CATHOLIC CHARITIES
INDIANAPOLIS PROGRAMS
AmeriCorps Seniors
www.americorps.gov

National Service Programs for adults 55+
Make giving back your second act

Get involved and make a positive difference in your community. AmeriCorps Seniors volunteers serve with organizations dedicated to helping others.
AmeriCorps is an independent, federal grant-making government agency with a mission to improve lives, strengthen communities, and foster civic participation through service and volunteering.
RSVP
Retired and Senior Volunteer Program

Find a service opportunity that you are passionate about. With RSVP you can use the skills and talents you’ve learned over the years, or develop new ones while serving in a variety of volunteer activities in your community.
Senior Companion Program

Serve as a friend and companion by providing assistance and friendship to seniors who have difficulty with daily living tasks. The program aims to keep seniors independent longer, and provide respite to family caregivers.
<table>
<thead>
<tr>
<th>Program Comparison</th>
<th>RSVP</th>
<th>Senior Companion Program</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age</td>
<td>55+</td>
<td>55+</td>
</tr>
<tr>
<td>What you do</td>
<td>you choose, from home or in the community</td>
<td>friendly visits, no hands on care</td>
</tr>
<tr>
<td>Time commitment</td>
<td>flexible</td>
<td>15 hours/week</td>
</tr>
<tr>
<td>Stipend</td>
<td>none</td>
<td>$3/hour</td>
</tr>
<tr>
<td>Income requirement</td>
<td>none</td>
<td>low to moderate income</td>
</tr>
<tr>
<td>Background checks</td>
<td>state/national</td>
<td>FBI fingerprint</td>
</tr>
<tr>
<td>Counties</td>
<td>Hamilton, Hendricks, Johnson, Marion</td>
<td>Marion</td>
</tr>
<tr>
<td>Contact</td>
<td>Monica Woodworth, 317-261-3378, <a href="mailto:mwoodworth@archindy.org">mwoodworth@archindy.org</a></td>
<td>Joyce Beaven, 317-236-1565, <a href="mailto:jbeaven@archindy.org">jbeaven@archindy.org</a></td>
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</table>
Caregiver Support
317-261-3378

- Support groups for caregivers of older adults
- Monthly virtual and in person groups at St Jude’s and the Catholic Center
- Connections with community resources
- Massage therapy and music therapy for caregivers as funding permits
- Ramps
- No fees for services
- Marion and surrounding counties
- Funded in part by CICOA Aging and In-Home Solutions

ONLINE RESOURCES

https://www.caregiver.org/
https://www.caregiver.va.gov/
https://www.caregiveraction.org/
https://theconversationproject.org/
https://www.daughterhood.org/
https://www.timeslips.org/
HelpCreateHope.org
Programs

(Our programs are grouped into categories called Servicelines. Please click on the serviceline below to access more information on the programs within a given serviceline.)

Every day our staff strives to meet the needs of the poor and vulnerable in central Indiana. Through our five areas of services, we help children, youth, families, adults and seniors meet their needs of housing, food, clothing, family strengthening, day care, after-school care, mental healthcare and pregnancy and adoption. The services below are all served by the leadership of Executive Director of Catholic Charities of the Archdiocese of Indianapolis, David Bethurum.

- Counseling and School Social Work
- Seniors
- Crisis Relief, Refugee and Immigration Services, Christmas Store
- Housing and Homelessness - Holy Family Shelter
- St. Elizabeth/Coleman Pregnancy & Adoption Services
People do not need to be Catholic to access services or volunteer.

thank you