

CICOA Aging & In-Home Solutions 2013

Benchmark Comparison Report



Community Assessment Survey
for Older Adults™



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Survey Background

Comparison Data

NRC has developed a database that collates responses to CASOA™ and related surveys administered in other communities, which allows the results from the counties served by CICOA Aging & In-Home Solutions (Area 8) to be compared against a set of national benchmarks. This benchmarking database includes responses from more than 35,000 older adults (age 55 and over) in 175+ communities across the nation. The demographics of NRC's database match the demographics in the nation, based on the U.S. Census 2010 estimates.

Interpreting the Results

Ratings are compared when similar questions are included in NRC's database and there are at least five communities in which the question was asked. Where comparisons are available, three numbers are provided in the table. The first column is Area 8's proportion of the population responding in a particular way (e.g., percent "likely" to recommend living in the community). The second column is the rank assigned to this rating among communities where a similar question was asked. The third column is the number of communities that asked a similar question. The fourth column shows the comparison of Area 8's rating (column one) to the benchmark.

Where comparisons for ratings were available, Area 8's results were generally noted as being "higher" than the benchmark, "lower" than the benchmark or "similar" to the benchmark. In instances where ratings are considerably higher or lower than the benchmark, these ratings have been further demarcated by the attribute of "much," (for example, "much higher" or "much lower"). These labels come from a statistical comparison of Area 8's rating to the benchmark where a rating is considered "similar" if it is within the margin of error; "higher" or "lower" if the difference between your community's rating and the benchmark is greater than the margin of error; and "much higher" or "much lower" if the difference between your community's rating and the benchmark is more than twice the margin of error.

Benchmark Comparisons

Table 1: Area 8 as a Place for Older Residents Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Your community as an excellent or good place to live	84%	174	285	Similar
Your community as an excellent or good place to retire	65%	194	283	Lower
Excellent or good overall services provided to older adults in your community	49%	218	261	Much lower

Table 2: Recommendation of Area 8 to Others Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Likely to recommend living in your community to older adults	77%	14	26	Similar

Table 3: Remaining in Area 8 throughout Retirement Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Likely to remain in your community throughout retirement	85%	21	26	Similar

Table 4: Older Adult Community and Belonging Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good sense of community	52%	249	284	Much lower
Excellent or good openness and acceptance of the community towards older residents of diverse backgrounds	47%	231	265	Much lower
Excellent or good overall feeling of safety in your community	61%	17	21	Lower
Excellent or good valuing of older residents in your community	52%	13	21	Similar
Excellent or good neighborliness in your community	55%	10	21	Similar

Table 5: Safety Problems Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with being a victim of crime	15%	4	26	Higher
Problems with being a victim of fraud or a scam	15%	7	26	Similar
Problems with being physically or emotionally abused	9%	6	26	Similar

Table 6: Awareness of Older Adult Services and Activities Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Informed about services and activities available to older adults in your community	50%	23	26	Much lower

Table 7: Availability of Information about Older Adult Resource Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good availability of information about resources for older adults	35%	17	26	Much lower
Excellent or good availability of financial and legal planning services	39%	10	21	Similar

Table 8: Meaningful Activities Needs Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with finding productive or meaningful activities to do	36%	10	26	Similar
Problems with feeling like your voice is heard in the community	62%	4	26	Much higher
Problems with finding meaningful volunteer work	34%	4	26	Higher
Problems with not knowing what services are available to older adults in your community	63%	7	26	Higher

Table 9: Volunteer Opportunities Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good opportunities to volunteer	73%	146	194	Lower

Table 10: Participation in Civic Activities Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Attended a meeting of local elected officials or other local public meeting in your community at least once in past 12 m	32%	117	283	Similar
Watched a local or other public meeting on cable television, the Internet or other media at least once in past 12 months	43%	154	226	Much lower
Participating in a civic group (including Elks, Kiwanis, Masons, etc.) for one hour or more per week	10%	22	26	Similar
Volunteering your time to some group/activity in your community for one hour or more per week	33%	16	26	Similar
Registered to vote in your jurisdiction	94%	76	284	Higher
Voted in the last general election	87%	112	283	Similar

Table 11: Social Engagement Opportunities Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good opportunities to attend social events or activities	55%	150	193	Much lower
Excellent or good opportunities to attend religious or spiritual activities	79%	121	167	Similar

Table 12: Participation in Social Activities Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Used a senior center in your community at least once in past 12 months	17%	18	26	Lower
Participating in a club (including book, dance, game and other social) for one hour or more per week	29%	18	26	Similar
Participating in religious or spiritual activities with others for one hour or more per week	67%	8	26	Higher

Table 13: Social Engagement Problems Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with having interesting social events or activities to attend	51%	4	26	Much higher

Table 14: Recreational and Personal Enrichment Opportunities Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good opportunities to enroll in skill-building or personal enrichment classes	47%	13	26	Lower
Excellent or good recreation opportunities (including games, arts and library services, etc.)	65%	139	281	Similar

Table 15: Participation in Recreational and Personal Enrichment Activities Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Used a recreation center in your community at least once in past 12 months	27%	219	237	Much lower
Used a public library in your community at least once in past 12 months	65%	10	26	Higher
Visited a neighborhood park at least once in past 12 months	72%	211	281	Lower
Participating in a recreation program or group activity for one hour or more per week	41%	9	26	Higher

Table 16: Recreational Problems Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with having interesting recreational or cultural activities to attend	51%	5	26	Much higher

Table 17: Caregiver Burden in Area 8 Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with feeling physically burdened by providing care for another person	24%	4	18	Similar
Problems with feeling emotionally burdened by providing care for another person	28%	7	18	Similar
Problems with feeling financially burdened by providing care for another person	23%	6	18	Similar

Table 18: Employment Opportunities Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good employment opportunities	22%	179	269	Much lower

Table 19: Financial and Legal Problems of Older Residents Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with having enough money to meet daily expenses	39%	9	26	Similar
Problems with having enough money to pay your property taxes	26%	14	26	Similar
Problems with dealing with legal issues	31%	8	26	Similar
Problems with finding work in retirement	30%	17	26	Similar
Problems with building skills for paid or unpaid work	29%	15	26	Similar
Problems with dealing with financial planning issues	42%	3	26	Much higher

Table 20: Physical Health Opportunities Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good fitness opportunities (including exercise classes and paths or trails, etc.)	62%	12	26	Similar
Excellent or good availability of affordable quality physical health care	46%	188	237	Much lower

Table 21: Overall Physical Health of Older Residents Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good overall physical health	58%	23	26	Much lower

Table 22: Physical Health Problems of Older Residents Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with your physical health	71%	2	26	Much higher
Problems with problems with Doing heavy or intense housework	64%	6	26	Higher
Problems with maintaining your home	50%	2	26	Much higher
Problems with maintaining your yard	50%	4	26	Much higher
Problems with staying physically fit	64%	4	26	Much higher
Problems with maintaining a healthy diet	48%	7	26	Higher

Table 23: Availability of Mental Healthcare Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good availability of affordable quality mental health care	34%	15	26	Lower

Table 24: Emotional Wellbeing of Older Residents Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good overall mental health/emotional well being	82%	18	26	Similar

Table 25: Mental Health Problems of Older Residents Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with feeling depressed	46%	6	26	Much higher
Problems with experiencing confusion or forgetfulness	45%	3	26	Much higher
Problems with having friends or family you can rely on	32%	3	26	Much higher
Problems with figuring out which medications to take and when	14%	3	18	Similar
Problems with feeling bored	52%	2	26	Much higher
Problems with feeling lonely or isolated	37%	2	26	Much higher
Problems with dealing with the loss of a close family member or friend	40%	9	26	Similar

Table 26: Availability of Preventative Health Care Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good availability of preventative health services (e.g., health screenings, flu shots, educational workshops)	62%	12	26	Similar

Table 27: Health Care Problems of Older Residents Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with finding affordable health insurance	39%	14	26	Similar
Problems with getting the health care you need	28%	10	26	Similar
Problems with affording the medications you need	36%	9	26	Higher
Problems with getting the oral health care you need	30%	4	21	Higher
Problems with getting the vision care you need	26%	8	18	Similar
Problems with having adequate information or dealing with public programs such as Social Security, Medicare and Medicaid	43%	4	26	Higher

Table 28: Falls, Hospitalizations and Institutionalizations of Older Residents Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Spent at least 1 day in a hospital in past 12 months	24%	15	25	Similar
Spent at least 1 day in a nursing home or in-patient rehabilitation facility	4%	10	25	Similar
Had at least 1 fall in the past 12 months	36%	6	25	Higher

Table 29: Care Options for Older Residents Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good availability of long-term care options	43%	10	18	Similar
Excellent or good availability of daytime care options for older adults	31%	6	18	Similar

Table 30: Independent Living Problems of Older Residents Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with performing regular activities, including walking, eating and preparing meals	41%	2	26	Much higher
Problems with no longer being able to drive	18%	5	26	Higher
Problems with falling or injuring yourself in your home	32%	2	26	Much higher

Table 31: Aspects of Design and Land Use Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good availability of affordable quality housing	44%	128	272	Similar
Excellent or good variety of housing options	48%	142	192	Much lower
Excellent or good ease of car travel in your community	77%	34	265	Much higher
Excellent or good ease of walking in your community	50%	211	268	Much lower
Excellent or good ease of getting to the places you usually have to visit	69%	10	21	Similar

Table 32: Bus Ridership of Older Residents Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Used public transportation (bus, rail, on-demand/senior transportation) within your community at least once	7%	20	24	Much lower

Table 33: Daily Living Problems of Older Residents Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with having housing to suit your needs	22%	4	26	Higher
Problems with having enough food to eat	9%	20	26	Similar
Problems with having safe and affordable transportation available	30%	2	26	Much higher

Table 34: Overall Quality of Life of Older Residents Benchmarks

	Area 8 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good overall quality of life	81%	13	26	Similar