



FAMILY CAREGIVER SUPPORT DESCRIPTION, ALLOWABLE ACTIVITIES AND UNIT DEFINITIONS FROM INDIANA DIVISION OF AGING OPERATIONS MANUAL, REVISED 4/10/06

4011 FAMILY CAREGIVER SUPPORT PROGRAM

The Family Caregiver Support Program provides multi-faceted systems of support services for family caregivers, including access information; assistance; individual counseling, support groups and training; respite; and supplemental services.

4011.1 FUNDING SOURCES FOR THE FAMILY CAREGIVER SUPPORT PROGRAM

(a) The funding source for the Family Caregiver Support Program is Title III-E of the Older Americans Act (OAA).¹

(b) No more than 10% of Title III-E expenditures can be used for supportive services to relative caregivers (grandparents age 60 or older and relatives age 60 or older) of children age 18 or younger.²

(c) No more than 20% of Title III-E may be used for supplemental services.

4011.2 POPULATIONS SERVED BY THE FAMILY CAREGIVER SUPPORT PROGRAM

(a) Populations served by the Family Caregiver Support Program include adult family caregivers, or another individual who is an informal provider of in-home and community care for the following older adults:

(1) The care recipient defined as an older adult, 60 years of age and older; and

(2) The care recipient defined as an adult, 60 years of age or older, has two or more activities of daily living (ADL) limitations, or a cognitive impairment, or functional dependency for the caregiver, to be eligible for respite or supplemental services.

(b) Populations served include grandparents or step-grandparents, **55** years or older (or relative caregivers by blood or marriage) of children 18 years and younger who:

(1) **live with the child;**

(2) are the primary caregivers of the child because biological or adoptive parents are unable or unwilling to serve as the primary caregivers of the child; or

(3) have a legal relationship to the child, such legal custody or guardianship, or are raising the child informally.

(c) Priority for services shall be given to older adults with greatest social and economic need (with particular attention to low-income older adults and older adults providing care and support to persons with mental retardation and related developmental disabilities (as defined in Section 102 of the Developmental Disabilities Assistance and Bill of Rights Act, 42 USC 6001).

¹ Older Americans Act, Section 303 (e) (1) and (2) ² Older Americans Act, Section 304 (d) (1) (A)

Services Allowed:

4011.3 ACCESS ASSISTANCE

This service assists caregivers in obtaining access to the services and resources that are available within their communities.

4011.4 INFORMATION FOR CAREGIVERS

This is a service for caregivers that provides the public and individuals with information on resources and services available to the individuals within their communities.

4011.5 COUNSELING

Counseling is provided to caregivers to assist them in making decisions and solving problems relating to their caregiver roles. This includes counseling to individuals, support groups, and caregiver training (for individual caregivers and families).

4011.6 RESPITE

Respite services offer temporary, substitute supports or living arrangements for care recipients in order to provide a brief period of relief or rest for caregivers. Respite care includes the following:

- (1) In-home respite; (personal care, homemaker, and other in-home respite);
- (2) Respite provided by attendance of the care recipient at a senior center or other non-residential program; and
- (3) Institutional respite provided by placing the resident in an institutional setting such as a nursing home for a short period of time as a respite service for the caregiver or, (for grandparents caring for the children,) summer camps.¹

4011.7 SUPPLEMENTAL SERVICES

(a) These services are provided on a limited basis to complement the care provided by caregivers.

(b) Examples of supplemental services include, but are not limited to, home modifications, assistive technologies, emergency response systems, and incontinence supplies.

¹ Older Americans Act, Section 373(a) (1) through (5)

(c) Supplemental services are meant to be flexible enhancements to caregiver support programs and are for the benefit of caregivers.

4011.12 UNIT OF SERVICE

Service units include the following:

- (1) Information services – (1 Activity)

A service for caregivers that provides the individuals with current information on resources and services available to the individuals within their communities.

(Note: service units for information services are for activities directed to large audiences of current or potential caregivers such as disseminating publications, conducting media campaigns, and other similar activities).

- (2) Access assistance- (1 contact)

A service that assists caregivers in obtaining access to the services and resources that are available within their communities. To the maximum extent practicable, it ensures that the individuals receive the services needed by establishing adequate follow-up procedures **(Note: Information and assistance to caregivers is an access service, i.e. a service that: A) provides individuals with information on services available within the communities; B) links individuals to the services and opportunities that are available within the communities; C) to the maximum extent practicable, establishes follow-up procedures. Internet website “hits” are to be counted only if information is requested and supplied).**

¹ Changed 5/13/05

- (3) Counseling - (1 session)

Counseling to caregivers to assist them in making decisions and solving

problems relating to their caregiver roles. This includes counseling to individuals, support groups, and caregiver training **of individual caregivers and families.**

(4) Respite - (1 hour)

Services which offer temporary, substitute supports or living arrangements for **care recipients** in order to provide a brief period of relief or rest for caregivers. **(Respite Care includes: 1) In-home respite (personal care, homemaker and other in-home respite); 2) respite provided by attendance of the care recipient at a senior center or other nonresidential program; 3) institutional respite provided by placing the care recipient in an institutional setting such as a nursing home for a short period of time as a respite service for the caregiver, and (for grandparents caring for children) summer camps. If the specific service units purchased via a direct payment (cash or voucher) can be tracked or estimated, report those service unit hours. If not, a unit of service in a direct payment is one payment.**

(5) Supplemental services (Services provided on a limited basis to complement the care provided by caregivers. **Examples of supplemental services include, but are not limited to, home modifications, assistive technologies, emergency response systems and incontinence supplies.**

Changes to the Older Americans Act in 2006 also provide that services under the Family Caregiver Support Act may also be provided to:

- **Relatives responsible for the care of an individual of any age who is diagnosed with Alzheimer's disease or a related neurological disorder.**
- **An older adult who cares for a child of any age with a disability.**