

Study for persons with Memory Concerns and their Family Member or Friend



What is the purpose of this study?

In this study, we provide the Reengagement in Daily Meaningful Activity Intervention for adults with memory concerns and their study partners to find out the best way to help them to support each other to engage in meaningful activities and to cope with memory concerns and evaluate how well it works to increase their health benefits.

Who can participate?

An adult, aged **60 years** or over, who is experiencing memory concerns, is able to read and speak English, and is being supported by an adult family member or friend who is also able to read and speak English can participate.

What does the project involve?

The project is conducted within a 9-month-period, which involves participating in a 3-month skill-building and health promotion program, consisting of 7 telephone sessions and completion of follow-up telephone survey questions - all of which will be arranged at your convenience.

What are the benefits?

Taking part in a skill-building program can help participants learn about important things they can do to cope with memory concerns and stay engaged in meaningful activity. .

For more information or to volunteer to participate, contact:

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