408,642 MEALS SERVED

11,973 CARE MANAGED CLIENTS

879 TOTAL VOLUNTEER HOURS

29,898 CALLS ANSWERED

10,830 DEMENTIA FRIENDS

518 NUMBER OF VOLUNTEERS

275 HOME MODIFICATIONS

CICOA
Aging & In-Home Solutions

Hope given to your community.

FY22

Greatest Need . . . . . . . . $396,449
Direct Client Assistance . . . $237,260
Innovation Fund . . . . . . . $73,000
Staff Support . . . . . . . . $.5,926
Community Outreach . . . . $6,000

TOTAL . . . . . . . . . . . . $718,635

Total Donors . . . . . . . . 676
First Time Donors . . . . . 307
Institutional Donors . . . . . 22

TOTAL GIFTS. . . . . . . . 2,200

cicoa.org/support/cicoa-foundation
The black cat with bright green eyes showed up one day on Alan’s patio. A softy when it comes to animals, Alan coaxed the cat inside one cold day with a can of tuna. She ate the tuna, then made herself at home, snuggling under the blankets on Alan’s air mattress. He decided to call her Princess, and the two have been together ever since.

Alan loves Princess so much, it’s not unusual for him to give her some of his own meal, even if it means he goes without. CICOA wants to make sure clients like Alan can care for their furry friends without sacrificing their own needs. That’s why CICOA launched a pilot program last December offering pet food and supplies to low-income, homebound seniors.

Today, Alan is thankful for the pet food delivery, and so is his faithful companion, Princess.

Carmine and his identical twin brother, Rook, were born on June 9, 2017 at just 26 weeks. Shecara thought she was having Braxton Hicks contractions, but 10 minutes after she got to the hospital, her twin sons were born. Rook survived only nine days. Carmine spent 165 days in four different neonatal intensive care units.

Today, Carmine is thriving. A nurse comes to the house four days a week to help provide care. He attends a developmental pre-school, plus has speech, occupational and physical therapy. He’s working on eating on his own and increasing his vocabulary.

Shecara has published two books that celebrates success stories of children like Carmine. A portion of their proceeds goes toward NICUs at area hospitals.

Ask Alice McGinnis, who turned 105 last summer, about the secret to her longevity. “I never get in a hurry,” she says.

Well into her 90s, Alice continued to live by herself in her house, tending to the garden, the yard and the kitchen. She also found time for crossword puzzles, card games and dominoes, a daily journal and painting. At 99, with her health and vision declining, Alice moved to Indianapolis to live with her daughter, Mary. Today, Alice likes to listen to books on tape.

Through CICOA, Alice got connected to in-home support services that have helped her maintain a level of independence and optimize her quality of life. Alice receives daily meals and personal care assistance, which allows Mary valuable time to attend to her own needs, also.