

# 2020 FACT SHEET



Navigating the issues related to aging and disability can be challenging. Fortunately, CICOA provides accurate, unbiased information to help you make informed decisions about care options in Central Indiana.



## MISSION

CICOA empowers older adults, those of any age with a disability, and their caregivers by providing the innovative answers, services, and support they need to achieve the greatest possible independence, dignity, and quality of life.

Founded: 1974

Number of employees: 310

## TOP OFFICIALS



**Tauhric Brown**  
CICOA CEO



**Peter Bisbecos**  
Board Chair

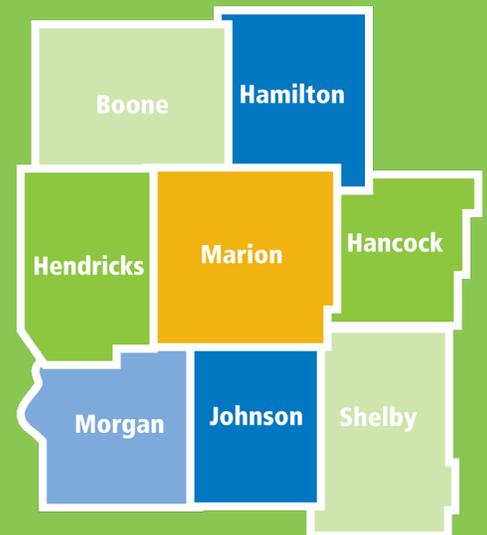
## GOALS

The aging of America provides challenges, not only for our nation, but also for nonprofits like CICOA that work locally to improve the lives of older adults, people with disabilities and family caregivers.

Since 1974, CICOA has coordinated community supports for people with chronic health issues or disabilities that threaten their independence. For many, the greatest challenge is the availability of non-medical support services that are critical to maintaining their independence, dignity and quality of life: nutritious meals, transportation to medical appointments, home modifications to improve safety and accessibility, and respite for caregivers. CICOA is poised to meet this challenge by seeking new revenue streams and philanthropic dollars to address the gap between community needs and resources.

## SERVICE AREA

CICOA serves Boone, Hamilton, Hancock, Hendricks, Johnson, Marion, Morgan and Shelby Counties.



Become a CICOA ambassador: [cicoa.org](http://cicoa.org)



# LIVES TOUCHED

FY2020 (JULY 2019-JUNE 2020)



## Aging & Disability Resource Center

- Handled 68,933 calls providing information and assistance
- Participated in 205 health fairs, exhibits and events
- Logged 360,118 visits to CICOA's website



## Meals & More

- Served 531,647 meals
- Served 403,902 home-delivered meals
- Served 95,803 neighborhood meals
- 31,703 meal vouchers redeemed



## Flourish Care Management

- Provided in-home care management services to 11,377 clients



## Way2Go Transportation

- Funded or directly provided 40,192 one-way trips



## Dementia Friends

- 4,509 people completed Dementia Friends training



## Volunteers

- 1,858 volunteers provided 12,687 total hours of service



## Caregiver support

- Served 1,788 caregivers



## Safe at Home

- Completed 284 home modification projects

## SERVICES



### Aging & Disability Resource Center (ADRC)

Call center providing information about community programs and services



### Flourish Care Management

Person-centered care coordination to extend independent living



### Way2Go

Transportation services and discount travel vouchers



### Meals & More

Home-delivered and neighborhood meals, meal vouchers, farmers market vouchers, USDA Commodity Supplemental Food Program (CSFP)



### Safe at Home

Accessibility modifications to promote independence and reduce falls



### CareAware

Respite and counseling services for family caregivers

## VOLUNTEER

Make a difference in the lives of older adults. CICOA can help organize individual or group projects doing yard work, painting, cleaning, organizing or performing simple household repairs. We also seek office volunteers. CICOA also hosts the Safe at Home event each September, a program that provides home accessibility modifications to reduce the likelihood of falls.

## GIVE

Philanthropic dollars enrich and improve lives every day in three areas: meals, transportation and home modifications. Private donations fund meals for homebound seniors who have difficulty accessing and preparing meals; trips for those who don't drive and have difficulty getting to dialysis treatments and essential services; and home modifications to improve accessibility and safety. Donors also provide the local match required to access additional federal grant dollars.

Learn how you can make a difference at:

[www.cicoa.org/donate](http://www.cicoa.org/donate).