senior Services, Inc., The Horizon Center
1504 S. Harrison St., Shelbyville, IN 46176
317-398-0127, www.shelbyseniorservices.org

Hours of Operation: Mon-Fri, 8:00 a.m. - 4:30 p.m.

Eligibility: Persons age 60 and older in Shelby County.

Intake Procedure: Call for information and availability of services.

Services:

Community Outreach—CICOA lunch site for seniors served Monday through Friday at the Horizon Center. Call for times. Other Horizon Center activities include card games, crafts, games, classes, and travel and day trips.

Family Caregiver Support—Respite, support groups, education for family caregivers, individual counseling. Licensed clinical social worker will provide counseling. Alzheimer’s support group and monthly family caregiver support group. Assistance with referrals or information about community and state services.

Food Pantry—Available to seniors Monday, Wednesday, and Friday from 10:00 a.m. - 12:00 p.m.

Health Promotion Services—Provides activities, events, and nutrition and exercise programs to encourage and educate residents about healthy aging.

Information & Assistance—Provides information and referrals to resources and services in the county and surrounding area.

Homemaker—Provides light housekeeping services, such as vacuuming, dusting and assistance with errands.

Transportation Service—Provides transportation to various destinations for county residents. Call for information on availability of transportation services. A fee is charged to all persons under age 60. Persons age 60 and older are asked to provide a donation.
Other Services—Representatives from legal (Senior Law Project), State Health Insurance Assistance Program (SHIP), and AARP tax assistance are available on site. They also offer personal emergency systems.
Caregiver Services

In This Section:

Caregiving is a familiar part of life. In fact, nearly 43.5 million people in the United States currently provide care, assistance and support for a family member who is elderly or who is living with a disability. Statistically speaking, most of us will be caregivers at some time, and many of these roles will represent extreme personal satisfaction for the caregiver and care recipient for the duration of the journey.

Since caregiving is only one of many “hats” worn by the caregiver, the role can be challenging and stressful, even in the best of circumstances. For this reason, achieving an effective balance of caregiving with other responsibilities, including family and career, usually requires well-planned support. This support may be informal (e.g. the help of other family members) or formal (e.g. through a health care provider or home care agency). It is often the case that both informal and formal supports are needed throughout the caregiving experience.

Whether you are currently assisting a loved one, concerned about a caregiver you know, or simply gathering information in anticipation of the role, this section is for you.
CareAware Service Overview

People who are caring for an elderly or disabled family member face a multitude of tasks, decisions and feelings that at times can seem overwhelming. Easy access to information and support is essential in any caregiving role, and CICOA is here to help meet that need.

CICOA’s caregiver support service, CareAware, offers free caregiving workshops for employers, faith communities and other organizations throughout Central Indiana. The CareAware Department also includes a CareAware options counselors who can speak one-on-one with caregivers to provide a wealth of information to help determine what long-term care options are best suited to their loved ones needs. For general options counseling, call CICOA’s Aging & Disability Resource Center at 317-803-6131 or contact the CareAware options counselor at 317-803-6140.

CareAware Workshops

CareAware offers a variety of free, onsite workshop opportunities for corporations, civic organizations, government, and faith communities to provide critical resource information to caregivers and anyone in a position to assist them. Additional information can be found online at cicoa.org/services/careaware/caregiver-workshops. Call CareAware at 317-803-6002 to discuss your organization’s needs.

Caregiver Support and Education Services

Caregiver support groups are highly recommended for caregivers, particularly in light of the fact that caregivers are often prone to feelings of isolation and depression. Support groups enable caregivers to encourage one another and share helpful information and may be found at area hospitals, senior service agencies, and through other organizations. This section lists a few organizations known to provide caregiver education and support.

For additional support group listings or to find a group that is specific to your needs, contact Connect2Help 2-1-1 by dialing 2-1-1 from any residential phone or by calling 317-926-4357. Support groups are also listed in this Solutions Guide in the Individual and Family Life Section.
Additional resources for Caregivers are listed on CICOA’s CareAware page: cicoa.org/services/careaware/caregiver-resources.

Alzheimer’s Association of Greater Indiana
50 E. 91st St., Ste. 100, Indianapolis, IN 46240
317-575-9620, 800-272-3900 www.alz.org/indiana

Boone County Senior Services
765-482-5220, www.booneseniors.org

Catholic Charities Indianapolis

Indiana Hospice & Palliative Care Organization, Inc.

Jewish Family Services at the Albert & Sara Reuben Senior and Community Resource Center
6705 Hoover Rd., Indianapolis, IN 46260
317-726-5450, www.jewishindianapolis.org/jfs

PrimeLife Enrichment Inc.
1078 3rd Ave. SW, Carmel, IN 46032
317-815-7000, www.primelifeenrichment.org

Shelby Senior Services, Inc.
1504 S. Harrison St., Shelbyville, IN 46176
317-398-0127, www.shelbyseniorservices.org

Today’s Caregiver
Online resources that offers interesting and helpful interviews of caregivers, plus articles and tips for successful caregiving.
www.caregiver.com
Kinship Care Resources

AARP
Offers relevant and helpful articles. [www.aarp.org/grandparents](http://www.aarp.org/grandparents)

Child Care Answers
This organization is part of the Indiana Child Care Resource and Referral network that provides information and services to parents, child care providers, and the community. The website includes a child care search link and online trainings. [www.childcareanswers.com](http://www.childcareanswers.com)

Children’s Defense Fund Leave No Child Behind
Extensive library of information containing anything to do with parenting as a grandparent. Type “Grandparent” in the search bar to find free resource guides for download that not only explain different types of programs, services, and benefits available to grandparents raising grandchildren, but also how to apply for these benefits. [www.childrensdefense.org](http://www.childrensdefense.org)

Grandfamilies of America
This organization provides tools and education for grandparents raising grandchildren, in addition to keeping them informed of ways they can be proactive as a population group. [www.grandfamiliesofamerica.org](http://www.grandfamiliesofamerica.org)

The Villages’ Family Connection Network
This network offers several services, some of which are support groups, respite activities, and skill-building workshops. [www.villages.org/what-we-do/kinship-care](http://www.villages.org/what-we-do/kinship-care)
Index

A Caring Place .................................. 72
AAA Hoosier Motor Club Driver
Improvement .................................. 45
AARP ........................................ 45, 113, 122, 137
AARP Driver Safety Course ........ 45
accessABILITY ........................ 34, 54
Active Day .................................. 72
ADRC .......................................... 1
ADT Security Services, Inc. ........ 57
Adult Abuse Hotline ..................... 81
Adult Abuse Reporting ................. 81
Adult and Child Mental Health
Center ......................................... 96
Adult Day Service ......................... 72
Adult Education Classes ............ 35
Adult Family Care ...................... 20
Adult Guardianship Assistance . 91
Adult Protective Services .......... 81
Aged and Disabled Waiver ........ 50
Agency on Aging & Community
Services .................................... 101
Aging & In-Home Services of
Northeast Indiana ....................... 101
Aging-in-Place
Organizations/Networks ........ 74
AHEPA ...................................... 13
Albert & Sara Reuben Senior and
Community Resource Center 13, 34, 105, 116, 136
Alcoholics Anonymous .... 82, 98
Alcoholism and Substance Abuse
........................................ 82, 98
Alert Service Dogs ..................... 58
Alivio Medical Centers ............. 43
ALS Association of Indiana .... 82
ALS Support Groups ................. 82
Alzheimer’s Association .... 82, 113, 120, 136
Alzheimer’s Disease ................. 120
Alzheimer’s Store ..................... 42
Alzheimer’s Support Groups .... 82
Amazon Grocery Delivery ........ 17
American Cancer Society .......... 83
American Lung Association .... 85
American Red Cross ................. 87
AMVETS .................................. 21
Apprisen .................................. 30, 31
Area 10 Agency on Aging ....... 102
Area Agencies on Aging ......... 101
Area IV Agency on Aging &
Community Action Programs 101
Arthritis Foundation ................. 82
Arthritis Support Groups ........ 82
AseraCare ................................ 95
Ashford Place ......................... 72
Asian Help Services ................. 104
Aspire Indiana ........................ 48, 96
Assisted Living ......................... 19
Assistive Technology .......... 42, 106
Assurance Health ..................... 97
Attorney General ........ 29, 93, 118
Autism Support Group .......... 82
Avon-Washington Township Public
Library ........................................ 108
Barrington Health & Dental Center
........................................ 43
Barton Annex .......................... 12
Basic Needs ................................ 10
BBB ......................................... 29
BDDS ................................... 51, 121
Beech Grove Branch ................. 110
Beech Grove Senior Center .... 115
Behavioral Health at Raphael
Health Center .......................... 96
Bell Flower Clinic ..................... 49
Bereavement Counseling ......... 95
Bethany Village ......................... 13
Better Breathers ................. 85
Better Business Bureau ..........29
Blackburn Health Center.........44
BMV ..................................29, 118
Boner Fitness and Learning
Center ...............................59
Boone County Auditor ..........31
Boone County Cancer Society ..83
Boone County Health Department
 ........................................38, 46
Boone County Public Libraries ..107
Boone County Senior Services ..23,
75, 87, 114, 124, 136
Boone County Township Trustee
 ...........................................25
Bosma Enterprises ..34, 54, 62, 87,
113
Boys and Girls Club ............87
Brain Injury Association of
America ..................................82
Brain Injury Association of Indiana
 .............................................122
Brain Injury Support Groups ....82
Brightwood Branch ..............110
Brightwood Community Center 104
Brooke’s Place .....................95
Brooklyn Branch ..................112
Brothers United ....................49
Brownsburg Older Adults Alliance
 ............................................78
Brownsburg Public Library ....109
Bureau of Developmental
Disability Services ....51, 121
CAFÉ ................................12, 104, 115
CAGI ..................................66
Cambridge Square of Beech
Grove .................................12
Cancer Institute .................84
Cancer Support Community ....83
Cancer Support Groups .......83
Cancercare ..........................83
Canine Companions for
Independence ......................58
CARE ..................................91, 113
CareAware ..........................130, 135
Caregiver Education ..........135
caregiver of Veterans ..........86
Caregiver Services ..........134
Caregiver Support ....124, 125, 135
Caregiver Support Groups ....84
Carmel Clay Public Library ....107
Carriage House of Glendale ... 12
Catholic Charities ....66, 67, 72, 75,
84, 87, 136
CDC ......................................76
Cell Phone Donation ..........103
Center for At-Risk Elders ...91, 113
Center for Healthy Aging ....48, 60
Center for Psychological
Development .........................95
Centerstone ........................96
Central Library .....................110
Charlene’s Angels .................72
Child Care Answers .............137
Children’s Defense Fund ......137
CHOICE ..............................16, 50
Christamore House ....104, 115
CICOA Aging & In-Home Solutions
 ......1, 2, 20, 34, 51, 70, 87, 102,
103, 113, 123, 130
CICOA Foundation ...............2
CICOA Meal Vouchers ..........14
CICOA Meals & More ..........11, 16
CICOA Neighborhood Meals 11
CICOA Way2Go ....................22
CICOA’s Aging & Disability
Resource Center ..........1, 58, 81
Citizens Assistance ..............24
Citizens Energy Group ..........24
Civil Service Retirement Benefits
 .............................................65
Clayton-Liberty Township Public
Library .................................109
Coatsville-Clay Township Public
Library .................................109
College Avenue Branch .........110
Commodity Supplemental Food
Program ..............................15
Community Action of Greater
Indianapolis .................24, 66
Community Alliance of the Far
Eastside .............12, 104, 115
Community Caring Program ....75
Community Centers ..........103
Community Development
Corporations .................76
Community Health Network 48, 59, 98
Community Health Network
Behavioral Health ...... 96, 97, 98
Community Health Network
Cancer Care .................... 83
Community Home Health .... 95
Community Hospital East ...... 14
Community Hospital North ...... 14
Community Integration and Habilitation Waiver .......... 50
Community Mental Health Agencies .... 96
Community Rehabilitation Hospital 82, 86
Companion Lifeline .......... 57
Companionship .......... 75
Concord Neighborhood Center 104, 115
Connect America ............ 57
Connect2Help 2-1-17, 18, 21, 81, 106
Connection Pointe Christian Church .......... 95
Consumer Assistance and Protection .......... 29
Consumer Protection Division ... 29
Consumer Services .......... 28
Coordinated Aging Services for Morgan County 23, 131
Cottage Corner ................. 43
County Auditor ................. 31
County Councils on Aging .... 114
County Senior Corps .......... 123
County Senior Service Transportation .......... 23
County Veteran Service Officer 65, 70
Crawford Manor .............. 11
Crestwood Village South .... 14
Crisscross ...................... 30
Critical Signal Technologies, Inc. 57
Crohn's and Colitis Foundation of America .......... 84
Crohn's and Colitis Support Groups .......... 84
Crooked Creek CDC .......... 76
CSFP ........................................ 15
Cummins Behavioral Health 96, 98
Damien Center .................... 49
Danville-Center Township Public Library ..................... 109
Deaf and Hard of Hearing Services ............... 48, 49
Deaf Community Services .... 79
Decatur Township Branch .... 110
Dementia Friends Indiana .... 120
Dental Care ..................... 42
Department of Health .......... 93
Department of Public Works .... 29
Department of Veteran Affairs .. 70
Developmental Disabilities ...... 120
Developmental Disabilities Waiver .......... 50
Diabetes Prevention Program .... 15
Diabetes Support Groups .......... 84
Disability Legal Services of Indiana .......... 92
Disability Parking Permits .......... 29
Division of Family Resources .... 64
Division of Homeland Security .. 40
Division of Mental Health and Addiction 95, 98
Donated Specialty Items .......... 106
Donating Used Glasses .......... 55
Donations .......... 21
Driver Assessments .......... 45
Driver Evaluation and Training Program .......... 46
Driver Improvement & Safety ..... 45
Durable Medical Equipment 106
Dusk-to-Dawn Bereavement 95
Eagle Branch .......... 110
East 38th Street Branch .... 110
East Washington Branch .......... 110
Easter Seals Crossroads 18, 42, 46, 72, 79, 82, 106
Edinburgh Wright-Hageman Public Library .......... 109
Edna Martin Christian Center .. 104, 115
Education & Enrichment ........ 33
Elder Laws .......... 92
Elder Source of Greater Indianapolis .......... 13
Elderhostel Programs ........................36
Elton Geishwiler Senior Center 115
Emberwood Center ........................98
Emergency Management ...............39, 40
Emergency Response Systems ........57
Eminence Branch ..........................112
Employment ....................................62
Energy Assistance Program ............24
Engineering Department ................30
Englewood CDC .............................76
Environment & Public Health/Safety ..................37
e-pill Medication Reminders ...........55
Equipment for the Visually Impaired ...........................................54
Eskenazi ........................................43, 47, 52
Eskenazi Health Eye Care ..............53
Etelcare Home Services, Unlimited ...........................................57
ExactCare Pharmacy ........................55
Extra Help .....................................68
Eye Care .......................................53
Eye Care America .............................53
Eye Disease Treatment ....................53
Fairbanks .....................................98
Families First ................................31, 91, 99
Family Supports Waiver .................50
Fay Biccard Glick Neighborhood Center ..................................104, 115
Fire Prevention ..............................38
Firefighters Survive Alive! Inc ........38
Flanner House ................................104, 115
Fletcher Place Community Center ...........104
Flu Vaccines ..................................46
Food Pantries ..................................17
Forest Manor Health Clinic .............44
Forever Young Hoosiers Adult Day Program ...................................73
Fortville-Vernon Township Public Library ..................................108
Foster Grandparent Program ..........66
Fountain Square Branch .................110
Franciscan Health .........................51, 59, 84, 87
Franklin Active Adult Center ..........115
Franklin Road Branch .....................111
Freedom Senior Services of Indiana ............................................57
Friendly Visiting ............................75, 124
Garfield Park Branch ......................111
Generations .....................................102
Gennesaret Free Clinic .....................43
George T. Goodwin Community Center ..................................115
Geriatric Assessments .....................47
Glasses .........................................53
Glendale Mall Branch ......................111
Golden Gardens ................................73
Goodwill ........................................21, 62
Goodwin Community Center .............104
GRACE .........................................48
Grace at Home ...............................52
Grace Divine ..................................52
Grandfamilies of America ..............137
Grandma’s Pancake House & Restaurant ....................................14
Green Bean Delivery .......................17
Green Park Terrace ..........................13
Greenfield Senior Center ...............116
Greenwood Public Library ..............109
Grief Counseling .............................95
Grocery Delivery ..............................17
Guardian Medical Monitoring ...........57
Habitat for Humanity .......................21, 78, 87
Hadley Institute for the Blind and Visually Impaired ..................54
Hamilton Center, Inc ........................97, 99
Hamilton County Auditor .................31
Hamilton County Health Department ...........................................38, 46, 59
Hamilton County Public Libraries .............................................107
Hamilton County Senior Services .............................................125
Hamilton County Township Trustee ...........................................25
Hamilton East Public Library ..........108
Hamilton North Public Library .........107, 108
Hancock County Animal Management ...........................................79
Hancock County Auditor ..................31
Hancock County Health Department ...........................................38, 46, 59
Hancock County Public Libraries .............................................108
| Hancock County Senior Services | ........................................ 23, 75, 126 |
| Hancock County Township Trustee | ......................... 25 |
| Hancock Regional Hospital | 14, 59, 83 |
| Hancock Senior Services | ........... 88 |
| Hartford | ................................ 46 |
| HATS | ................................ 48 |
| Haughville Branch | .......... 111 |
| Hawthorne Community Center | 105 |
| Hawthorne Social Service Association | ........................................ 116 |
| Health Care | .................. 41 |
| Health Department | ............... 38 |
| Healthcom, Inc. | .................... 57 |
| HealthNet | .................. 43, 44 |
| Healthy Aging Brain Center | ...... 47 |
| Healthy Homes Assessment | ....... 18 |
| Hearing Aids | .......................... 48 |
| Heart and Soul Clinic | ............ 44 |
| Help at Home, Inc. | .......... 57, 58 |
| Helping Hands Network | .................. 78 |
| Hendricks County Animal Control | ........................................ 79 |
| Hendricks County Auditor | ........... 31 |
| Hendricks County Health Department | ........ 38, 46, 59 |
| Hendricks County Public Libraries | ........................................ 108 |
| Hendricks County Senior Services | ...... 11, 23, 82, 84, 85, 86, 88, 116, 127 |
| Hendricks County Township Trustee | .................. 26 |
| Hendricks Regional Health. | 14, 60, 84 |
| Heritage Place | 60, 75, 88, 105, 116 |
| HIV Testing | ................................. 49 |
| Home Accessibility Evaluation | ........... 18 |
| Home Care | ................................. 50 |
| Home Modification Evaluation | ....... 18 |
| Home Repair and Maintenance | 76 |
| Home-Delivered Meals | ............... 16 |
| Homeland Security | .................. 40 |
| Homeless Shelters | .................. 18 |
| Homewood Health Campus | ....... 73 |
| Hoosier Uplands | ............. 102 |
| Hope Family Care Center | .............. 44 |
| Horizon Center | ................................. 132 |
| Hospice Care | ................................. 52 |
| Hospital Equipment and Supplies | ........................................ 42 |
| House Calls for Seniors | .............. 52 |
| HUD | ................................. 24 |
| Human Service, Inc. | .................. 24 |
| Humane Society | ................................. 80 |
| Hussey-Mayfield Memorial Public Library | ........................................ 107 |
| IAAA | .................................... 70 |
| ICAN | .................................... 58 |
| ICAP | .................................... 24 |
| IGA | .................................... 17 |
| Immigrant Welcome Center | .... 105 |
| Income Support | ................................. 61 |
| INDATA | .................................... 106 |
| Independent Adult Day Care Centers | ........................................ 73 |
| Indiana Alzheimer's Disease Center | .................................... 120 |
| Indiana Association of Area Agencies on Aging | ........... 70 |
| Indiana Attorney General | ...... 29, 118 |
| Indiana Avenue Apartments | ...... 12 |
| Indiana Bureau of Motor Vehicles | ........................................ 29, 118 |
| Indiana Canine Assistant Network | ........................................ 58 |
| Indiana Department of Natural Resources | ........................................ 118, 121 |
| Indiana Department of Revenue | ........................................ 31, 118 |
| Indiana Donated Dental Service | 45 |
| Indiana General Assembly | ...... 118 |
| Indiana Governor | .................................... 118 |
| Indiana Health Care Association | ........................................ 56 |
| Indiana Hospice & Palliative Care Organization | ........................................ 52, 136 |
| Indiana House of Representatives | ........................................ 118 |
| Indiana Housing Now | ............... 19 |
| Indiana Legal Services, Inc. | 91, 92, 93 |
| Indiana Lions Speech and Hearing | ........................................ 49 |
Indiana Pet Loss Resources ..........85
Indiana Poison Center .................38
Indiana Public Retirement System .............................................118
Indiana Reading and Information Services .................................54
Indiana State Bar Association ...92
Indiana State Department of Health .............20, 52, 56, 93, 118
Indiana State Department of Insurance .................................118
Indiana State Information Center .............................................118
Indiana State Library .........55, 107
Indiana State Senate ...............118
Indiana University Health ..........84
Indiana University Health Cancer Center .................83
Indiana University School of Dentistry .................................44
Indiana University School of Optometry .................................53
Indianapolis Animal Care Services ........................................80
Indianapolis Bar Association ......92
Indianapolis Department of Public Safety ................................39
Indianapolis Eye Care Center ....53
Indianapolis Fire Department ....38
Indianapolis Housing Agency ....19, 77
Indianapolis Legal Aid Society ...92
Indianapolis Metropolitan Police Department .................................40
Indianapolis Neighborhood Housing Partnership .................77
Indianapolis Public Library ..........54
Indianapolis VA Medical Center ....65
Individual & Family Life .................71
Indy Boomer .......................121
Indy Reads ............................88
IndyGo Open Door .................22
InfoZone Branch .....................111
INhouse Primary Care .................52
Inpatient Mental Health Facilities ...........................................97
Insight Development ....................77
Instacart ...............................17
Interlocal Community Action Program, Inc. .................24, 67
Interpretation/Translation .............78
InTouch Bereavement .................95
IRIS ............................................54
Irvington Branch .....................111
IU Health ....................................49
IU Health Methodist Hospital ......38, 97
IU Health Physicians Geriatrics ....48
IUPUI Office of Community Engagement ...........................34
Ivy Tech Community College ....34
J. Everett Light Career Center ...34
Jane Pauley Community Health Center .................................44
JCC Indianapolis ..........60, 105
Jewish Family Services ..........13, 34, 105, 116, 136
Johnson H. Boner Neighborhood Centers ..........12, 73, 77, 105, 116
Johnson County Animal Control ....80
Johnson County Auditor .............32
Johnson County Health Department .............39, 46, 60
Johnson County Public Libraries ........................................109, 110
Johnson County Senior Services ...........................................23, 88, 129
Johnson County Township Trustee ........................................26
Johnson Memorial Health ..........88
Joy’s House Adult Day Services ....73
Just Friends ...............................73
Ken-Mar Apartments ................13
Key Consumer Organization ..........86
King Park Area Development Corporation ................................77
Kinship Care Resources ............137
Kroger ........................................17
La Plaza ...................................105
Language Interpretation .............79
Language Line Solutions .............79
Lawrence Township Branch ........111
Lawyer Referral Service ..........92
LBC Community Center ............105
Leader Dogs for the Blind ..........58
Lebanon Public Library ............107
Legal Assistance .......................91
Legal Line................................. 92
Legal Services.......................... 90
Leukemia and Lymphoma Society... 83
LGBT National Help Center ....... 86
LGBT National Hotline ............. 86
Library Services ....................... 107
Life Care.................................. 49
Lifeline Systems, Inc. ............... 58
LifeSpan Resources, Inc. .......... 102
Lifeline Systems, Inc. ............... 58
Liability Services ...................... 107
LifeCare ................................... 49
Lifeline Systems, Inc. ............... 58
LifeStream Resources, Inc. ........ 102
Lifeline Systems, Inc. ............... 58
LifeTime Services .................... 101, 102
Lifestyle Indy .......................... 121
LifeStream Resources ............... 102
Lions Club ................................ 55
LIS .......................................... 68
Little Red Door Cancer Agency . 83
Long-Term Care Ombudsman .. 93
Long-Term Care Options
  Counseling .......................... 103
Low-Income Assistance Programs
  ........................................ 68
Low-Income Subsidy ................. 68
Low-Income/Subsidized Rental
  Housing ............................... 18
Low-Vision Aids ...................... 53
Low-Vision Rehabilitation .......... 54
Lugar Towers .......................... 12
Luna Language Services ............ 79
Lung Health Support Groups ..... 85
Major Hospital ....................... 14, 84
Mapleton-Fall Creek Development
  Corporation .......................... 77
Marion County Auditor .............. 32
Marion County Public Health
  Department... 18, 39, 44, 46, 47,
  49, 60
Marion County Public Libraries 110
Marion County Senior Services130
Marion County Township Trustee
  ......................................... 26
Martindale Brightwood Community
  Development Corporation .... 77
Martinsville Area Senior Center
  .......................................... 116
Mary Rigg Neighborhood Center
  .......................................... 105
Mayor’s Office ........................ 30
Meal Vouchers .......................... 14
Meals & More .......................... 16, 34
Meals on Wheels ..................... 16, 88
Meaningful Day Services .......... 73
Medicaid ............................... 20, 42, 52, 53, 64, 106
Medicaid Aged and Disabled
  Waiver .................................. 20
Medicaid Transportation .......... 23
Medical Equipment/Assistive
  Technology Donations ............ 106
Medical Mutts ......................... 59
Medicare ............................... 20, 42, 48, 52, 53, 67,
  68, 69, 97, 106
Medicare Prescription Drug
  Coverage ............................. 68
Medicare Rights Center .......... 114
Medicare Savings Program (MSP)
  ........................................ 68
Medication Delivery ................ 55
Medication Management .......... 55
Medigap .................................. 69
Meijer .................................... 18
Mental Health & Substance Abuse
  ........................................ 94
Mental Health America .......... 96
Meridian Health Services ...... 97
Meridian Visiting Physicians .... 52
Michigan Road Branch .......... 111
Mid-North Indianapolis Shepherd’s
  Center .................................. 116
Midtown Community Mental
  Health ................................... 97
Miller’s Merry Manor ............. 74
Money Management ................. 30
Monrovia Branch .................... 112
Morgan Cancer Services .......... 83
Morgan County Auditor .......... 32
Morgan County Connect ....88, 131
Morgan County Health
  Department .......................... 39, 47, 60
Morgan County Public Libraries
  ......................................... 112
Morgan County Senior Services
  ......................................... 131
Morgan County Township Trustee
  ......................................... 26
Morgantown Branch ............... 112
Mt. Zion Suburban Apartments .. 13
Multiple Sclerosis Support Groups ............................................... 85
My Freedom .................................. 22
NAMI ............................................................................. 96
National Able Network ........................................ 62
National Academy of Elder Law Attorneys ......................... 92
National Alliance on Mental Illness Indiana ......................... 96
National Association of Active and Retired Federal Employees . 114
National Multiple Sclerosis Society ........................................ 85
National Osteoporosis Foundation ........................................ 85
Near North Development Corporation .................................. 77
NeighborLink ........................................ 78, 88
Neurorehabilitation Center ............................................ 83
Nineveh Area Senior Citizens ........................................... 116
Noble ............................................................................ 74
Noblesville Senior Citizens Organization .............................. 116
Nora Branch ........................................ 111
Nora Commons on the Monon ......................................... 13
Northwest Indiana Community Action Corporation .............. 101
Nursing Facilities .................................................... 56
Nursing Home Placement ............................................ 56
Nutrition Education .................................................... 15
Oasis ........................................................................... 34, 60, 88
Office of Governor ...................................................... 118
Office of Indiana Attorney General .................................... 29, 118
Office of Lieutenant Governor ........................................ 93
Options Behavioral Health System ....................................... 97
Options Counseling ..................................................... 103
Organizational/Community Services .................................. 100
Osteoporosis Support Groups ........................................... 85
Outpatient Care ................................................................ 96
PACE ........................................................................... 51
Palliative Care ............................................................. 52
Parking Permits ............................................................. 52
Parkinson’s Awareness Association of Central Indiana ........ 85
Parkinson’s Support Groups ............................................ 85
Parks Pass for Seniors ................................................. 121
Partners in Housing Development Corporation .................. 77
PASRR ......................................................................... 56
Patient Abuse and Neglect Program .................................. 93
Peapod ............................................................................ 17
Pecar Health .................................................................. 45
People’s Health & Dental Center ....................................... 43
Perry Senior Services ..................................................... 13
Personal Emergency Response Systems ............................. 57
Pet Companionship ...................................................... 79
Pet Grief Support Groups ............................................... 85
Philips Medication Dispensing Service ................................. 55
Pike Township Branch .................................................. 111
Plainfield Municipal Building .......................................... 30
Plainfield-Guilford Township Public Library ......................... 109
Planned Parenthood ....................................................... 49
Poison Control ................................................................ 38, 55
Poison Safety Education .................................................. 38
Pre-Admission Screening Resident Review .......................... 56
PrimeLife Enrichment Inc .............................................. 11, 23, 60, 89, 117, 125, 136
Program of All-Inclusive Care for the Elderly ....................... 51
Protective Services ....................................................... 81
Public Assistance Programs ............................................ 64
Public Health .................................................................. 38
Public Safety .................................................................. 39
Publications for Seniors ................................................... 121
Purdue Extension .......................................................... 35
Qualified Individual (QI) .................................................... 68
Qualified Medicare Beneficiary (QMB) ................................. 68
Quick Medical .................................................................. 56
Railroad Workers Retirement Benefits ................................. 66
Raphael Health Center ............................................... 45, 96
REAL Services Inc ......................................................... 101
Recycled Teenagers ....................................................... 115
Rehabilitation Hospital of Indiana ...................................... 46, 54, 83, 86, 122
Relay Indiana .......................... 49, 106
Representative Payee Services 30
Respite Care .............................. 58
ReStore ..................................... 21
Retirement Benefits ................. 65
Retirement Communities .......... 19
Reverse Mortgage Programs ....... 31
RHI ...................................... 86, 122
Richard L. Roudebush VA Medical Center .................. 48, 65, 98
Riggs Health ............................ 45
Riley Area Development
Corporation............................... 77
Riverview Health ..................... 14, 60, 85
Road Scholar, Incorporated .... 36
RSVP Program ........................... 67
Safe at Home ........................... 74, 131
Salvation Army ......................... 21, 117
SarahCare of Indianapolis ....... 74
School for Adult Learning ..... 35
Schwan’s Home Service .......... 18
Second Family Adult Day Center . 74
Section 8 ............................... 19
SEND ..................................... 77
Senior Advocacy Groups ........ 113
Senior Angels ........................ 115
Senior Centers ....................... 114
Senior Citizen’s Guide to
Indianapolis ............................ 121
Senior Companion Program 66, 75
Senior Corps Volunteer Program . 66
Senior Discount Programs ...... 122
Senior Driving & Mobility Services 46
Senior Law Project ................. 91
Senior Life ................................ 121
Senior Medicare Patrol (SMP) 69, 114
Senior Promise Program ....... 59
Senior Transportation .......... 22
Seniors Guide ........................ 121
Serenity & Creative Counseling 99
Service Animals .................. 58
Shelby County Animal Shelter . 80
Shelby County Auditor ........... 32
Shelby County Health Department
................................................................ 39, 47
Shelby County Public Library ...
....................................................... 113
Shelby County Township Trustee
.......................................................... 27
Shelby County United Fund .... 89
Shelby Senior Services, Inc .... 23, 75, 89, 117, 132, 136
Sheridan Police Department ... 30
Sheridan Senior Center ........... 14
Shepherd Community Center .. 105
Shepherd’s Center of Hamilton
County ..................................... 75, 117
Sheridan Public Library .......... 108
SHIP ...................................... 68, 69, 70, 114, 118, 124, 125, 126, 128
Shipt ....................................... 18
Silver Eagles Club .................. 115
SilverSneakers ........................ 60
SMP ...................................... 69, 114
SNAP ..................................... 64
Social Health Insurance ......... 67
Social of Greenwood ............. 117
Social Security Administration . 65, 66, 67
Social Security Retirement
Benefits .................................. 66
South Central Community Action
Program .................................... 25
Southeast Community Services
................................................ 106
Southeast Health & Dental Center
.................................................. 43
Southeast Neighborhood
Development .......................... 77
Southeastrans ......................... 23
Southport Branch .................. 112
Southwest Health & Dental Center
................................................ 44
Spades Park Branch ............. 112
Specified Low-Income Medicare
Beneficiary (SLMB) ................. 68
SSBG ...................................... 16
SSI ........................................ 64
St. Thomas Medical Clinic ...... 44
St. Vincent ......................... 15, 48, 60, 84
St. Vincent Stress Center ....... 98, 99
State Health Insurance Assistance Program ... 68, 69, 70, 114, 118, 124, 125, 126, 128
State Offices............................. 118
Step Up ...................................... 49
Stetson Senior Apartments .... 12
Still Waters Adult Day Center .... 74
Stroke Support Groups .......... 86
Structured Family Caregiving ... 20
Substance Abuse Services ...... 98
Supplemental Nutrition Assistance Program ..................................................... 64
Supplemental Security Income ... 64
Support Groups........................ 81
Supportive Housing.................. 19
SWIRCA & More ...................... 102
Talking Book and Braille Library ............................................................... 55, 107
Tara Treatment Center .............. 99
Target......................................... 18
Target Populations .................... 119
Tax Credit for Seniors ............... 31
Tax Services .............................. 31
Telecommunication Relay Service ............................................................... 79
Telephone Reassurance .......... 75
The Caring Center .................... 89
The Horizon Center .................. 117
The Social of Greenwood .... 12
The Villages ............................. 137
The Willow Treatment and Recovery Center .................................................... 99
Thorntown Public Library ....... 11, 107
Thrift Stores............................. 21
Thrive Alliance ......................... 102
Today’s Caregiver ..................... 136
Together Today ........................ 117
Touchpoint Healthy Aging
Transition Services ................... 48
Touchpoint Senior Living ......... 59
Towers of Crooked Creek .......... 13
Township Trustees ................. 24, 25
Transitions Senior Behavioral Health Care Services ........................................ 98
Transportation .......................... 22
Traumatic Brain Injury Resource ................................................................. 122
Traumatic Brain Injury Waiver ... 50
Trevor Project ............................ 86
Trinity Free Clinic ..................... 45, 53
U.S. Department of Housing and Urban Development .............................. 19
Unified Tax Credit ...................... 31
United Northeast Community Development Corp ........................................ 78
United Way of Central Indiana ... 89
United Way of Johnson County ... 89
University of Indianapolis .... 35
USDA Rural Development Office ................................................................. 76
Utility Assistance ...................... 24
VA Medical Center .................. 48, 65, 98
Valued Relationships, Inc .. 58
Very Low-Income Housing Repair Program ............................................... 76
Vet Center ................................. 86
Veteran Health Insurance .... 70
Veteran Retirement Benefits .... 65
Veterans Administration ......... 70
Veterans Upward Bound .......... 35
Villages’ Family Connection Network ........................................................ 137
Vincennes University ............... 35
Vision Support Groups ............. 86
Visiting Physician Services ...... 52
Visiting Physicians Association .. 52
Vistas Program ......................... 91
Vocational Rehabilitation ........ 62, 63, 120
Volunteer Development ........... 87
Walker Career Center ............... 35
Walmart ..................................... 17
Warren Township Branch ......... 112
Waverly Branch ....................... 113
Way2Go ................................. 22
Wayne Township Branch ........ 112
WCIEDD .................................. 101
Weatherization ......................... 24
Wellness Programs .................. 59
West Central Indiana Economic Development District .......................... 101
West Indianapolis Branch ....... 112
Westfield-Washington Public Library ......................................................... 108
Westside Community Development Corp ................................................. 78
Become a Dementia Friend

Dementia Friends gives people an understanding of dementia and the small things you can do to reduce stigma and make a difference for those affected by it.

Join us!

- Become a friend online at dementiafriendsindiana.org/become-a-friend/
- Find an in-person session at dementiafriendsindiana.org/events-calendar/

Facebook.com/DementiaFriendsIndiana
Twitter.com/dfindiana
Instagram.com/DementiaFriendsIndiana/
LinkedIn.com/showcase/dementia-friends-indiana/
@DFIndiana / #DFIndiana

STATE ADMINISTRATOR:

CICOA
Aging & In-Home Solutions
A member of the connect Alliance.
The role of the unpaid, family caregiver can be isolating and confusing. Whether you are new to the role and feeling overwhelmed, or you have been a caregiver for a while and are open to new insights, we invite you to view this FREE online resource.

**Here’s what you’ll learn:**

- Unique challenges of caregiving
- Key legal, financial and healthcare documents
- Tips for dealing with negative emotions
- How to reduce stress through self care
- The common signs of abuse
- Community resources for your journey

**“The videos are AMAZING! They are so deep and rich, and give such a sense of empathy and community. Thank you for such a tremendous, practical, life-changing series.”**

Larry Mudd, Pastor and Family Caregiver

www.CareAwareJourney.org