CICOA empowers older adults, those of any age with a disability, and their caregivers by providing the innovative answers, services, and support they need to achieve the greatest possible independence, dignity, and quality of life.

Counties we serve:

- Boone
- Hamilton
- Hendricks
- Marion
- Hancock
- Morgan
- Johnson
- Shelby

CICOA
Aging & In-Home Solutions
A member of the connect Alliance.

Connecting Central Indiana older adults, people with disabilities and caregivers to better care.

INDEPENDENCE.
DIGNITY.
QUALITY OF life.

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What services does CICOA provide?

Learn more: cicoa.org/services

Care & Case Management
CICOA’s Flourish care managers assess an individual’s needs and develop person-centered plans of care which outline and identify services for reaching those needs.

Caregiver Support
CICOA’s CareAware service offers counseling and connects you to caregiver resources that help you and your loved one.

Resource Center
CICOA’s Aging & Disability Resource Center (ADRC) is a one-stop call center providing information on local services for older adults, people with disabilities and family caregivers in Central Indiana.

Senior Meals and Nutrition
CICOA’s Meals & More service offers home-delivered and neighborhood meals to help you stay healthy and connected.

Transportation Services
Get rides to medical appointments, pharmacies, grocery stores and more through our Way2Go transportation services.

Home Modifications
CICOA’s Safe at Home service offers home improvements that promote accessibility and prevent accidents, which is key to successfully aging in place and maintaining independence.

Support our mission

Donate
Volunteer
Sponsor

Learn more: cicoa.org/support

Contact us:

CICOA Aging & In-Home Solutions:
(317) 254-5465
(800) 489-9550
Visit us online:
cicoa.org

CICOA’s Aging & Disability Resource Center:
(317) 803-6131      (800) 432-2422
(317) 254-3660      Relay Service: 711