



Pumpkin Spice Greek Yogurt Dip

Prep Time: 5 mins

Servings: 4

Ingredients

- 2 cups vanilla Greek yogurt
- 1 cup pumpkin puree
- 1 teaspoon ground cinnamon
- Enjoy with apple slices, pretzels, graham crackers.

Directions

Begin by washing hands with soap and water.

1. Place all ingredients into a bowl.
2. Stir ingredients to combine.
3. Pour into a dish and serve.

Try this recipe with sliced fruit, pretzels, graham crackers, enjoy as a spread on toast, with banana for a yogurt parfait, or add a dollop onto oatmeal.

