



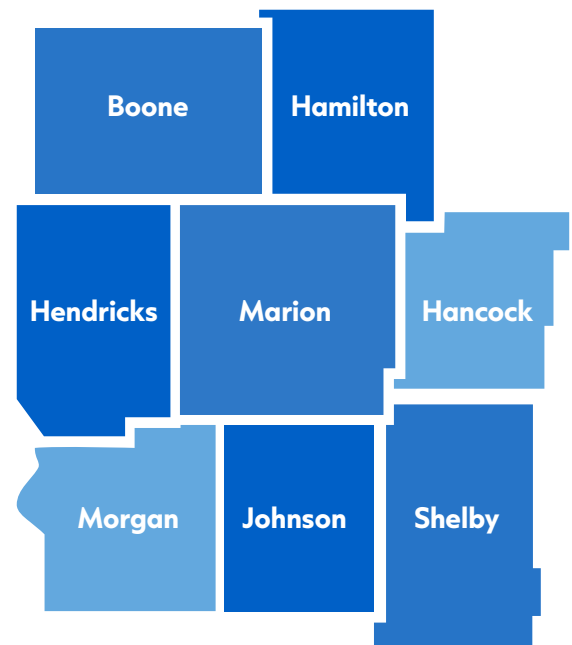
## Organization Overview

Founded in 1974, CICOA Aging & In-Home Solutions is dedicated to enhancing the lives of older adults and individuals with disabilities in Central Indiana. We offer care coordination, meal delivery, transportation, and caregiver support, along with advocating for elder-friendly policies.

## Mission Statement

CICOA empowers older adults, those of any age with a disability, and their caregivers by providing the innovative answers, services, and support they need to achieve the greatest possible independence, dignity, and quality of life.

## Service Area



## Top Officials



**Lisa Schneekloth**  
Interim CEO



**Kathy Frank**  
Board Chair

# Our Services



## Senior Meals & Nutrition

CICOA's Meals & More service offers home-delivered and neighborhood meals to help you stay healthy and connected.



## Care & Case Management

CICOA's Flourish care managers assess an individual's needs and develop person-centered plans of care which outline and identify services for reaching those needs.



## Resource Center

CICOA's Aging & Disability Resource Center (ADRC) is a one-stop call center providing information on local services for older adults, people with disabilities and family caregivers in Central Indiana.



## Home Modifications

CICOA's Safe at Home service offers home improvements that promote accessibility and prevent accidents, which is key to successfully aging in place and maintaining independence.



## Transportation Services

Get rides to medical appointments, pharmacies, grocery stores and more through our Way2Go transportation services.



## Caregiver Support

CICOA's CareAware service offers counseling and connects you to caregiver resources that help you and your loved ones.

# Our Impact FY2024 (July 2023 - June 2024)



## Ways to Support Us:

Donate

Volunteer

Sponsor

Learn more:  
[cicoa.org/support](https://cicoa.org/support)

Contact Us:  
317.254.5465 • 800.489.9550