Day of Learning
August 21, 2020
All events Eastern Daylight Time. Zoom link will be sent upon registration.

8:30 - 8:45am DoL Kickoff
Join Chapter Executive, Natalie Sutton, to review what we’ve accomplished in the past year and see what exciting things we will cover on our Day of Learning.

9:00 - 10:00am Understanding Alzheimer’s and Dementia
Learn about the difference between Alzheimer’s Disease and other dementias, stages, risk factors, and more.

10:00 - 10:30am Mission Possible: Walk to End Alzheimer’s
Hear the plans for the 2020 Walk to End Alzheimer’s and how you can make a difference in the fight to end all dementias.

10:30 - 11:30am Closer to a Cure: Updates in Dementia Research
Discover the latest breakthroughs from the scientific community.

11:00 - 11:30am Ask-a-Social Worker: Caregivers’ Mental Health
Join us to discuss how caregivers can care for their own mental health while providing for their loved one, even in a pandemic.

11:30am - 12:00pm Living Life to the Fullest: Engaging in Early Stage Programs
Join us to learn about how people living in the early stages of dementia can participate in fun, meaningful activities together.

1:00 - 2:00pm Know the Ten Warning Signs
Learn the difference between normal, age-related memory loss and symptoms of Alzheimer’s Disease or another dementia.

2:00 - 2:30pm Always There: An Interview with a Helpline Agent
Hear how our 24/7 Helpline assists caregivers when they need it most.

2:30 - 3:00pm Others who Understand: Support Group Attendee Panel
Meet caregivers who have participated in support groups (including virtual groups) and hear how they lean on one another during the ups and downs in this journey.

3:00 - 3:30pm Red + Blue = Purple: A Nonpartisan Look at Dementia Advocacy
Learn how our team works with elected officials to bring us all closer to a cure.

3:30 - 4:30pm Effective Communication Strategies
Learn how to effectively communicate with Alzheimer’s and dementia patients in all stages of the disease. *This session is approved for 1 CEU Hour in partnership with the IU School of Social Work.

4:30 - 5:00pm That’s a Wrap: What’s Next?
Connect with resources talked about through the day and hear what’s next for the Greater Indiana chapter of the Alzheimer’s Association.

For more information or to register, call our 24/7 Helpline 800.272.3900 or visit alz.org/crf.
The 2020 Day of Learning is an a-la-carte event. Attend what you can. Register Today!