Do you have a Word of the Year? It’s a mindfulness exercise many people do at the beginning of a new year to guide their intentions and goals in the coming year. Rather than making rigid resolutions that are quickly broken and then forgotten, selecting a Word of the Year and posting it where you will see it daily can help you stay focused on making positive change.

When I look back over the past fiscal year (July 1, 2020-June 30, 2021), the pandemic obviously looms large with its unforeseen social, economic and environmental challenges. But as I consider what went well, the word that comes to mind is resilience—that elastic ability to absorb a blow and bounce back faster, stronger, better.

I see resilience at work in the following areas:

**Technology**—We had to learn quickly that the way we were accustomed to working was no longer possible. Our direct service staff could not risk meeting clients in person and, literally overnight, went virtual. We learned that by being nimble, flexible and solution-focused, we still could achieve our goals and still meet the needs of people who depend on us.

**Community connectedness**—CICOA collaborated with many community organizations and volunteers to deliver a humanitarian response during the crisis. From providing almost a million meals and supplemental food boxes to connecting clients with vaccines, transportation, weekly telephone reassurance calls, and more, we worked together to meet the needs of the elderly and homebound.

**Philanthropy**—A swell of local, community-focused funds from the state, philanthropic organizations and loyal CICOA donors showed the strength and resilience of Hoosiers to see each other through.

As I consider what went well in the past year, I know we are stronger together and that connectedness increases our resilience in the face of continuing challenges and our ability to meet long-term goals. With your help, we’ll stay focused on creating positive change.
FOR THE FIRST TIME in more than a year, Debra, 60, can safety go outside. She can’t get enough of the fresh air and sunshine after being trapped at home, unable to climb up or down the front steps. On any given day, you’ll now find her in the backyard planting flowers, walking her tiny, Maltese yorkie, chatting with neighbors, or driving around town.

“I know it sounds crazy that five steps can make a difference, but it can,” she said.

This spring, CICOA provided a ramp using philanthropic dollars and volunteer labor through SAWS, which allowed Debra to maneuver her wheelchair out the front door and into freedom.

IT WAS ABOUT 4:00 P.M. on an ordinary, beautiful summer day when Judy received a call from her son’s girlfriend that she couldn’t rouse Matt. She asked Judy what to do. “Call an ambulance!” Judy said.

Matt, then 27, had suffered an anoxic brain injury that resulted in a stroke on both sides of his brain. After seven weeks in the hospital, Matt returned to his parents’ home and to a new life.

Judy’s husband took early retirement and became Matt’s primary caregiver. Judy takes the evening shift. Being Matt’s sole caregivers is a challenge, but they are grateful you and CICOA are by their side.

WHAT WE ACCOMPLISHED TOGETHER:

- 535,203 MEALS SERVED
- 12,040 CARE MANAGED CLIENTS
- 84,104 CALLS ANSWERED
- 879 TOTAL VOLUNTEER HOURS
- 518 NUMBER OF VOLUNTEERS
- 8,281 DEMENTIA FRIENDS
- 244 HOME MODIFICATIONS
- 30,326 TRIPS PROVIDED
LEADERSHIP

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Chief Development Officer
Dustin Ziegler,
VP, Integration

GRANT-FUNDED ORGANIZATIONS

CICOA provided grants to the following organizations through the Older Americans Act:

- Alzheimer's Association of Greater Indiana
  Amount Awarded: $19,000
- Boone County Senior Services
  Award Amount: $50,387
- Catholic Charities Indianapolis
  Award Amount: $52,000
- Hancock County Senior Services
  Award Amount: $53,545
- Hendricks County Senior Services
  Award Amount: $110,147
- Indiana Legal Services
  Amount Awarded: $51,549
- John Boner Community Center
  Amount Awarded: $3,000
- Joy's House
  Amount Awarded: $42,000
- Little Red Door Cancer Agency
  Amount Awarded: $34,000
- Morgan County Connect
  Award Amount: $34,812
- Oasis
  Award Amount: $5,330
- PrimeLife Enrichment
  Award Amount: $132,725
- Shelby Senior Services
  Award Amount: $94,829
- Shepherd's Center of Hamilton County
  Award Amount: $14,000
- Still Waters Adult Day Services
  Amount awarded: $12,000
- The Villages of Indiana
  Award Amount: $26,000
YEAR ENDED JUNE 30, 2021
CICOA Aging & In-Home Solutions, Inc.
and CICOA Foundation, Inc.
Combined Statements of Financial Position

REVENUE
Federal and state grants and contracts $17,284,238
Medicaid service fees 13,039,324
Project income 262,733
Contributions and grants 726,485
Interest income 8,163
Gain on beneficial interest 305,461
Other income 860,885
32,487,279

Net assets released from restrictions -
Total Revenue $32,487,279

EXPENSES
Program services
In-home services $17,496,590
Transportation 1,343,705
Nutrition 4,377,161
Aging & Disability Resource Center 4,980,701
Hospital Based Initiatives 746,567
Total program services 28,944,724
Administration 2,080,794
Fundraising 481,231
Total expenses $31,506,749
Change in net assets 980,530
Net assets at beginning of year $9,011,629
Net assets at end of year $9,992,159

ASSETS
Cash and cash equivalents $8,793,042
Grant reimbursements receivable 4,540,727
Medicaid service fees receivable 190,041
Contributions receivable, net 345,547
Other receivables 70,574
Prepaid expenses 911,285
Investment in Duett, Inc. 500,000
Beneficial interest in assets held by Central Indiana Community Foundation, Inc. 1,191,751
Property and equipment, net 133,177
Total assets $16,676,144

LIABILITIES AND NET ASSETS
Liabilities
Accounts payable $1,395,344
Accrued payroll and expenses 853,265
Accrued leave 1,067,736
Grant advance liability 3,295,280
Other liabilities 72,360
Total liabilities $6,683,985

NET ASSETS
Unrestricted $7,581,445
Board designated 583,740
Total net assets without restrictions 8,165,185
With donor restrictions 1,826,974
Total net assets 9,992,159

TOTAL LIABILITIES and NET ASSETS $16,676,144

A complete financial audit by independent auditors Crowe LLP is available on request.
**ANNUAL CAMPAIGN**

**BUSINESSES AND FOUNDATIONS**

**Champion—$10,000+**
- Care Institute Group, Inc.
- Caregivers Homes of Indiana
- Central Indiana Senior Fund, a CICF Fund
- Citizens Energy Group
- Comfort Keepers/Heal at Home Community Action of Greater Indianapolis (CAGI)
- George's Family Pharmacy, Inc.
- Meals on Wheels America
- Morgan County Board of Commissioners
- United Way of Central Indiana

**Leader—$5,000+**
- Alternative Care Solutions
- Ascension St. Vincent Hospital
- Guardian Medical Monitoring, Inc.
- Kroger Co. Foundation
- Printing Partners
- South Indy Quality of Life

**Benefactor—$2,500+**
- Anthem Foundation, Inc.
- Duett
- First Horizon Home Health Care, Inc.
- Flanner Buchanan
- Holwasher & Holwasher, Attorneys at Law
- Independent Adult Day Centers - Guion Rd
- Innovative Integration, Inc.
- ITINerica
- PFMAutomotive Management, Inc.

**Advocate—$1,000+**
- American Senior Communities
- Barnes & Thornburg, LLP
- Bookends Financial Planning
- Dove Printing Services, Inc.
- Federation Mutual Insurance
- Home Instead Senior Care Foundation
- Indianapolis Neighborhood Housing Partnership, Inc. (INHP)
- INHouse Primary Care
- The Justus Family of Companies
- Katz, Sapper & Miller
- Koremen, LLC
- Lake Meadows Assisted Living
- Marquette
- The National Bank of Indianapolis
- Paradigm Health
- Scripps Howard Foundation
- Senior Check-In

**PLAY FOR CICOA SPONSORS**

**Adaptive Nursing & Healthcare**
- AES Indiana

**American Senior Communities**
- Alternative Care Solutions
- American Senior Communities Benefit Solutions
- Capstone Retirement Group
- Comfort Keepers
- First Horizon Home Health Care
- George’s Family Pharmacy
- Grand Brook Memory Care
- Holwasher & Holwasher, Attorneys at Law
- Impact Networking
- Independent Adult Day Homecare
- INhouse Primary Care
- Innovation Integration
- My House Home Modifications
- PrimeLife Enrichment, Inc.
- The Pete Fund
- The Schrage Family
- Shepherd’s Center of Hamilton County
- Together Homecare of Indianapolis
- Woodland Terrace

**MEALS APPEAL SPONSORS**

- Chef for Hire, Inc.
- Flanner Buchanan
- Guardian Medical Monitoring
- Holwasher & Holwasher, Attorneys at Law
- Improvise, Inc.
- PFM Automotive Management, Inc.

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**18 HOLES FOR HOPE SPONSORS**

- American Senior Communities
- ASC Calvary for Hope
- Busey Public Affairs Group
- Mike Brower
- Caregivers Homes of Indiana
- Comfort Keepers
- Duett
- Flanner Buchanan
- Guardian Medical Monitoring
- Holwasher & Holwasher, Attorneys at Law
- Indianopolis Neighborhood Housing Partnership
- Justus
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- Lake Meadows Senior Assisted Living
- Paradigm Health
- The Pete Fund
- Senior Check-in

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Office Hours: 8 a.m.-5 p.m.

CICOA Martinsville
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110 N. Main St.
Martinsville, IN 46151
Phone: (317) 803-6061
Office Hours:
By appointment only

CICOA’s Aging & Disability Resource Center:
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