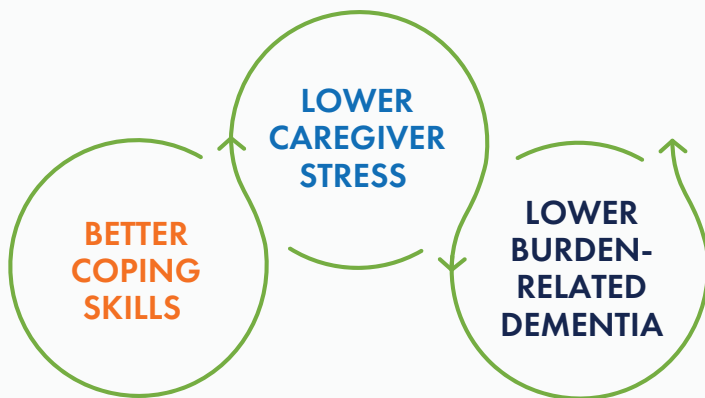
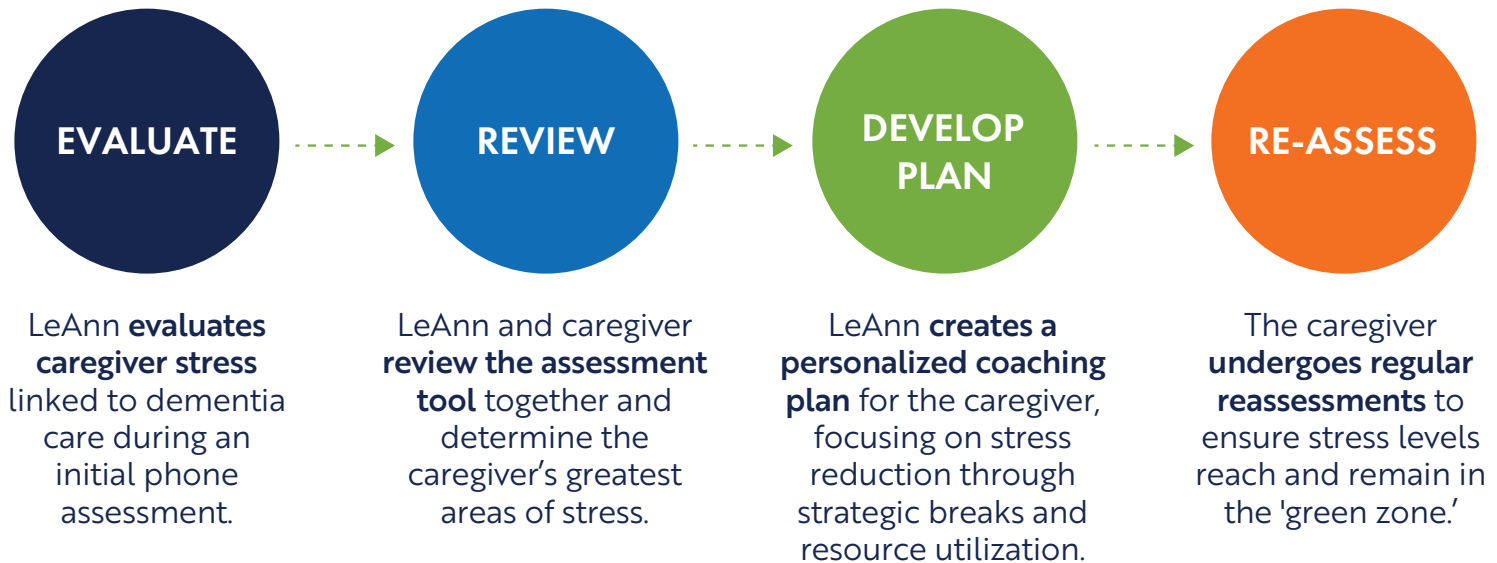


ABC Community

Part of the Administration for Community Living's (ACL) Alzheimer's Disease Programs Initiative



The Goal of Working with a Care Coach:

To help caregivers implement evidence-based coping strategies to manage their loved one's cognitive, functional, behavioral, and psychological disabilities without becoming burned out.

Care Coach: LeAnn Watkins

- LeAnn is from Indianapolis. LeAnn graduated from Arlington High School.
- LeAnn enjoys traveling, helping people, being with family, and dancing.
- LeAnn has been a caregiver for her mother and grandmother.



For more information contact:

LeAnn Watkins, Care Coach

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