

CICOA Aging & In-Home Solutions 2013

Subgroup Comparisons



Community Assessment Survey
for Older Adults™



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Survey Background

About the Community Assessment Survey for Older Adults™

CICOA Aging & In-Home Solutions contracted with National Research Center, Inc. (NRC) to conduct an assessment of the strengths and needs of its older residents. The Community Assessment Survey for Older Adults (CASOA) is a statistically valid survey of older adults used by staff, elected officials and other stakeholders to plan for older adult services, programs and facilities. The ultimate goal of the assessment is to create an empowered community that supports a vibrant older adult population in Indiana.

The survey and its administration are standardized to assure high quality survey methods and comparable results across CASOA communities. Participating older adult households were selected at random and the household member who responded was selected without bias. Multiple mailings gave each household more than one prompt to participate with a self-addressed and postage-paid envelope. Results were statistically weighted to reflect the proper demographic composition of older adults in the entire community.

Communities conducting CASOA can choose from a number of optional services to customize the reporting of survey results. CICOA Aging & In-Home Solutions' Report of Demographic Subgroup Comparisons is part of a larger project for the agency and the Full Report of Results is available under separate cover.

One of the add-on options that CICOA Aging & In-Home Solutions chose was to have crosstabulations of survey questions 1 through 17 by respondents' area of residence, gender, age, housing composition, and household income. This report contains the results of these analyses.

“Don't Know” Responses

On many of the questions in the survey respondents may answer “don't know.” The proportion of respondents giving this reply is shown in the full set of responses included in Appendix B of the Full Report. However, these responses have been removed from the analyses presented in the body of this report. In other words, the tables display the responses from respondents who had an opinion about a specific item.

Understanding the Tables

In this report, comparisons between demographic subgroups are shown. For most of the questions, we have shown only one number for each question. We have summarized responses to show only the proportion of respondents giving a certain answer: For example, the percent of respondents who rated the quality of life as “excellent” or “good,” or the percent of respondents who participated in an activity at least once.

The margin of error for CICOA Aging & In-Home Solutions overall was plus or minus 5% around any given percent for the entire sample (452 returned surveys). Where estimates are given for subgroups, they are less precise. For each of the eight geographic areas, the margin of error rises to approximately plus or minus 17 percentage points around any reported percent since sample sizes ranged from 34 in Johnson County to 119 in Marion County (see Table 1). Comparisons for the other subgroups (respondent demographic) have margins of error 10 percentage points for samples of 100, and for smaller sample sizes (i.e., 50), the margin of error rises to plus or minus 14 percentage points.

ANOVA and chi-square tests of significance were applied to these comparisons of survey questions and these tests are more precise than the general rule of thumb described previously. A

“p-value” of 0.05 or less indicates that there is less than a 5% probability that differences observed between subgroups are due to chance; or in other words, a greater than 95% probability that the differences observed are “real.” Where differences were statistically significant, they are marked in grey.

Table 1: Survey Count by County

	Returned surveys
Boone County	47
Hamilton County	55
Hancock County	49
Hendricks County	62
Johnson County	34
Marion County	119
Morgan County	42
Shelby County	44
Total	452

Subgroup Comparisons

The following tables contain the crosstabulations of survey questions 1 through 17 by selected respondent characteristics. Chi-square or ANOVA tests of significance were applied to these breakdowns of survey questions. A “p-value” of 0.05 or less indicates that there is less than a 5% probability that differences observed between groups are due to chance; or in other words, a greater than 95% probability that the differences observed in the selected categories of the sample represent “real” differences among those populations. Where differences between subgroups are statistically significant, they have been marked with grey shading.

Comparisons by Geography

Table 2: Question 1: Quality of Community

Percent of respondents who rated the following as "excellent" or "good":	Area								
	Boone County	Hamilton County	Hancock County	Hendricks County	Johnson County	Marion County	Morgan County	Shelby County	Overall
How do you rate your community as a place to live?	89%	94%	93%	89%	96%	78%	74%	80%	84%
How do you rate your community as a place to retire?	81%	73%	54%	76%	77%	61%	44%	58%	65%

Table 3: Question 2: Community Characteristics

Percent of respondents who rated the following as "excellent" or "good":	Area								
	Boone County	Hamilton County	Hancock County	Hendricks County	Johnson County	Marion County	Morgan County	Shelby County	Overall
Opportunities to volunteer	80%	85%	86%	82%	91%	65%	59%	81%	73%
Employment opportunities	36%	30%	34%	30%	27%	16%	14%	12%	22%
Opportunities to enroll in skill-building or personal enrichment classes	63%	49%	60%	47%	71%	42%	22%	38%	47%
Recreation opportunities (including games, arts and library services, etc.)	82%	83%	63%	72%	73%	60%	34%	54%	65%
Fitness opportunities (including exercise classes and paths or trails, etc.)	79%	87%	65%	84%	66%	52%	35%	44%	62%
Opportunities to attend social events or activities	80%	76%	54%	64%	74%	46%	37%	48%	55%
Opportunities to attend religious or spiritual	95%	86%	91%	92%	98%	70%	72%	86%	79%

Percent of respondents who rated the following as "excellent" or "good":	Area								
	Boone County	Hamilton County	Hancock County	Hendricks County	Johnson County	Marion County	Morgan County	Shelby County	Overall
activities									
Opportunities to attend or participate in meetings about local government or community matters	77%	61%	44%	76%	79%	46%	32%	55%	54%
Availability of affordable quality housing	49%	36%	61%	59%	65%	40%	24%	39%	44%
Variety of housing options	55%	44%	62%	76%	66%	42%	15%	44%	48%
Availability of long-term care options	63%	41%	29%	62%	65%	37%	25%	52%	43%
Availability of daytime care options for older adults	50%	33%	44%	46%	35%	28%	18%	18%	31%
Availability of information about resources for older adults	53%	29%	57%	43%	37%	32%	18%	46%	35%
Availability of financial and legal planning services	57%	61%	58%	58%	45%	26%	26%	31%	39%
Availability of affordable quality physical health care	75%	74%	47%	63%	44%	34%	47%	39%	46%
Availability of affordable quality mental health care	62%	47%	31%	60%	37%	26%	28%	20%	34%
Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)	76%	69%	71%	79%	65%	55%	59%	51%	62%
Availability of affordable quality food	89%	77%	62%	78%	72%	57%	49%	59%	64%
Availability of support services for those providing care for family/friends	63%	44%	59%	40%	27%	32%	31%	32%	36%
Sense of community	58%	62%	50%	62%	51%	48%	39%	54%	52%
Openness and acceptance of the community towards older residents of diverse backgrounds	61%	51%	33%	65%	57%	41%	44%	56%	47%
Ease of travel by public transportation (bus, rail, on-demand/senior transportation) in your community	48%	5%	20%	14%	42%	27%	12%	19%	24%
Ease of car travel in your community	78%	83%	85%	76%	87%	74%	69%	72%	77%
Ease of walking in your community	74%	64%	54%	63%	63%	42%	27%	55%	50%
Ease of getting to the places you usually have to visit	84%	80%	68%	71%	79%	62%	68%	66%	69%
Overall feeling of safety in your community	83%	89%	82%	80%	65%	46%	65%	68%	61%
Valuing older residents in your community	72%	61%	46%	68%	70%	44%	44%	51%	52%
Neighborhoodness of your community	66%	56%	63%	61%	71%	50%	49%	48%	55%

Table 4: Question 3: Overall Services to Older Adults

	Area								
	Boone County	Hamilton County	Hancock County	Hendricks County	Johnson County	Marion County	Morgan County	Shelby County	Overall
Percent of respondents who rated the overall quality of services to older adults as "excellent" or "good"	77%	60%	44%	68%	72%	38%	39%	47%	49%

Table 5: Question 4: Level of Informedness about Services and Activities for Older Adults

	Area								
	Boone County	Hamilton County	Hancock County	Hendricks County	Johnson County	Marion County	Morgan County	Shelby County	Overall
Percent of respondents who felt "somewhat" or "very" informed about the services and activities for older adults	66%	44%	53%	60%	51%	47%	51%	68%	50%

Table 6: Question 5: Quality of Life and Health

Percent of respondents who rated the following as "excellent" or "good":	Area								
	Boone County	Hamilton County	Hancock County	Hendricks County	Johnson County	Marion County	Morgan County	Shelby County	Overall
How do you rate your overall physical health?	74%	64%	75%	66%	59%	53%	50%	68%	58%
How do you rate your overall mental health/emotional well being?	90%	78%	92%	81%	88%	83%	60%	77%	82%
How do you rate your overall quality of life?	91%	83%	89%	77%	81%	82%	56%	77%	81%

Table 7: Question 6: Problems Faced by Older Adults

Percent of respondents who reported at least a "minor" problem with the following:	Area								
	Boone County	Hamilton County	Hancock County	Hendricks County	Johnson County	Marion County	Morgan County	Shelby County	Overall
Having housing to suit your needs	15%	11%	16%	19%	3%	29%	27%	16%	22%
Your physical health	58%	75%	56%	68%	74%	71%	86%	69%	71%

Percent of respondents who reported at least a "minor" problem with the following:	Area								
	Boone County	Hamilton County	Hancock County	Hendricks County	Johnson County	Marion County	Morgan County	Shelby County	Overall
Performing regular activities, including walking, eating and preparing meals	32%	33%	29%	39%	24%	48%	55%	35%	41%
Having enough food to eat	17%	5%	2%	5%	5%	11%	13%	11%	9%
Doing heavy or intense housework	58%	55%	57%	59%	63%	68%	76%	66%	64%
Having safe and affordable transportation available	28%	34%	20%	28%	12%	34%	32%	23%	30%
No longer being able to drive	24%	14%	3%	23%	12%	20%	19%	12%	18%
Feeling depressed	32%	50%	41%	48%	26%	49%	60%	40%	46%
Experiencing confusion or forgetfulness	40%	37%	39%	41%	42%	49%	55%	43%	45%
Maintaining your home	38%	47%	34%	40%	37%	58%	51%	41%	50%
Maintaining your yard	45%	37%	40%	50%	60%	51%	69%	49%	50%
Finding productive or meaningful activities to do	33%	36%	22%	36%	16%	40%	53%	35%	36%
Having friends or family you can rely on	22%	36%	30%	35%	22%	33%	44%	19%	32%
Falling or injuring yourself in your home	32%	22%	20%	27%	22%	38%	33%	22%	32%
Finding affordable health insurance	40%	36%	11%	40%	49%	40%	36%	39%	39%
Getting the health care you need	18%	29%	20%	23%	33%	30%	28%	27%	28%
Affording the medications you need	25%	31%	27%	27%	47%	39%	46%	34%	36%
Figuring out which medications to take and when	16%	13%	6%	17%	7%	16%	13%	4%	14%
Getting the oral health care you need	26%	27%	16%	24%	22%	36%	26%	28%	30%
Getting the vision care you need	32%	26%	21%	27%	28%	26%	16%	29%	26%
Having enough money to meet daily expenses	35%	42%	13%	37%	32%	43%	43%	41%	39%
Having enough money to pay your property taxes	29%	32%	11%	21%	35%	26%	27%	10%	26%
Staying physically fit	59%	59%	51%	57%	62%	68%	71%	59%	64%
Maintaining a healthy diet	40%	42%	53%	42%	34%	53%	56%	52%	48%
Having interesting recreational or cultural activities to attend	48%	46%	35%	49%	34%	56%	64%	45%	51%
Having interesting social events or activities to attend	44%	49%	36%	44%	33%	57%	68%	42%	51%
Feeling bored	40%	51%	32%	38%	33%	62%	55%	39%	52%
Feeling like your voice is heard in the community	49%	67%	69%	57%	45%	65%	69%	43%	62%
Finding meaningful volunteer work	31%	38%	16%	31%	8%	40%	44%	22%	34%
Feeling physically burdened by providing care for another person	22%	14%	13%	35%	29%	24%	33%	17%	24%
Feeling emotionally burdened by providing care for another person	28%	21%	28%	52%	20%	27%	30%	19%	28%

Percent of respondents who reported at least a "minor" problem with the following:	Area								
	Boone County	Hamilton County	Hancock County	Hendricks County	Johnson County	Marion County	Morgan County	Shelby County	Overall
Feeling financially burdened by providing care for another person	23%	19%	17%	27%	33%	21%	23%	21%	23%
Dealing with legal issues	27%	28%	30%	28%	19%	35%	37%	27%	31%
Having adequate information or dealing with public programs such as Social Security, Medicare and Medicaid	43%	35%	45%	48%	38%	45%	55%	35%	43%
Finding work in retirement	37%	28%	18%	24%	24%	34%	34%	29%	30%
Building skills for paid or unpaid work	28%	26%	16%	17%	23%	33%	41%	26%	29%
Not knowing what services are available to older adults in your community	53%	61%	44%	50%	50%	74%	68%	47%	63%
Feeling lonely or isolated	32%	35%	8%	41%	18%	46%	29%	35%	37%
Dealing with the loss of a close family member or friend	40%	38%	34%	42%	22%	42%	54%	36%	40%
Being a victim of crime	18%	16%	13%	9%	2%	19%	19%	11%	15%

Table 8: Question 7: Days Spent in Facilities

Percent of respondents who spent at least 1 day...	Area								
	Boone County	Hamilton County	Hancock County	Hendricks County	Johnson County	Marion County	Morgan County	Shelby County	Overall
As a patient in a hospital	23%	26%	14%	39%	8%	24%	24%	19%	24%
In an emergency room	30%	23%	26%	50%	26%	38%	32%	32%	34%
In a nursing home or in-patient rehabilitation facility	2%	2%	3%	8%	7%	4%	4%	2%	4%

Table 9: Question 8: Custom Question

Were you hospitalized in the past 12 months due to any of the following conditions? (Please check all that apply.)	Area								
	Boone County	Hamilton County	Hancock County	Hendricks County	Johnson County	Marion County	Morgan County	Shelby County	Overall
Congestive heart failure	3%	0%	0%	16%	2%	6%	0%	11%	5%
Heart attack	0%	0%	0%	9%	0%	3%	4%	7%	3%
Pneumonia	0%	5%	0%	10%	0%	2%	6%	5%	3%
COPD	5%	0%	0%	6%	0%	2%	5%	5%	2%
None of these	95%	95%	100%	78%	98%	91%	86%	84%	91%

Total may exceed 100% as respondents could select more than one option. Statistical significance not tested.

Table 10: Question 9: Falls in Last 12 Months

Percent of respondents who had at least 1 fall.	Area								
	Boone County	Hamilton County	Hancock County	Hendricks County	Johnson County	Marion County	Morgan County	Shelby County	Overall
Thinking back over the past 12 months, how many times have you fallen and injured yourself? Was it?	28%	18%	17%	35%	33%	43%	45%	34%	36%

Table 11: Question 10: Recommend Living in Community

	Area								
	Boone County	Hamilton County	Hancock County	Hendricks County	Johnson County	Marion County	Morgan County	Shelby County	Overall
Percent of respondents "somewhat" or "very" likely to recommend living in community	88%	85%	88%	75%	70%	74%	73%	77%	77%

Table 12: Question 11: Likelihood of Remaining in Community Throughout Retirement

	Area								
	Boone County	Hamilton County	Hancock County	Hendricks County	Johnson County	Marion County	Morgan County	Shelby County	Overall
Percent of respondents "somewhat" or "very" likely to remain in community throughout their retirement	93%	90%	86%	83%	91%	83%	82%	81%	85%

Table 13: Question 12: Custom Question

	Area								Overall
	Boone County	Hamilton County	Hancock County	Hendricks County	Johnson County	Marion County	Morgan County	Shelby County	
Percent of respondents who drive themselves "all" or "most" of the time	95%	96%	96%	97%	92%	90%	97%	89%	93%

Table 14: Question 13: Participation in Activities

Percent of respondents who participated in or did the following at least once:	Area								Overall
	Boone County	Hamilton County	Hancock County	Hendricks County	Johnson County	Marion County	Morgan County	Shelby County	
Used a senior center in your community	17%	11%	9%	26%	18%	15%	19%	40%	17%
Visited a nutrition/meal site	3%	0%	5%	6%	2%	6%	12%	7%	5%
Used a recreation center in your community	27%	24%	14%	29%	40%	26%	35%	16%	27%
Used a public library in your community	67%	61%	58%	62%	69%	68%	62%	46%	65%
Attended a meeting of local elected officials or other local public meeting in your community	26%	36%	37%	29%	41%	32%	19%	26%	32%
Watched a meeting of local elected officials or other public meeting on cable television, the Internet or other media	35%	34%	31%	29%	38%	51%	31%	44%	43%
Used public transportation (bus, rail, on-demand/senior transportation) within your community	8%	4%	1%	10%	5%	8%	6%	4%	7%
Visited a neighborhood park	76%	80%	54%	72%	85%	70%	69%	63%	72%

Table 15: Question 14: Hours Spent Doing Activities

Percent of respondents who spent at least 1 hour doing the following:	Area								Overall
	Boone County	Hamilton County	Hancock County	Hendricks County	Johnson County	Marion County	Morgan County	Shelby County	
Participating in a club (including book, dance, game and other social)	24%	27%	43%	25%	45%	27%	21%	30%	29%
Participating in a civic group (including Elks, Kiwanis, Masons, etc.)	22%	8%	15%	13%	2%	8%	11%	31%	10%
Communicating/ visiting with friends and/or family	87%	94%	96%	87%	96%	85%	97%	100%	89%

Percent of respondents who spent at least 1 hour doing the following:	Area								
	Boone County	Hamilton County	Hancock County	Hendricks County	Johnson County	Marion County	Morgan County	Shelby County	Overall
Participating in religious or spiritual activities with others	60%	61%	68%	60%	70%	72%	57%	60%	67%
Participating in a recreation program or group activity	34%	35%	31%	27%	37%	49%	24%	32%	41%
Providing help to friends or relatives	77%	84%	87%	83%	73%	82%	79%	93%	82%
Volunteering your time to some group/activity in your community	40%	32%	39%	31%	36%	33%	28%	29%	33%
Engaging in moderate physical activity/exercise	78%	77%	77%	77%	83%	71%	77%	84%	75%

Table 16: Question 15: Hours Spent Providing Care

Percent of respondents who provided at least 1 hour of care to...	Area								
	Boone County	Hamilton County	Hancock County	Hendricks County	Johnson County	Marion County	Morgan County	Shelby County	Overall
One or more individuals age 60 or older	30%	37%	32%	42%	26%	40%	19%	44%	37%
One or more individuals age 18 to 59	20%	20%	17%	8%	0%	25%	15%	18%	20%
One or more individuals under age 18	30%	22%	16%	17%	21%	26%	10%	34%	23%

Table 17: Question 16: Receives Care

	Area								
	Boone County	Hamilton County	Hancock County	Hendricks County	Johnson County	Marion County	Morgan County	Shelby County	Overall
Percent who received assistance from someone almost every day	8%	9%	5%	21%	17%	23%	16%	25%	18%

Table 18: Question 17: Custom Question

Please indicate whether you or another adult age 60 or older in your household has any of the following health conditions.	Area								
	Boone County	Hamilton County	Hancock County	Hendricks County	Johnson County	Marion County	Morgan County	Shelby County	Overall
Arthritis/rheumatic disease	69%	58%	62%	80%	38%	62%	62%	59%	61%
Diabetes	25%	12%	32%	36%	43%	41%	41%	26%	36%
Heart disease	15%	20%	21%	31%	21%	25%	31%	34%	24%

Please indicate whether you or another adult age 60 or older in your household has any of the following health conditions.	Area								
	Boone County	Hamilton County	Hancock County	Hendricks County	Johnson County	Marion County	Morgan County	Shelby County	Overall
High blood pressure	73%	80%	84%	71%	70%	77%	71%	80%	76%
Lung disease (asthma, emphysema, bronchitis)	19%	7%	34%	27%	10%	17%	31%	15%	17%
Cancer	7%	10%	10%	6%	2%	7%	2%	27%	8%
Osteoporosis	16%	16%	14%	18%	12%	22%	27%	16%	20%

Total may exceed 100% as respondents could select more than one option. Statistical significance not tested.

Comparisons by Respondents Characteristics

Table 19: Question 1: Quality of Community

Percent of respondents who rated the following as "excellent" or "good":	Sex		Age			Household composition		Low income household		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	Lives alone	Lives with others	No	Yes	
How do you rate your community as a place to live?	88%	79%	88%	78%	87%	82%	86%	86%	71%	84%
How do you rate your community as a place to retire?	69%	59%	63%	58%	77%	64%	66%	67%	50%	65%

Table 20: Question 2: Community Characteristics

Percent of respondents who rated the following as "excellent" or "good":	Sex		Age			Household composition		Low income household		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	Lives alone	Lives with others	No	Yes	
Opportunities to volunteer	71%	75%	76%	74%	68%	68%	77%	77%	44%	73%
Employment opportunities	20%	23%	19%	26%	19%	23%	22%	23%	8%	22%
Opportunities to enroll in skill-building or personal enrichment classes	45%	49%	48%	43%	49%	52%	44%	48%	40%	47%
Recreation opportunities (including games, arts and library services, etc.)	68%	61%	60%	67%	68%	69%	63%	65%	65%	65%
Fitness opportunities (including exercise classes and paths or trails, etc.)	63%	60%	61%	62%	63%	65%	61%	65%	31%	62%
Opportunities to attend social events or activities	54%	57%	52%	59%	54%	49%	59%	57%	43%	55%
Opportunities to attend religious or spiritual activities	85%	71%	71%	87%	78%	72%	83%	84%	48%	79%
Opportunities to attend or participate in meetings about local government or community matters	53%	56%	46%	64%	51%	49%	58%	59%	23%	54%
Availability of affordable quality housing	41%	48%	35%	48%	50%	38%	48%	48%	17%	44%
Variety of housing options	46%	49%	38%	58%	45%	40%	53%	51%	18%	48%
Availability of long-term care options	39%	47%	31%	49%	46%	35%	49%	48%	14%	43%
Availability of daytime care options for older adults	25%	40%	15%	34%	42%	37%	29%	33%	20%	31%
Availability of information about resources for older adults	30%	41%	27%	36%	41%	40%	32%	33%	45%	35%
Availability of financial and legal planning services	35%	43%	38%	39%	39%	37%	40%	41%	22%	39%

Percent of respondents who rated the following as "excellent" or "good":	Sex		Age			Household composition		Low income household		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	Lives alone	Lives with others	No	Yes	
Availability of affordable quality physical health care	46%	47%	33%	52%	54%	45%	47%	48%	28%	46%
Availability of affordable quality mental health care	34%	33%	18%	40%	45%	35%	33%	34%	32%	34%
Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)	63%	59%	50%	66%	70%	61%	62%	63%	51%	62%
Availability of affordable quality food	68%	59%	58%	66%	69%	64%	65%	66%	49%	64%
Availability of support services for those providing care for family/friends	31%	40%	24%	42%	40%	34%	37%	38%	24%	36%
Sense of community	52%	52%	57%	48%	51%	51%	53%	52%	49%	52%
Openness and acceptance of the community towards older residents of diverse backgrounds	39%	55%	38%	49%	54%	45%	48%	48%	40%	47%
Ease of travel by public transportation (bus, rail, on-demand/senior transportation) in your community	23%	24%	24%	22%	26%	27%	21%	20%	45%	24%
Ease of car travel in your community	79%	75%	78%	80%	72%	82%	74%	79%	62%	77%
Ease of walking in your community	51%	48%	38%	51%	61%	51%	50%	50%	50%	50%
Ease of getting to the places you usually have to visit	69%	67%	67%	71%	67%	69%	68%	69%	65%	69%
Overall feeling of safety in your community	62%	60%	54%	64%	66%	57%	65%	65%	32%	61%
Valuing older residents in your community	48%	56%	48%	49%	59%	50%	53%	48%	79%	52%
Neighborliness of your community	51%	58%	51%	50%	63%	56%	54%	54%	60%	55%

Table 21: Question 3: Overall Services to Older Adults

	Sex		Age			Household composition		Low income household		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	Lives alone	Lives with others	No	Yes	
Percent of respondents who rated the overall quality of services to older adults as "excellent" or "good"	41%	59%	46%	49%	53%	48%	50%	49%	49%	49%

Table 22: Question 4: Level of Informedness about Services and Activities for Older Adults

	Sex		Age			Household composition		Low income household		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	Lives alone	Lives with others	No	Yes	
Percent of respondents who felt "somewhat" or "very" informed about the services and activities for older adults	54%	45%	40%	52%	56%	55%	48%	52%	36%	50%

Table 23: Question 5: Quality of Life and Health

Percent of respondents who rated the following as "excellent" or "good":	Sex		Age			Household composition		Low income household		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	Lives alone	Lives with others	No	Yes	
How do you rate your overall physical health?	59%	57%	56%	60%	58%	52%	62%	61%	37%	58%
How do you rate your overall mental health/emotional well being?	86%	76%	79%	81%	84%	75%	86%	83%	75%	82%
How do you rate your overall quality of life?	83%	78%	80%	79%	84%	78%	83%	81%	77%	81%

Table 24: Question 6: Problems Faced by Older Adults

Percent of respondents who reported at least a "minor" problem with the following:	Sex		Age			Household composition		Low income household		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	Lives alone	Lives with others	No	Yes	
Having housing to suit your needs	16%	30%	23%	19%	23%	23%	21%	21%	24%	22%
Your physical health	68%	75%	72%	68%	74%	73%	70%	69%	93%	71%
Performing regular activities, including walking, eating and preparing meals	40%	42%	36%	38%	49%	43%	40%	38%	72%	41%
Having enough food to eat	5%	15%	9%	9%	10%	9%	10%	8%	15%	9%
Doing heavy or intense housework	68%	59%	53%	69%	70%	69%	61%	63%	76%	64%
Having safe and affordable transportation available	28%	33%	26%	23%	41%	34%	28%	28%	45%	30%
No longer being able to drive	20%	16%	9%	11%	35%	18%	18%	16%	37%	18%
Feeling depressed	48%	44%	51%	41%	47%	46%	45%	45%	53%	46%
Experiencing confusion or forgetfulness	37%	56%	45%	42%	49%	43%	46%	43%	62%	45%
Maintaining your home	50%	50%	48%	43%	60%	58%	44%	47%	73%	50%
Maintaining your yard	51%	48%	48%	48%	54%	48%	50%	48%	65%	50%
Finding productive or meaningful activities to do	34%	39%	32%	36%	40%	37%	35%	36%	37%	36%

Percent of respondents who reported at least a "minor" problem with the following:	Sex		Age			Household composition		Low income household		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	Lives alone	Lives with others	No	Yes	
Having friends or family you can rely on	29%	38%	41%	34%	22%	30%	33%	32%	33%	32%
Falling or injuring yourself in your home	29%	35%	24%	29%	41%	35%	29%	31%	35%	32%
Finding affordable health insurance	35%	44%	52%	35%	31%	26%	46%	38%	44%	39%
Getting the health care you need	25%	33%	36%	28%	22%	21%	32%	26%	48%	28%
Affording the medications you need	30%	45%	38%	37%	33%	22%	44%	36%	41%	36%
Figuring out which medications to take and when	9%	19%	10%	8%	25%	14%	13%	13%	23%	14%
Getting the oral health care you need	31%	29%	34%	23%	34%	30%	29%	26%	70%	30%
Getting the vision care you need	23%	30%	32%	21%	26%	24%	27%	23%	49%	26%
Having enough money to meet daily expenses	40%	38%	44%	32%	43%	39%	39%	36%	69%	39%
Having enough money to pay your property taxes	25%	28%	27%	21%	30%	19%	30%	24%	54%	26%
Staying physically fit	67%	60%	60%	65%	67%	62%	64%	63%	73%	64%
Maintaining a healthy diet	48%	48%	49%	46%	50%	53%	44%	46%	67%	48%
Having interesting recreational or cultural activities to attend	48%	54%	61%	49%	42%	49%	51%	51%	48%	51%
Having interesting social events or activities to attend	50%	53%	66%	46%	42%	51%	50%	50%	56%	51%
Feeling bored	47%	58%	63%	44%	52%	55%	50%	51%	64%	52%
Feeling like your voice is heard in the community	61%	62%	69%	57%	60%	53%	66%	63%	50%	62%
Finding meaningful volunteer work	36%	32%	44%	26%	35%	31%	35%	32%	59%	34%
Feeling physically burdened by providing care for another person	21%	28%	27%	17%	29%	17%	27%	22%	43%	24%
Feeling emotionally burdened by providing care for another person	24%	33%	41%	19%	26%	15%	34%	27%	33%	28%
Feeling financially burdened by providing care for another person	16%	32%	26%	17%	26%	14%	27%	22%	28%	23%
Dealing with legal issues	33%	29%	34%	29%	31%	28%	33%	30%	38%	31%
Having adequate information or dealing with public programs such as Social Security, Medicare and Medicaid	45%	41%	48%	39%	44%	39%	46%	43%	49%	43%
Finding work in retirement	28%	33%	29%	36%	22%	28%	31%	32%	13%	30%
Building skills for paid or unpaid work	30%	27%	30%	28%	25%	29%	28%	29%	22%	29%
Not knowing what services are available to older adults in your community	66%	59%	70%	63%	58%	63%	63%	64%	62%	63%
Feeling lonely or isolated	36%	39%	47%	32%	35%	41%	35%	37%	44%	37%
Dealing with the loss of a close family member or friend	40%	39%	38%	38%	43%	42%	37%	39%	44%	40%
Being a victim of crime	10%	23%	18%	16%	12%	16%	14%	15%	15%	15%

Table 25: Question 7: Days Spent in Facilities

Percent of respondents who spent at least 1 day...	Sex		Age			Household composition		Low income household		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	Lives alone	Lives with others	No	Yes	
As a patient in a hospital	22%	26%	19%	24%	28%	31%	20%	22%	45%	24%
In an emergency room	35%	35%	28%	34%	40%	40%	31%	32%	57%	34%
In a nursing home or in-patient rehabilitation facility	4%	4%	2%	6%	5%	4%	4%	4%	5%	4%

Table 26: Question 8: Custom Question

Were you hospitalized in the past 12 months due to any of the following conditions? (Please check all that apply.)	Sex		Age			Household composition		Low income household		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	Lives alone	Lives with others	No	Yes	
Congestive heart failure	5%	6%	4%	7%	5%	10%	2%	6%	0%	5%
Heart attack	0%	7%	0%	4%	4%	2%	3%	2%	10%	3%
Pneumonia	3%	3%	3%	5%	0%	3%	3%	3%	0%	3%
COPD	3%	1%	1%	4%	0%	3%	1%	2%	0%	2%
None of these	93%	88%	96%	88%	91%	88%	93%	91%	90%	91%

Total may exceed 100% as respondents could select more than one option. Statistical significance not tested.

Table 27: Question 9: Falls in Last 12 Months

Percent of respondents who had at least 1 fall.	Sex		Age			Household composition		Low income household		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	Lives alone	Lives with others	No	Yes	
Thinking back over the past 12 months, how many times have you fallen and injured yourself? Was it?	32%	41%	31%	36%	40%	37%	35%	34%	48%	36%

Table 28: Question 10: Recommend Living in Community

	Sex		Age			Household composition		Low income household		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	Lives alone	Lives with others	No	Yes	
Percent of respondents "somewhat" or "very" likely to recommend living in community	80%	72%	74%	73%	83%	78%	76%	79%	60%	77%

Table 29: Question 11: Likelihood of Remaining in Community Throughout Retirement

	Sex		Age			Household composition		Low income household		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	Lives alone	Lives with others	No	Yes	
Percent of respondents "somewhat" or "very" likely to remain in community throughout their retirement	88%	82%	82%	81%	93%	84%	86%	85%	90%	85%

Table 30: Question 12: Custom Question

	Sex		Age			Household composition		Low income household		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	Lives alone	Lives with others	No	Yes	
Percent of respondents who drive themselves "all" or "most" of the time	91%	96%	98%	94%	84%	95%	92%	93%	88%	93%

Table 31: Question 13: Participation in Activities

Percent of respondents who participated in or did the following at least once:	Sex		Age			Household composition		Low income household		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	Lives alone	Lives with others	No	Yes	
Used a senior center in your community	22%	10%	5%	20%	24%	23%	12%	17%	12%	17%
Visited a nutrition/meal site	6%	4%	3%	4%	8%	6%	3%	5%	8%	5%
Used a recreation center in your community	28%	25%	22%	32%	25%	24%	29%	29%	11%	27%
Used a public library in your community	65%	66%	68%	71%	54%	68%	64%	67%	49%	65%
Attended a meeting of local elected officials or other local public meeting in your community	28%	36%	37%	32%	27%	33%	32%	32%	31%	32%

Percent of respondents who participated in or did the following at least once:	Sex		Age			Household composition		Low income household		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	Lives alone	Lives with others	No	Yes	
Watched a meeting of local elected officials or other public meeting on cable television, the Internet or other media	47%	37%	32%	42%	53%	41%	44%	45%	30%	43%
Used public transportation (bus, rail, on-demand/senior transportation) within your community	9%	3%	6%	3%	12%	6%	7%	6%	9%	7%
Visited a neighborhood park	72%	72%	84%	74%	56%	67%	75%	74%	58%	72%

Table 32: Question 14: Hours Spent Doing Activities

Percent of respondents who spent at least 1 hour doing the following:	Sex		Age			Household composition		Low income household		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	Lives alone	Lives with others	No	Yes	
Participating in a club (including book, dance, game and other social)	30%	28%	34%	27%	26%	31%	28%	29%	26%	29%
Participating in a civic group (including Elks, Kiwanis, Masons, etc.)	10%	9%	12%	11%	5%	5%	13%	10%	8%	10%
Communicating/ visiting with friends and/or family	95%	82%	90%	87%	91%	87%	91%	90%	84%	89%
Participating in religious or spiritual activities with others	70%	64%	60%	71%	70%	67%	67%	70%	42%	67%
Participating in a recreation program or group activity	41%	40%	50%	33%	40%	41%	41%	41%	41%	41%
Providing help to friends or relatives	84%	80%	91%	79%	77%	74%	87%	84%	63%	82%
Volunteering your time to some group/activity in your community	36%	29%	29%	38%	30%	31%	34%	35%	11%	33%
Engaging in moderate physical activity/exercise	76%	73%	72%	81%	68%	72%	77%	77%	55%	75%

Table 33: Question 15: Hours Spent Providing Care

Percent of respondents who provided at least 1 hour of care to...	Sex		Age			Household composition		Low income household		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	Lives alone	Lives with others	No	Yes	
One or more individuals age 60 or older	36%	38%	38%	34%	40%	28%	45%	40%	19%	37%
One or more individuals age 18 to 59	17%	21%	27%	17%	15%	14%	22%	19%	21%	20%
One or more individuals under age 18	25%	19%	20%	30%	17%	14%	29%	24%	18%	23%

Table 34: Question 16: Receives Care

	Sex		Age			Household composition		Low income household		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	Lives alone	Lives with others	No	Yes	
Percent who received assistance from someone almost every day	19%	18%	10%	16%	30%	11%	23%	18%	21%	18%

Table 35: Question 17: Custom Question

Please indicate whether you or another adult age 60 or older in your household has any of the following health conditions.	Sex		Age			Household composition		Low income household		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	Lives alone	Lives with others	No	Yes	
Arthritis/rheumatic disease	68%	51%	49%	67%	64%	60%	61%	63%	49%	61%
Diabetes	34%	39%	34%	33%	40%	34%	37%	32%	58%	36%
Heart disease	22%	29%	13%	22%	35%	25%	24%	24%	25%	24%
High blood pressure	74%	80%	83%	69%	80%	74%	78%	74%	89%	76%
Lung disease (asthma, emphysema, bronchitis)	17%	17%	25%	18%	10%	15%	18%	17%	20%	17%
Cancer	6%	10%	10%	5%	9%	8%	8%	8%	4%	8%
Osteoporosis	29%	5%	16%	19%	23%	20%	18%	20%	17%	20%

Total may exceed 100% as respondents could select more than one option. Statistical significance not tested.